

TSÚŪT'ÍNÀ NATION NEWSLETTER • STEP INTO SPRING/XADAGUZIDI

# GŪNĪĪZH DĪSTĪ-HÍ

MAY 2024 "STORIES IN MOTION" NO. 7



ĪGHĀZĀ<<  
CH'ĀT'ĀGHĀ

/// LAYING EGGS MONTH



# HOURS OF OPERATION

## CHIEF JOSEPH BIG PLUME ADMINISTRATION OFFICE

Mon – Fri | 8 AM – 4 PM  
403.281.4455

## TSUUT'INA NATION GAS STOP

Mon – Sat | 8 AM – 11 PM  
Sun 9 AM – 4 PM  
403.251.7695

## TSUUT'INA 7 CHIEFS SPORTSPLEX & CHIEF JIM STARLIGHT CENTRE

### ADMIN OFFICE

Mon – Fri | 8 AM – 4 PM  
Complex Office:  
Mon – Sun | 6 AM – 10 PM  
403.258.4840

## TSUUT'INA COMMUNICATIONS

403.238.6224  
communications@tsuutina.com

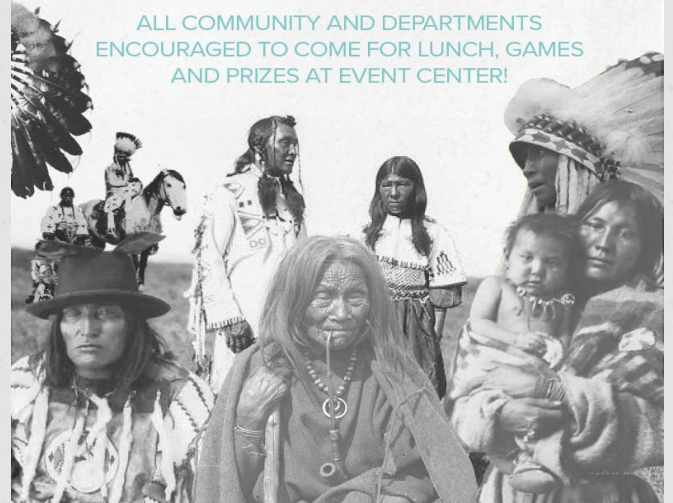


# Tsúut'ínà Day MAY 1, 2024

PIPE CEREMONY AND SPRING ROCK COUNT  
7:30AM BY ROCK CAIRN BEHIND MUSEUM  
NEW ADDITIONS TO ROCK CAIRN 8AM-10AM

LUNCH AND CELEBRATIONS TO CONTINUE AT GREY EAGLE  
EVENT CENTER 11AM-4PM

ALL COMMUNITY AND DEPARTMENTS  
ENCOURAGED TO COME FOR LUNCH, GAMES  
AND PRIZES AT EVENT CENTER!



## MAY

## WORDS OF THE MONTH

Tsúut'ínà Day  
Mothers Day  
Eggs  
Flowers  
Flowers Bloom  
Crocus  
Lily  
Birds  
Chickadee  
Crow  
Ducks  
Eagle  
Goose/Geese  
Raven  
Robin  
Swan

Tsúut'ínà dzinìsà  
Inoó yinà dzinìsà  
Ighazà  
Ásto-hí  
Ásto-hí k'anidal  
Nìsk'a gudzaghà  
Xààchìnághá  
Its'óghá  
Its'ághásk'ògí  
Ts'oósí  
Tsiis  
Dit'óní  
Goòjì / Goòjà  
Ikoxà  
Mimìdagudi'k'ází  
Tùgoyí

# >> IGHÁZĀ CH'ÀT'ĀGHĀ >> MAY

## LAYING EGGS MONTH



MON	TUE	WED	THU	FRI	SAT	SUN
29	30 6:00 pm - 8:00 pm ☞ POWWOW PRACTICE AND SINGING PROGRAM WITH HEALTHY LIVING!	1  7:30 am - 10:00 am TSUUT'INA DAY PIPE CEREMONY AND ROCK COUNT 10:00 am - 3:00 pm TSUUT'INA PRINCESS PAGEANT 11:00 am - 4:00 pm TSUUT'INA DAY LUNCH AND TRADITIONAL GAMES  + 3 More	2 6:00 pm - 8:00 pm ☞ POWWOW PRACTICE AND SINGING PROGRAM 1:00 pm - 3:00 pm ☞ SPRING PRENATAL CLASS	3  12:00 pm - 10:00 pm THE DĀGŪMISASTIY   PERSEVERE TSUUT'INA EDUCATION POWWOW 2024	4	5
6	7	8  10:00 am - 12:30 pm XĀLŪKŪWĀ MEETING 2:00 pm - 4:30 pm ☞ GUJA FOOD MARKET 5:00 pm - 7:00 pm ☞ INDIGENOUS YOGA  + 1 More	9  6:00 pm - 9:00 pm 'BRAIDING OUR CONNECTIONS' DINNER AND PRESENTATION WITH TANYA TALAGA 8:00 pm - 8:00 pm ☞ POWWOW PRACTICE AND SINGING PROGRAM 1:00 pm - 3:00 pm ☞ SPRING PRENATAL CLASS	10  10:00 am - 12:00 pm MISSING OR MURDERED AND EXPLOITED INDIGENOUS PEOPLES AWARENESS WALK 12:00 pm - 3:00 pm MOTHERS DAY TEA AND BINGO 10:00 am - 2:00 pm TSUUT'INA HEALTH AND WELLNESS FAIR	11	12 NAĀXŌŌ-YINĀ DINIĀ YIKA IGWĀDĀNĀEIN  HAPPY MOTHER'S DAY 
13	14	15 11:00 am - 12:00 pm TAZA INFORMATION SESSION 2:00 pm - 4:30 pm ☞ GUJA FOOD MARKET 5:00 pm - 7:00 pm ☞ INDIGENOUS YOGA  + 1 More	16 6:00 pm - 8:00 pm ☞ POWWOW PRACTICE AND SINGING PROGRAM 1:00 pm - 3:00 pm ☞ SPRING PRENATAL CLASS	17	18	19
20	21	22 2:00 pm - 4:30 pm ☞ GUJA FOOD MARKET 5:00 pm - 7:00 pm ☞ INDIGENOUS YOGA 5:00 pm - 8:00 pm ☞ THUNDERWOMAN DESIGNS YOUTH PROGRAM	23 6:00 pm - 8:00 pm ☞ POWWOW PRACTICE AND SINGING PROGRAM 1:00 pm - 3:00 pm ☞ SPRING PRENATAL CLASS	24	25	26
27	28	29 2:00 pm - 4:30 pm ☞ GUJA FOOD MARKET 5:00 pm - 7:00 pm ☞ INDIGENOUS YOGA 5:00 pm - 8:00 pm ☞ THUNDERWOMAN DESIGNS YOUTH PROGRAM	30 6:00 pm - 8:00 pm ☞ POWWOW PRACTICE AND SINGING PROGRAM 1:00 pm - 3:00 pm ☞ SPRING PRENATAL CLASS	31	1	2

# ĀGŪNĀ-HĪ • EVENTS CALENDAR

# NINĀGŪTS'INĪDĪKĪ What's happening on the Nation?

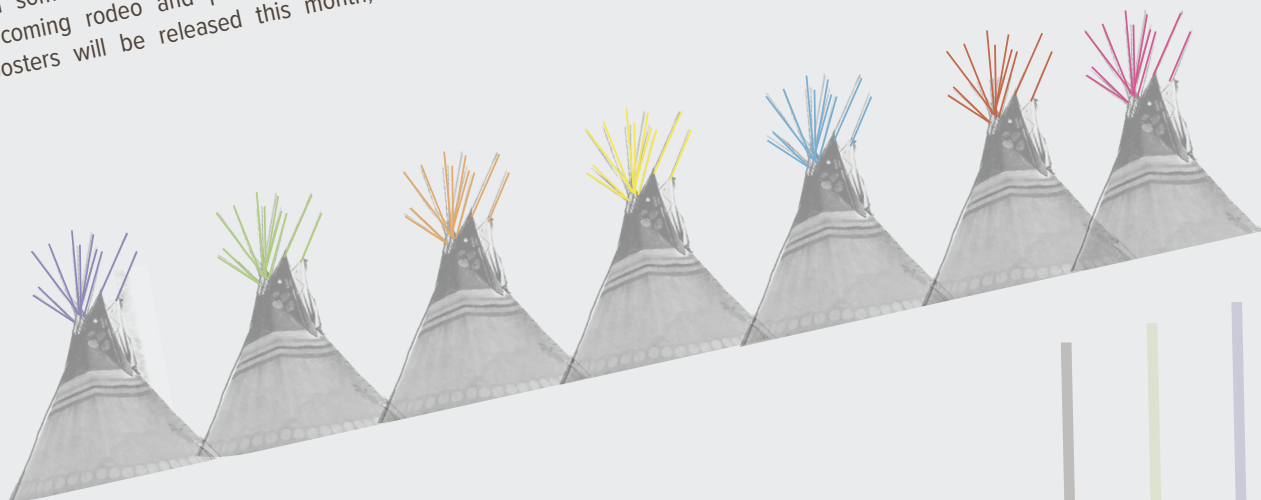
**MANY NANIYISTS'ONIS** (see you again) were said last month, as Twylla Starlight (Finance), Raymond Smith (Public Works), and Mark Bown (IT) celebrated their transition into the next chapter of their journey. This issue highlights those 'see you again' moments, in true gratitude for all the hard work and character these warm individuals poured into the Nation.

Another item to celebrate is the Indigenous language signage now up in Banff National Park. Check out those pics, upcoming events, community programs, employment opportunities and more in this month's edition.

And don't forget to share the Tsut'ina Nation Annual Celebrations save the date poster! This year's Tahashinoshi (powwow) and Tanatsidinichishi (rodeo) takes place July 24-28 at the Redwood Meadows Fairgrounds. The theme will recall some of Tsut'ina's legends and highlight young up and coming rodeo and powwow starlets. The full line up of posters will be released this month, so stay tuned!

## SOON: ANNUAL CELEBRATIONS!

# JULY 24 - 28 2024



TSÚŪT'ÍNÀ NATION  
ANNUAL CELEBRATIONS  
**ANNUAL CELEBRATIONS**

|| YOUTH RODEO || || YOUTH POWWOW || || RODEO || || POWWOW || || HAND GAMES || || GOLF || || SLO-PITCH ||

SAVE THE DATE ◀◀

**DĪYĪ DZĪNĪSÀ TS'Í GŪNĪYÓN**

**JULY 24 - 28**  
**2024**

- REDWOOD MEADOWS FAIRGROUNDS
- REDWOOD MEADOWS GOLF COURSE
- VINCENT CROWCHILD SR MEMORIAL RODEO GROUNDS

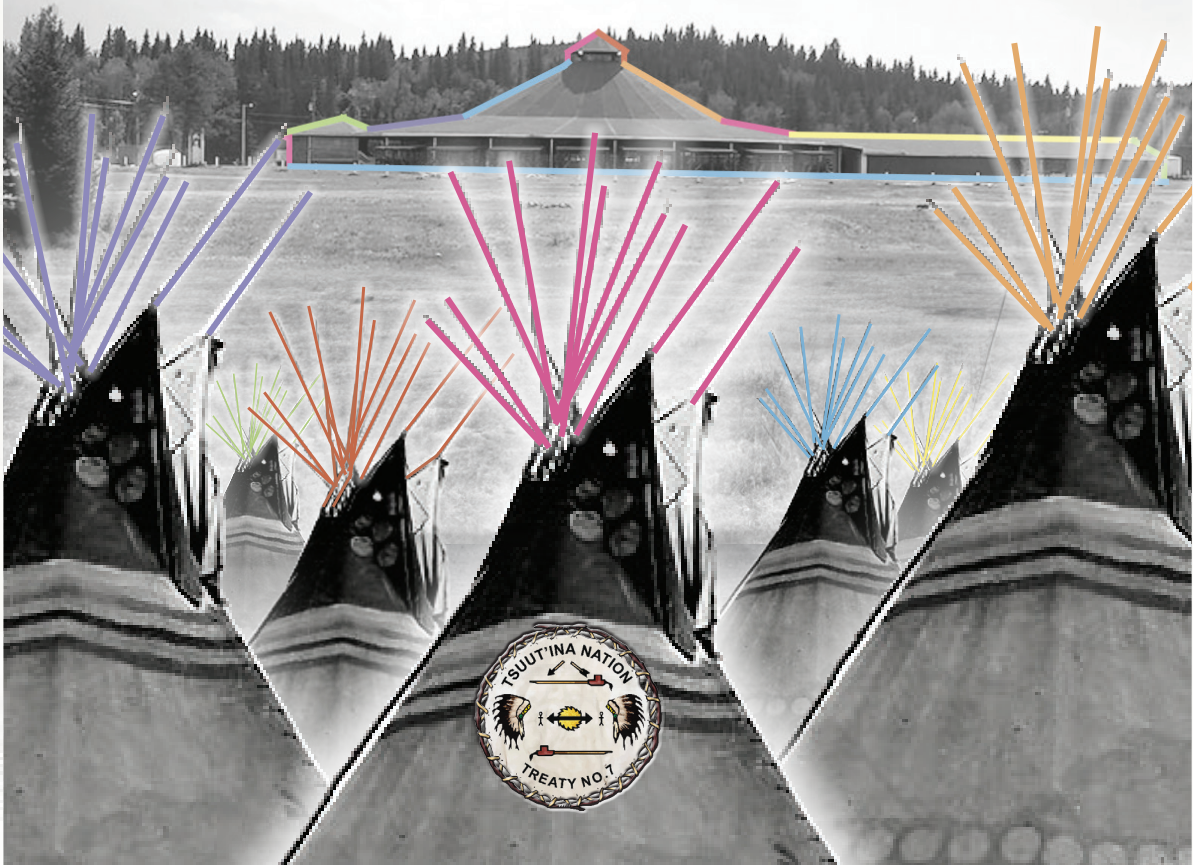
**// MORE INFORMATION CONTACT:**

WENDY.TWOGUNS@TSUUTINA.COM

**// TTN YOUTH PROGRAM CONTACT:**

GARETT.SIMEON@TSUUTINA.COM

ISAGHA.EAGLETAIL@TSUUTINA.COM




MAY 10



THE HEALTH EDUCATION TEAM INVITES YOU TO ATTEND

# TSUUT'INA HEALTH & WELLNESS FAIR






**FRIDAY MAY 10, 2024**  
10:00 - 2:00pm

Seven Chiefs Sportplex Fieldhouse  
Tsuut'ina Nation, AB

Lunch Provided!

Deer Prizes!



# M.M.E.I.P

MURDERED OR MISSING AND EXPLOITED INDIGENOUS PEOPLES



## AWARENESS WALK

MAY 10, 2024 10:00 AM

BBQ | SPEAKERS | DANCERS & DRUMMERS

WALK WILL START @ BULLHEAD HALL AND CONCLUDE AT SEVEN CHIEFS SPORTSPLEX

First 400 people will receive Red Sweater!



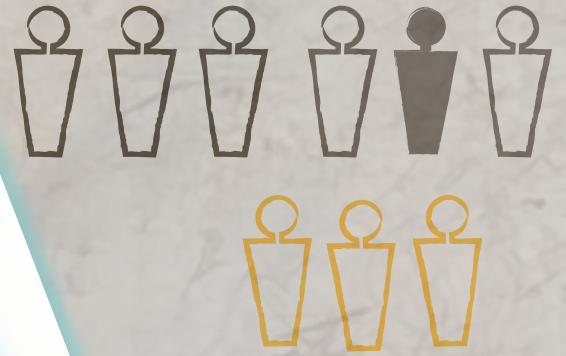
FOR MORE INFORMATION CONTACT TSUUT'INA HEALTH SERVICES  
DIRECTOR LACY RUNNER @ 403.251.7575 OR VIA  
EMAIL: LACY.RUNNER@TSUUTINA.COM

EVENTS

**POWOW PRACTICE + SINGING**



**POWOW PRACTICE + SINGING PROGRAM**  
**THURSDAYS BEGINNING MAY 2ND!**  
6PM | BULLHEAD HALL  
WITH CHEYYENE LITTLELIGHT & ANSEN EAGLETAIL  
SNACKS + BEVERAGES  
SPONSORED BY TSUUT'INA HEALTHY LIVING  
TO REGISTER EMAIL [HEATHER.MEGUINIS@TSUUTINA.COM](mailto:HEATHER.MEGUINIS@TSUUTINA.COM)  
\*OPEN TO ALL AGES, CHILDREN MUST BE ACCOMPANIED BY AN ADULT

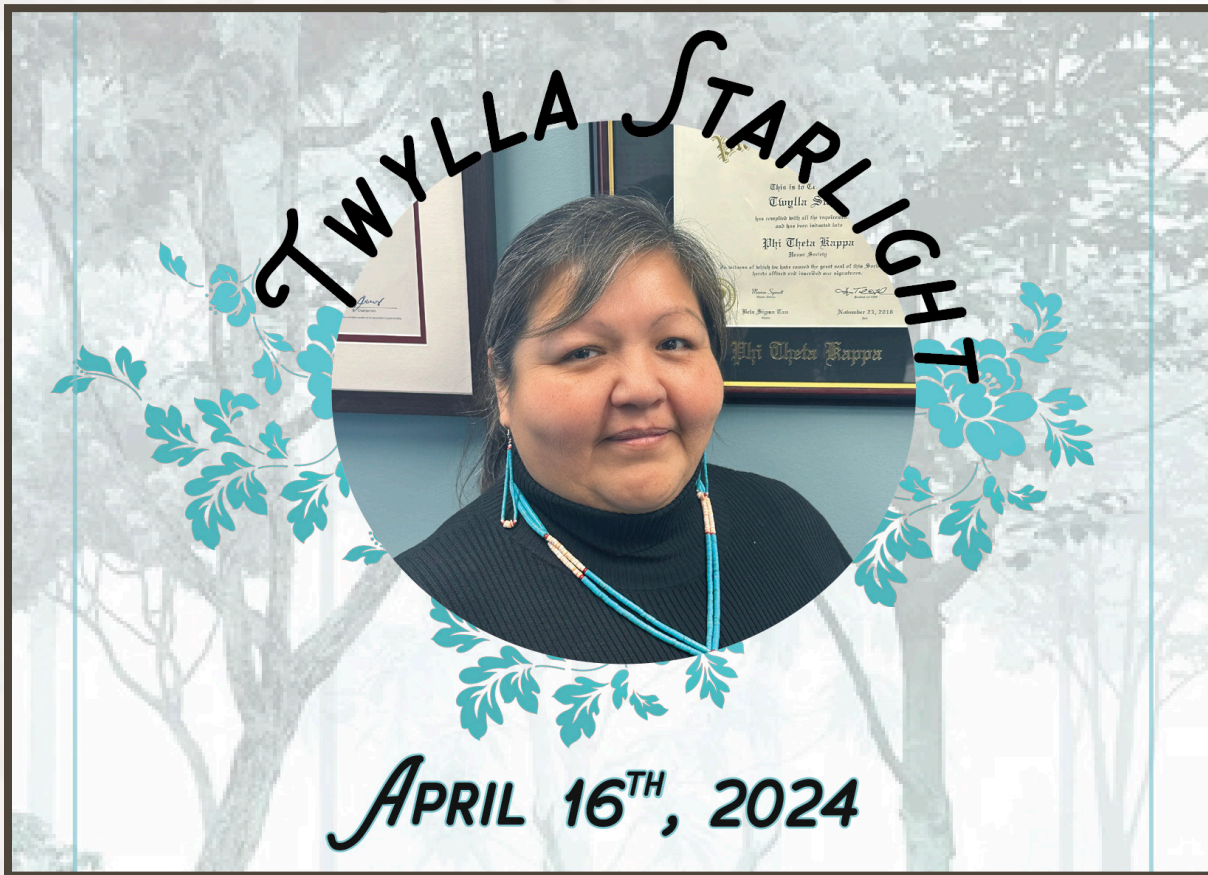


**LEARN HOW TO FLESH, DEHAIR, TAN AND SMOKE DEER & ELK HIDES**



**TRADITIONAL HIDE TANNING WORKSHOP**  
MAY 7 TO 10, 2024  
9AM TO 3PM  
55 TWO GUNS ROAD  
PRESENTED BY TSUUT'INA HEALTHY LIVING  
TO REGISTER EMAIL [HEATHER.MEGUINIS@TSUUTINA.COM](mailto:HEATHER.MEGUINIS@TSUUTINA.COM)





## CELEBRATING TWYLLA STARLIGHT - NĀNĪVĪSTŪŌŪŪ!

**TWYLLA JEAN STARLIGHT - BUFFALO WOMAN** - is the proud daughter of Shriley Starlight and William Auger. Her Tsuut'ina name is *Xani-tii Ts'ika* which translates to 'Buffalo Woman'. Her name was given to her by the late Mike Meguinis. Her maternal grandparents are the Late Chief James Starlight "Spotted Eagle" and Mary-Jane Starlight. Her paternal grandparents are the late Alexander Makokis and Mathilda Quinn. She is strongly motivated by the teachings of her grandparents, who instilled in her to always look to the future and what we will leave our grandchildren.

Twylla grew up on the Tsuut'ina nation being raised by her mother and grandmother and aunts and uncles. As a young girl she was well cared for and would sit closely beside her grandmother Mary-Jane who taught her how to be a strong-willed young woman. Being the oldest granddaughter, she was known as the "ringleader" and spent her childhood getting her sisters and cousins into all sorts of predicaments. Twylla did her primary education in Calgary where her strong-willed nature carried her through her education. Twylla graduated with honours from Lord Beaverbrook High School in 1988.

Following high-school, Twylla began post-secondary studies at the University of Calgary. During her second year, Twylla decided to move to Reno with her father to go to school and experience life beyond the reserve. As a young adult Twylla traveled to powwows, representing the Tsuut'ina Nation, and worked alongside her mother as a seamstress and co-owner of Tasgi Fashions.

In 1999 Twylla accidentally began her career in the Tsuut'ina Finance Department in her first role as a contract accounts payables clerk. For many years Twylla has dedicated her life, knowledge and time to Tsuut'ina Nation as a valued member of the Finance team. Twylla held numerous positions in finance over the years including file clerk, accounts payable clerk, senior accounts payable clerk, updater, information systems manager, and administration controller. In 2009 she was promoted to be







the Tsuu'tina Nation Accounting Manager and went back to school at SAIT to further her knowledge, completing the Accelerated Accounting Certificate program in 2010.



Her dedication for learning led her to continue her studies receiving an AFOA Aboriginal Financial Manager Certification in 2012 and an Accounting Diploma in 2013. Following her academic and leadership success, Twylla was once again promoted to be the Divisional Controller for the Tsuu'tina Finance Department. Twylla decided to keep going and began her undergraduate degree in accounting, and again was supported to advance into her newest role as the Director of Finance for Tsuu'tina Nation, where she has served fiercely since 2013.



In 2017 Twylla graduated from the Southern Alberta Institute of Technology (SAIT) with her Bachelor of Applied Business Degree. It is her strong work ethics and natural intelligence that placed her with honours from SAIT, and awarded with the distinction of Phi Theta Kappa lifetime honours. In 2022 Twylla completed a Harvard Business School Certificate of Program and dedicated her success and certification to her grandmothers. Twylla's academic and professional success over the years is a representation of her unwavering commitment to her community and to creating a good life for her family.

In her numerous roles within the Tsuu'tina Finance department, Twylla is recognized for her contagious laugh, willingness and openness to listen, outstanding courage and relentless dedication to taking care of her staff. Twylla has supported and mentored numerous staff in her years in the Finance Department; she strongly believes it is vital to believe in your staff and support them through training and development, succession planning, and acknowledgment and recognition for their hard work. Twylla has supported the finance department through numerous leadership changes, the pandemic, and has overcome every hardship with grace.

Twylla has too many professional and academic achievements to list. In addition to her role in Tsuu'tina Finance, Twylla has also supported the Tsuu'tina Nation by serving on numerous boards and committees over the years, such as Tsuu'tina Enterprises, Child and Family Services and Tsuu'tina Education. Twylla's favourite board appointment is with Tsuu'tina Enterprises, where she served as Trustee and then as Director. Twylla played a key role in the implementation of the 2020 Tsuu'tina Business Charter and in the creation of numerous businesses, economic development, partnership and employment opportunities for the Nation.

Twylla's most important role is being a loving sister and auntie to her nieces and nephews Tashina, Latasha, Marvin Jr. and Augustus and being a grandma to her 13 grandchildren. In the winter she travels across Alberta to watch her grandchildren play hockey. In the summertime she travels with her grandchildren across Powwow Country and makes friends everywhere she goes. Twylla enjoys traveling across the world and still goes on many wild adventures. Twylla is many things: a leader, a grandma, a daughter, an accountant, a board member. In very few words, Twylla is the most kind, most dedicated and most caring person. Twylla goes above and beyond in everything that she does and always makes sure that family comes first.







NATION NEWS

# RAYMOND SMITH

**AFTER FIVE YEARS OF DEDICATED SERVICE AS THE ASSET MANAGER FOR THE TSUUT'INA NATION**, Raymond Smith is bidding farewell to a chapter of his life that has been filled with meaningful work, community impact, and personal growth. Raymond's journey with the Tsuut'ina Nation has been a remarkable one, marked by his unwavering commitment to improving the community and respecting its Indigenous beliefs. Raymond's decision to retire in Ponoka, AB, where both he and his wife were born, speaks volumes about his deep-rooted connection to his roots and his desire to spend his retirement years in a place that holds special meaning to him. The couple bought an acreage there a couple of years ago, envisioning it as their peaceful retreat after years of hard work.

During his tenure as Asset Manager, Raymond spearheaded various community renovations and new build projects, leaving a lasting legacy that will benefit the Tsuut'ina Nation for years to come. His ability to secure grants and funding for many community properties was instrumental in enhancing the infrastructure and services available to the residents, improving their quality of life and strengthening the community as a whole.

One of Raymond's most admirable qualities was his respect for the Tsuut'ina Nation's Indigenous beliefs, despite his own Christian background. He never let his personal beliefs interfere with the traditions and practices of the community, earning him the respect and admiration of both Indigenous and non-Indigenous members alike.

Raymond's commitment to service extends beyond his work with the Tsuut'ina Nation. He has also dedicated his time and energy to humanitarian efforts, having served on missions in Africa and Costa Rica. His experiences abroad have enriched his perspective and deepened his understanding of the interconnectedness of all communities, reinforcing his belief in the importance of compassion, empathy, and solidarity. In conclusion, as we bid farewell to Raymond Smith, we do so with a deep sense of gratitude, respect, and admiration. His legacy will endure, inspiring the Asset Management team to continue his work of building a better, brighter future for the Tsuut'ina Nation and its people.





*Congratulations on Your*

**RETIREMENT**

**MARK BOWN!**

We are so thankful for all you've contributed, accomplished, and built. We value all that you have done for us, and all the difference that you have made. We wish you nothing but the best in the years to come.

**HAPPY RETIREMENT!**  
**SĪYĪSGÁÀSDZĪ-TĪ!**

# Gunaha in Banff

## >> AN IMPORTANT MOMENT

**NOTICE SOMETHING NEW UPON ARRIVAL TO BANFF NATIONAL PARK?** April 10 the Indigenous Advisory Circle (IAC) for Banff National Park and Parks Canada unveiled an updated digital sign at the East Gates to Banff National Park. The sign now displays Indigenous words of welcome in the languages of the Stoney Nakoda (Bears paw, Chiniki, and Goodstoney), Siksika, Piikani, Kainai, Tsuut'ina, and Métis Nation of Alberta. Having Indigenous words welcome the millions of people that come to Banff National Park each year serves as a reminder that Indigenous peoples have been in Banff for millennia and have longstanding connections with the land that continue today.

*\*Excerpt and photos courtesy of Banff National Park*



# TSUUT'INA NATION CLEAN UP DAY 2024

## MAY 9<sup>TH</sup>

**9AM @ THE SPORTSPLEX  
12 P M LUNCH @ BULLHEAD HALL**



NOTICES

# NOTICE TO MINORS

**IN ORDER FOR A MINOR TO RECEIVE THEIR PER CAPITA DISTRIBUTION (PCD) UPON TURNING EIGHTEEN (18) YEARS OF AGE - ATTENDANCE AND PARTICIPATION IN A BMO FINANCIAL LITERACY WORKSHOP IS MANDATORY.**

Tsuut'ina Nation Minors who will be turning eighteen (18) years of age be advised: As a requirement of the Tsuut'ina Nation Capital Trust Agreement each minor must satisfactorily complete an educational program approved by the Nation with respect to personal financial planning and money management.

Bank of Montreal (BMO) Financial Literacy Workshops are scheduled on the following dates for the year of 2024 in order to accommodate the requirement for the minors:

- JANUARY 30, 2024 - 5:00 P.M. SHARP
- ~~APRIL 23, 2024 - 5:00 P.M. SHARP - POSTPONED~~
- APRIL 30, 2024 - 5:00 P.M. SHARP
- JULY 23, 2024 - 5:00 P.M. SHARP
- OCTOBER 22, 2024 - 5:00 P.M. SHARP

**NOTE: ALL DATES SCHEDULED AFTER JANUARY 30, 2024 ARE TENTATIVE AND WILL BE CONFIRMED AT A LATER DATE**

LOCATION: GREY EAGLE RESORT AND CASINO

Parents/Guardians of TTN minors turning 18 years of age during the 2024 year please ensure your child is signed up for one of the above workshops. Contact Twylla Starlight at (403) 829 2820 or [tstarlight@tsuutina.com](mailto:tstarlight@tsuutina.com) in order to enroll your child and receive further information regarding the process.

TSUUT'INA NATION  
(TSUUT'INA NATION CITIZENSHIP DEPARTMENT)  
9911 Chilla Blvd., Tsuut'ina, Alberta T3T-0E1  
Telephone (403) 238-6305 & (403)238-6143 Fax (403) 238-7616

Date: APRIL 16, 2024

**\*\*\*NOTICE\*\*\***

Cut-off date for Completed Minor Applications:  
**June 7, 2024, at 4:00pm**

Cut-off date for completed Marriage Application:  
**May 31, 2024, at 4:00pm**


Next Citizenship Evaluation Board Meeting:  
**June 12, 2024,**

We shall continue taking applications after that date, but they will be submitted to the following Citizenship Evaluation Board Meeting in September 2024.

Thank you,  
Tsuut'ina Citizenship Department Staff


Tsuut'ina Nation Youth Program

**BALLET**  
Recital




JUNE 3RD, 2024  
**6PM - 6:30PM**  
Many Horses High School

For More Info:  
Call/Text: (403) 478-1084



Made with PosterMyWall.com



TSUUT'INA NATION  
YOUTH PROGRAM

**Indigenous YOGA**

AT THE MANY HORSES HIGH SCHOOL

**Every Wednesday!  
5pm to 7pm**

Come join in on our Indigenous Yoga Program with Sachin, he will lead you through practises connected to the elements of relaxation, strength and balance. These classes are for beginners and all ages!

For more information please contact Isagha @ 403-988-3241

Made with PosterMyWall.com







# TAZA

TOGETHER  
WITH TSUUT'INA

TSUUT'INA NATION  
7 CHIEFS SPORTSPLEX



## UNVEILING THE VIBRANT WORLD OF TSUUT'INA MURALS AND ARTWORK AT TAZA

The recently completed Shops at Buffalo Run have artfully incorporated murals and artwork by talented Tsuut'ina Nation artists, creating a unique sense of place and a lasting connection to the land. We reached out to some of the artists to delve deeper into their creative processes, shedding light on their inspirations and techniques, and to highlight the importance of visual storytelling for the Tsuut'ina Nation and Taza.



# VOLUNTEER OPPORTUNITY

Are you looking to build new skills and learn something new? Do you want to add some experience to your resume? Taza Development Corp. is extending an invitation to the Tsuut'ina community, seeking volunteers eager to engage in the development of leadership, communication, and interpersonal skills. This opportunity offers mentorship and the chance to enhance business knowledge. Volunteers will do four one-hour sessions. Once completed a gift card of \$100 will be provided.

- WHO:** Young Adults
- WHEN:** May 2024  
Tuesdays 11 am to noon. One Young Adult Volunteer
- WHERE:** The Taza Experience Centre located at the 7 Chiefs Sportsplex
- WHY:** Knowledge sharing and community building

For more information, stop by the Experience Centre or contact Randy Dodginghorse at 403.404.8748 or by email at [dodginghorse@canderel.com](mailto:dodginghorse@canderel.com).

# TAZA INFORMATION SESSIONS

Taza invites the Tsuut'ina Nation community members and Elders to attend information sessions for updates on Taza Development. Each session will have a door prize valued at \$200 that each participant can enter.

- WHO:** Tsuut'ina Adults and Elders
- WHEN:** **Tsuut'ina Adults Session:**  
May 7 from 11 am to noon  
The Taza Experience Centre located at the 7 Chiefs Sportsplex  
  
**Tsuut'ina Elders Sessions:**  
May 8 from 10 am to 11 am & June 5 from 11 am to noon  
Elders Lounge, Tsuut'ina Administration Building
- WHY:** The information sessions are designed to share overall updates and details about the development plans for Taza Park, aiming to build strong community advocacy and support.
- HOW:** Group sessions will be a maximum of five (5) per group

Contact Randy Dodginghorse at 403.404.8748 or by email at [rdodginghorse@canderel.com](mailto:rdodginghorse@canderel.com) to register or stop by the Experience Centre on Tuesday or Thursday between 9 am – 3 pm at 7 Chiefs Sportsplex to sign up.



MANYHORSES HIGH SCHOOL

*Mothers Day Tea & Bingo*



Inviting Mothers, Grandmothers & Aunties

Date: May 10th, 2024

Time: 12:00 - 3:00

Location: MHHS Gym

\*Adult only event\*



# ILO GUDAGAÀ-HÍ

## EMPLOYMENT OPPORTUNITIES

### **YOUTH WORKER:**

REF# 591. FULL TIME, MAT LEAVE. **CLOSING: MAY 8/24**

DEPARTMENT: TSUUT'INA YOUTH PROGRAM

### **SET UP & CONVERSION CREW, GERC**

APPLY TO [ACROWCHILD@GREYEAGLE.CA](mailto:ACROWCHILD@GREYEAGLE.CA) BY MAY 6

### **SHOP FOREMAN/ FLEET MANAGER**

REF# 592. FULL TIME. **CLOSING: MAY 8/24**

DEPARTMENT: MECHANICS, PUBLIC WORKS

### **EVENT CENTER BARTENDER, GERC**

APPLY TO [ACROWCHILD@GREYEAGLE.CA](mailto:ACROWCHILD@GREYEAGLE.CA) BY MAY 6

### **FAMILY SCHOOL LIAISON**

REF# 594 FULL TIME. **CLOSING: MAY 9/24**

DEPARTMENT: TTN EDUCATION

### **GENERALIST - POST SECONDARY SUMMER STUDENT**

REF# 593 SUMMER **CLOSING: MAY 8/24**

DEPARTMENT: L.E.R.D.

