



Support for Those
Affected
By a Loved Ones
Drinking



You don't have to face it alone

**Al-Anon is a safe and supportive
community for those impacted
by a loved one's alcohol use**

**TsuuT'ina Al-Anon
can help**

**Tsuut'ina AA proudly invites Al-
Anon to the TsuuT'ina Nation
Every Wednesday night starting
November 20 at Bullhead Hall
Al-Anon 5:30-6:30p.m
AA 7-8pm**

***Join others with similar experiences, share stories, and find
helpful tools to cope and heal in a non-judgmental space***