

GÚNIIZH DÍSTI-HÍ

JUNE 2024

NO. 8



<<TITIA GUITIALI

/// HATCHING MONTH



HOURS OF

CHIEF JOSEPH BIG PLUME ADMINISTRATION OFFICE

Mon - Fri | 8 AM - 4 PM 403.281.4455

TSUUT'INA NATION GAS STOP

Mon - Sat | 8 AM - 11 PM **Sun** 9 AM - 4 PM 403.251.7695

TSUUT'INA 7 CHIEFS SPORTSPLEX & CHIEF JIM STARLIGHT CENTRE

ADMIN OFFICE

Mon - Fri | 8 AM - 4 PM Complex Office: Mon - Sun | 6 AM - 10 PM 403.258.4840

TSUUT'INA COMMUNICATIONS

403.238.6224 communications@tsuutina.com





Trees (Any Kind) Dichi Leaf/Leaves T'óósí Gonúzághá Jackpine Kút'áátàlí Bamagila, Black Poplar **Poplar** Ch'áachi Spruce Gah Willow Mástì Banff Tsá to tsisgò Calgary Guts'ists'i tsisgò Cochrane Nìdó sidó-di tsisgò Edmonton Nás?ághá chu tsisgò Okotoks Tsá chu tsisgò

Red Deer Dzázi tsisgò Ts'íyà South Wúnigà West Ts'ídigà North Wúnit'ósì

East

>> ĪTJÁ GÚJTJĀLÍCH'ÀT'ĀGHÁ

HATCHING MONTH





AGUNA-HÍ

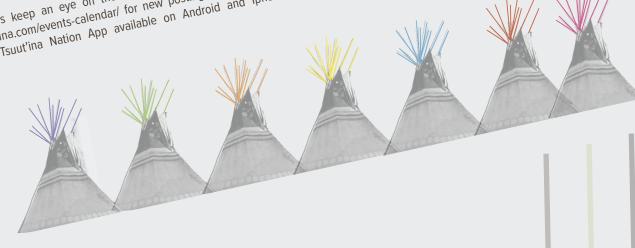
NINAGUTSINIDILI allhat's happening on the

MAY WAS A BUSSLING MONTH FOR TSUUT'IN NATION - From learning to hide with traditional tools, to a red-carpet greeting for 30 touring foreign delegates at the Grey Eagle Resort and Casino, the Nation was abuzz with moments to be proud of.

This issue features photos from the TTN Education Powwow, Mothers' Day Tea, Healthy Living workshops, the MMEIP walk, the newly crowned TTN Education princesses, and more. June 7 Taza will celebrate the Shops at Buffalo Run grand opening with treats and performances; Tsuut'ina graduates will walk the stage and receive their diplomas; and June 27 marks a full day of Treaty Day festivities. The Tsuut'ina Nation Annual Celebrations Tahashinoshi (powwow) and Tanatsidinichishi (rodeo) July 24-28, 2024 at the Redwood Meadows Fairgrounds is loping closer! This year's theme recalls some of Tsuut'ina's legends and highlights young up and coming rodeo and powwow starlets.

Always keep an eye on the TTN Events calendar at https:// tsuutina.com/events-calendar/ for new postings - or download the Tsuut'ina Nation App available on Android and Iphone!

SOON: ANNUAL CELEBRATIONS!









TSUUT'INA HEALTH AND WELLNESS SERVICES



DADANASTA'DA, WELCOME. INTRODUCING OUR NEW WELLNESS TEAM!



KARL MELTING TALLOW MENTAL HEALTH TEAM LEAD

Karl Melting Tallow is from the Blackfoot-Kainai First Nation, who comes with 25+ years of work experience offering mental health services and mental well-being initiatives. Through his work, Karl has supported Treaty 7 First Nations in offering information and education on various mental health topics and self-care practices. Karl utilizes his Kainai cultural teachings, values and beliefs as a foundation to promote healthy mental well-being to First Nations and is looking forward to continuing to share his experiences and information to the members of Tsuut'tina First Nation.



KYLE YOUNGPINE YOUTH WELLNESS WORKER

Kyle Young Pine (Agap) is Nistsapi (Blackfoot) from the Kainai First Nations Blood Tribe. Iulu lermon ambassador, motivational speaker, recovery advocate and educator. Kyle enjoys skateboarding, encouraging youth to embrace their Indigenous roots and finds opportunities to bridge the gap between Indigenous and non-Indigenous communities. Kyle has been living a life of recovery for over a decade and jumps at all opportunities to spread awareness about overcoming addiction and trauma. Kyle believes the keys to success in sobriety is through culture, community and living an Indigenous life.



LUCAS
HEAVENFIRE-ONESPOT
YOUTH WELLNESS WORKER

I am a Youth Wellness Worker and I am a proud nember of the TsuuTina Nation, I am a Father of two and they are my life and my drive to help our youth and stop intergenerational trauma. Some of my I kaorite things to do are going to the zoo with my kids or taking them swimming or on road trips. My words of encouragement are to "always keep your head up" "and strive for greatness"



JARED MCNABB WELLNESS WORKER

My name is Jared McNabb, I am a 28 year old Dakota man from Standing Buffalo Dakota Nation. I am a registered social worker. I am the employee and community wellness support worker. I am a sun dancer in my community. I am a recovered addict/alcoholic. I come from lived experience and have honed my practice through education. I support individuals/workers) of the nation who are struggling with substance use and support them in navigating the system. I support individuals in finding who they are, who they want to be and support them in finding where they want to go in life. My goal is to create a safe space for individuals to find themselves.



MEAGHAN SIMEON WELLNESS WORKER

My professional background includes working directly with Indigenous Peoples in both Ganada and the United States, as well as achieving academic success in the Business program at Salish Kootenai College (SKC). In my previous roles within the Tsuutina community, I have developed skills in leadership, community outreach, and event coordination. My ability to effectively communicate and build strong trusting relationships with both youth and community members has been instrumental in my past, achievements. I am dedicated to breaking down the barriers that our community encounters daily, as I firmly believe in the strength and resilience of our people. My primary objective is to ensure that Tsuufina has access to the resources and opportunities needed



THE TSUUT'INA HEALTH AND WELLNESS SERVICES would like to introduce the Wellness Team to the Tsuut'ina community. The team's objective is to provide education and awareness on mental health and wellness to the community of Tsuut'ina. The Wellness team also provides support to individuals and families experiencing any displacement or requiring one-on-one support to help navigate in-depth specific services involving mental health and wellness. The team will host various initiatives, engagements, and programs for the Tsuut'ina community, which will entail a hybrid model of Western and cultural services. To contact the team, please get in touch with Karl Meltingtallow via email at karl.meltingtallow@tsuutina.com.



TSUUT'INA DINA DIK'ANA LAA

(TSUUT'INA NATION CITIZENSHIP DEPARTMENT) 9911 Chiila Blvd., Tsuut'ina, Alberta. T2W-6H6 Telephone (403) 238-6305 & (403)238-6143 Fax (403) 238-7616



MAY 14, 2024

JUT/INA DIK/ANATS/ILA-D

Reminder Dates for the Citizenship **Department:**

APPLICATIONS FOR CITIZENSHIP:

DEADLINE FOR MINOR APPLICANTS: JUNE 7, 2024 at

FORM 1 (Two Tsuut'ina Parents) and FORM 3 (One Tsuut'ina Parent)

***NO EXCEPTIONS ***

The FORM 3 (one Tsuut'ina Parent) ONLY, has a process to follow with requesting a Letter of Non Affiliation with the other Parents First Nation. The Department requires sufficient time to ensure completed applications are forwarded to the Evaluation Board.

- > Next Citizenship Evaluation Board Meeting is June 12, 2024.
- ➤ Intake of any Minor applications recieved after June 7, 2024 @ 4pm will still be accepted, but will not be reviewed by the Citizenship Evaluation Board until September 2024.
- > Call Colleen @ 403-238-6143 to book an appointment for Minor Application

Thank you, Citizenship Department Staff



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May 24, 2024

NOTICE:

PER CAPITA DISTRIBUTION FOR ALL TSUUT'INA CITIZENS

Payment will be made via by Direct Deposit for \$1000.00

(Forward any updated banking info to accountspayable@tsuutina.com) Location for physical cheque pick up will be:

Chief Jim Starlight Building

June 27, 2024 from 10:00am-6:00pm

Statutory Declaration for minors will apply, and to be signed by Parents/Guardians as per the Tsuut'ina Nation Minor and Dependent Citizens Per Capita Distribution and Dividend Policy (All documents pertaining to guardianship to be brought to Citizenship Registrar's Office)

Thank you, Tsuut'ina Citizenship Staff



(≡) Canderel



GRAND OPENING

You are invited to the **BLOSSOM & BLOOM SPRING CELEBRATION** marking the official Grand Opening of The Shops at Buffalo Run.

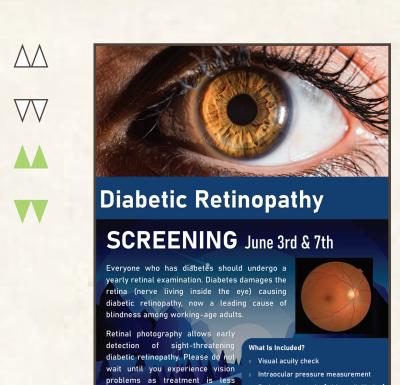
- Live Music, Ceremonial Drumming & Dancing
- Enter to Win Amazing Prizes
- Tug of War Competition Tosguna Police vs Tsuut'ina Nation Fire & Rescue Service
- Cupcakes and Swag for the first 250 guests
- Face Painting and much more!

JUNE 7, 2024, 12:00 – 4:30 PM

The Shops at Buffalo Run 11501 Buffalo Run Blvd SW, Tsuut'ina AB







effective in later stages.



ATTSUUT'INA HEALTH CENTRE: If you, or anyone you know, has diabetes or is pre-diabetic, retinal screening will be available on June 3rd and June 7th from 9am-4pm. Those who attend will be entered to win a free Guja Market Bag!

Retinal photography [with pupil dilation]

PLEASE CALL TSUUT'INA HEALTH AND WELLNESS SERVICES TO BOOK YOUR
APPOINTMENT. PH: (403) 251-7575

Please also be advised that the TTN Health Centre lab will be closed the week of June 10-14, 2024. Regular hours will resume June 18th Tuesdays-Thursdays 9am-2:30pm.

ANNOUNCEMENT OF TREATY DAYS TSUUT'INA NATION

Date: June 27, 2024

Location: CHIEFS SPORTSPLEX + JIM STARTLIGHT CENTRE

Time: 10:00 AM TO 5:00 PM

- Provide PICTURE identification for Adults (Indian Status Card, Driver's License, Passport, Band Membership Card & Alberta Identification Photo ID Card)
- Parents need identification for children (status card, birth certificate, Health care card or Student ID)
- Notes will not be accepted
- · No third-party payout
- Money for children in care will not be paid























OVER FOUR BEAUTIFUL DAY IN MAY, Healthy Living hosted a tan and hide workshop with instructor Winston Wadsworth. We learned to wet flesh on a pipe frame and dry flesh a hide we strung to a wooden frame, using old-school fleshing tools and bone. A tanning fluid of brain and eggs was prepared over fire and, on the last day, the dried and worked hides were smoked over smoldering cedar rot and coal fire. The art of this craft















On May 10TH, 2024, the Tsuut'ina Health and Wellness Services hosted the Third Annual Missing and Murdered Indigenous Exploited Peoples Awareness Walk. The walk started on May 5th, 2022, with 75 people in attendance. The 2024 walk brought over 700 people from the Tsuut'ina community and the City of Calgary. The walk was in collaboration with the Tsuut'ina Nation Police Service and Youth Services Section. May 5th was referred to as *Red Dress Day*, a day to remember and honour missing and murdered Indigenous women, girls, and 2SLGBTQQIA+ peoples (MMIWG2S+).In 2024, May 5th is now referred to as Missing and Murdered Indigenous Exploited Peoples to bring awareness to the ongoing historical and intergenerational trauma that continues to have an impact on today's generations.

For mental health or emotional support, please call the Tsuut'ina Support Line at (403) 819-6602 or the Hope for Wellness Help Line at 1-855-242-3310.







DELEGATE VISIT TO TSUUT'INA NATION

May 21, 2024, the Tsuut'ina Nation welcomed 30 representatives from around the globe, here on a four-day economic mission to Alberta. The 27 ambassadors/high commissioners and three ministers/councillors represented six of the seven continents, excepting Antarctica.

Eight representatives came from nations in Europe, two from South America, one from Oceania/Australia, eight from North America/Caribbean and Central America, two from Asia, and 11 from Africa.

The 30 'Heads of Mission' arrived to Calgary the evening of May 20, welcomed by Alberta Protocol and Global Affairs Canada, to a reception marking the beginning of the Innovation, Indigenous Enterprise and Energy themed Economic Mission.

These economic missions are held annually in Canada by Global Affairs, with this year's hosted by Alberta. The missions are an opportunity for delegates Nationwide to learn first-hand about Canadian Government priorities and industry innovations, via direct in-person experience. Participants gain the opportunity to meet with entrepreneurs, innovators, and cultural leaders on the host's own turf, outside of a boardroom.

On Tuesday's afternoon visit to the Nation, the group was received with a red carpet entry by Tsuut'ina's Head Chief and Minor Chiefs and staff at the Grey Eagle Resort and Casino. They traversed onto the Buffalo Paddocks, where traditional story and a history of the xāní-tīī was orated by Minor Chief Kendall Jacobs and Paddocks Director Clayton Whitney. The tour concluded at the 7 Chiefs Sportsplex, with traditional dance, gift giving, and a closing prayer by Elder Charlie Crowchild.

The Heads of Mission value the opportunity to be "in the field", asking questions and speaking directly to the people on the land, and will be communicating their findings, photos and opportunities to their respective national governments. This year's tour also included stops to Studio Bell, the City of Calgary's Innovation Hub, Olds College, Lacombe County, Metis Crossing, Fort Saskatchewan, Edmonton's Chamber of Commerce, and AMII (the Alberta Machine Intelligence Institution).







Michella Day Ten

>> NAÀXÓÓ-YINÁ DINISÀ YIK'A ÌSGWÁDÀNÁŁIN

A LOVELY AFTERNOON OF TEA AND BINGO for the Isóó, Aunties and Grandmas of Tsuut'ina Nation, hosted by Manyhorses High School.











2024 Tsuut'ina Education Princesses: Senior High Princess Issa Meguinis; Division 2 Princess Rory Rabbitt-Starlight; Division 1 Princess Lisa Manywounds; Tiny Tot Princess Wichahpi Rabbitt-Starlight; Junior High Princess Sisip Meguinis

CONGRATULATIONS TO OUR NEW ROYALTY

Dear Contestants,

You have taken the steps and courage to participate in an amazing opportunity. If you have not been successful in this endeavour, please DO NOT STOP going for your dreams! It takes practice, patience, dedication and hard work. Remember, you are amazing in every way possible, and that makes you unique. You have the drive and passion to move mountains. Becoming a princess is not easy, but it is worth the try, even if it takes a few times before you achieve that goal. Sometimes we have a different purpose in life and get reminded to still go forth and do wonderful things that inspire others. You never know who is watching and looks up to you. So keep going. Just by participating in this pageant you have already inspired and made me very proud in every way possible. You are a role model for others, and may you walk in beauty every day,

Much love and respect, Livia Manywounds







Please enjoy the Tsuut'ina Education Powwow and market photo collage taken Friday, May 3, 2024 at the Grey Eagle Event Centre. Dàgúmisastìy | Persevere

























PITSÁ GÚSTSĀLÍ CH'ÀT'ĀGHÁ JUNE HOROSCOPES DO DO DO 2024

ĪK'ĀST'ÓNÁGHÁ /// GEMINI

MAY 21 - JUN 20

This month is all about expansion with incoming gifts. Embrace new insights, friends, with whole-hearted curiousty. Charm them with your irresistible genius. Offer your unconventional rationale to unsuspecting strangers. Floss it.



ÍSTŁÍ K'AT'INI /// SAGITTARIUS

NOV 22 - DEC 21

Now is the time to put work aside and prioritize relationships. Who and what nourishes your being? Who makes you feel appreciated. The only time you should ever look back is to see how far you've come.



MĪLÒ GŪLĪNÍ /// CANCER

JUN 21 - JUL 22

The sun brings the heat and so do you this month. So slip on that extra charisma and let it sizzle. Get down with your dynamic self and try an extreme hobby. You might surprise yourself with your hidden talents. Emerge unapologetically.



DŌMĀ DĀ /// CAPRICORN

DEC 22 - JAN 19

Stamina is your forte. Channel your intensity into success by recruiting stans to make a vision come true. Release frustration and anchor into satisfaction. When in doubt, glow up.



MĪZÌTS'Ī GÚDÍSÚLÍ /// LEO

JUL 23 - AUG 22

Start that new thing you been procrastinating on as a devotion to your infinite source of creative potential. Let go what you don't need and make space for the new. Remember, the cosmos favours making full what is made empty. Let go and trust that better always appears.



TÚ YĪKŌŁÍ /// AQUARIUS

JAN 20 - FEB 18

Clarity ushers in and crystallizes your initial hunch. Expect favours to return with a vengance, bringing new people and things into your life. Take long breaths if overwhelmed with the overflow. Take what you need and leave the rest behind.



NĪCHĪDĪNÍTŁŌDÍ TS'ĪKÁ /// VIRGO

AUG 23 - SEP 22

Put yourself out there. Ask for what you want! No one can read your mind and your body is alive with ancient wisdom bursting with purpose. Do your best to listen. Say yes to what makes your heart flutter. What you want is already yours.



TŁUK'A CHA ATLADIT'IYI /// PICSES

FEB 19 - MAR 20

Swim through any tension with the knowing that change is constant and it can be invited in gently. Intend for the best outcome for all and try not to take things too personally. Plot your next mystical orbit when no one's looking. Launch fearlessly.



ÁDÁGÙ-HÍ /// LIBRA

SEP 23 - OCT 22

Rebel against limitations by doing what you do best: create beauty and harmony against all odds. Now is a powerful time to witness and recognize your own talents and gifts. You deserve to embody the success of your achievements. Shimmy like nobody's watching!



DŌMÁ ĪK'ŌYÍ /// ARIES

MAR 21 - APR 19

Relaxation is the nemesis to your fierce drive but remember to mellow that giga-attitude. Compromise and cooperate to achieve your desires. Remember to offer gratitude for more richness to arrive. You're unstoppable and quicker than you think. Radiate glee.



NĀTŁ'ŪWÍ /// SCORPIO

OCT 23 - NOV 21

You may surprise yourself with your own tacit diplomacy this month. Avoid overthinking and follow your scorpionic instincts with confidence. Wield your magnetic perception to align with your next level up

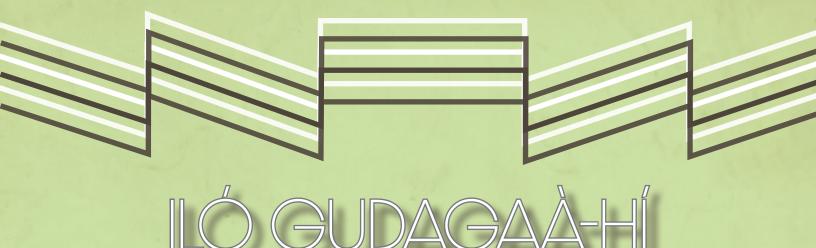


ĪK'ŌYÍ /// TAURUS

APR 20 - MAY 20

All hoofs down in the eye of the storm is where your earth self thrives. Provide stability and assurance to those around you by embracing your inherent ability to fortify with humour. Channel frustration into a creative project. Remember, to love is to allow.





EMPLOYMENT OPPORTUNITIES

Interested applicants must email resume and cover letter to jobs@tsuutina.com with relevant REF# in the subject line.

CHILD CARE WORKER:

REF# 621, FULL TIME. **CLOSING: JUN 12/24** DEPARTMENT: TSUUT'INA NATION DAYOARE

HOUSING DIRECTOR:

REF#620, FULL TIME. OLOSING: JUNE 10/24 DEPARTMENT: PUBLIO WORKS

CHARITY WORKER:

ON CALL, PART TIME, DIT'ONIK'ODZA LIMITED PARTNERSHIP EMAIL: EWHITNEY@EAGLESOUL.COM

MEDICAL TRANSPORTATION DRIVER:

REF#616, FULL TIME. CLOSING: JUNE 7/24

HEAD START BUS DRIVER:

REF#617, FULL TIME. CLOSING: JUNE 7/24 DEPARTMENT: HEAD START

K4 IMMERSION TEACHER:

REF#618, FULL TIME. CLOSING: JUNE 7/24 DEPARTMENT: HEAD START AND GUNAHA INSTITUTE

K4 IMMERSION EDUCATION ASSISTANT:

REF# 619, FULL TIME. CLOSING: JUN 7/24
DEPARTMENT: HEAD START AND GUNAHA INSTITUTE





