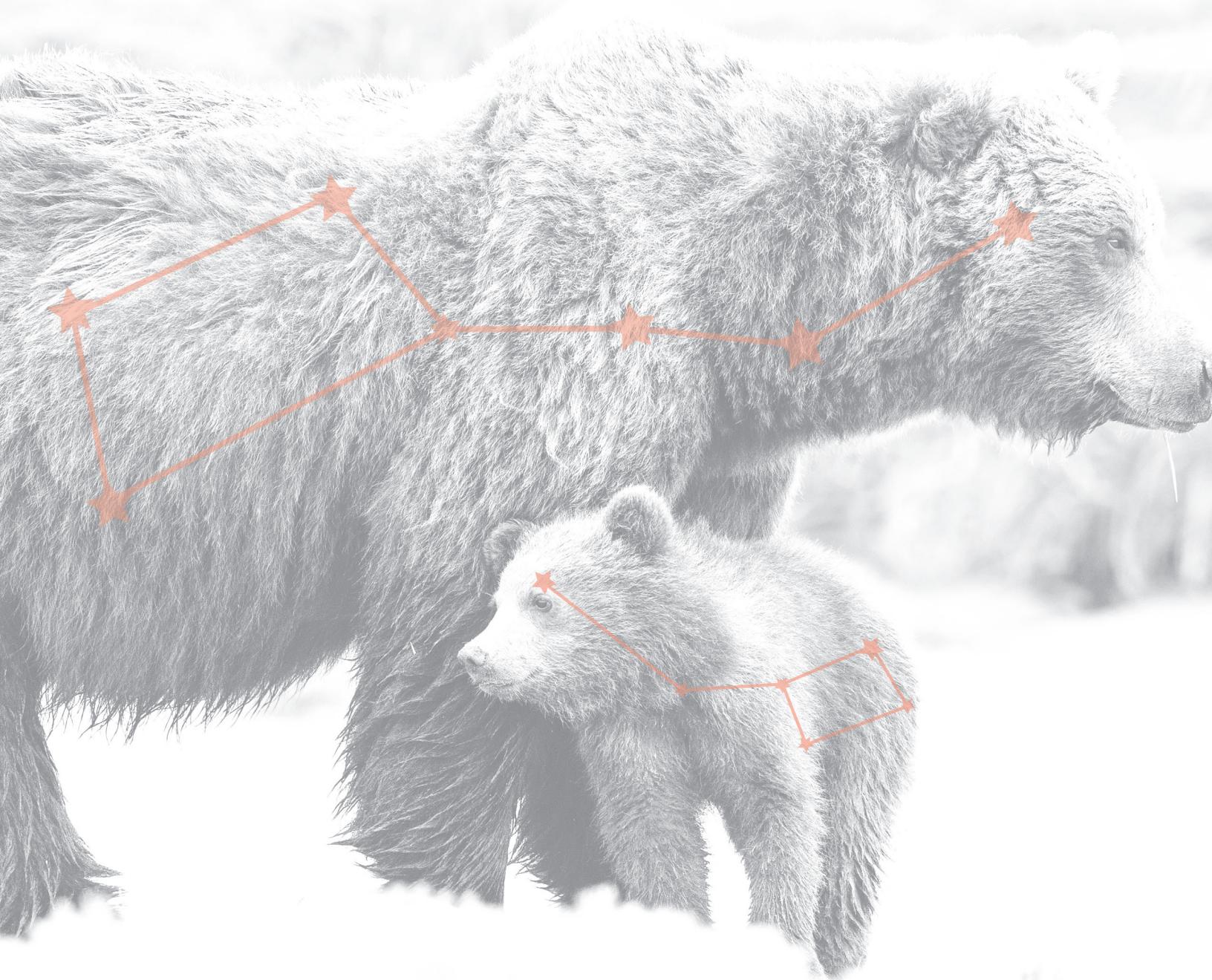


DÀ - HÍ

AT THIS POINT IN TIME



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ISSUE # 13
NÍNÁGHĀ YÍYÍK'ĀNÀGÚLÁ CH'ÀT'ĀGHÁ
BEAR CUBS BEING BORN MONTH - JANUARY

The Editor's Note



Dādánast'ādā (*How are all of you?*),

Tiyā gújā áníst'ā (*I'm very good*).

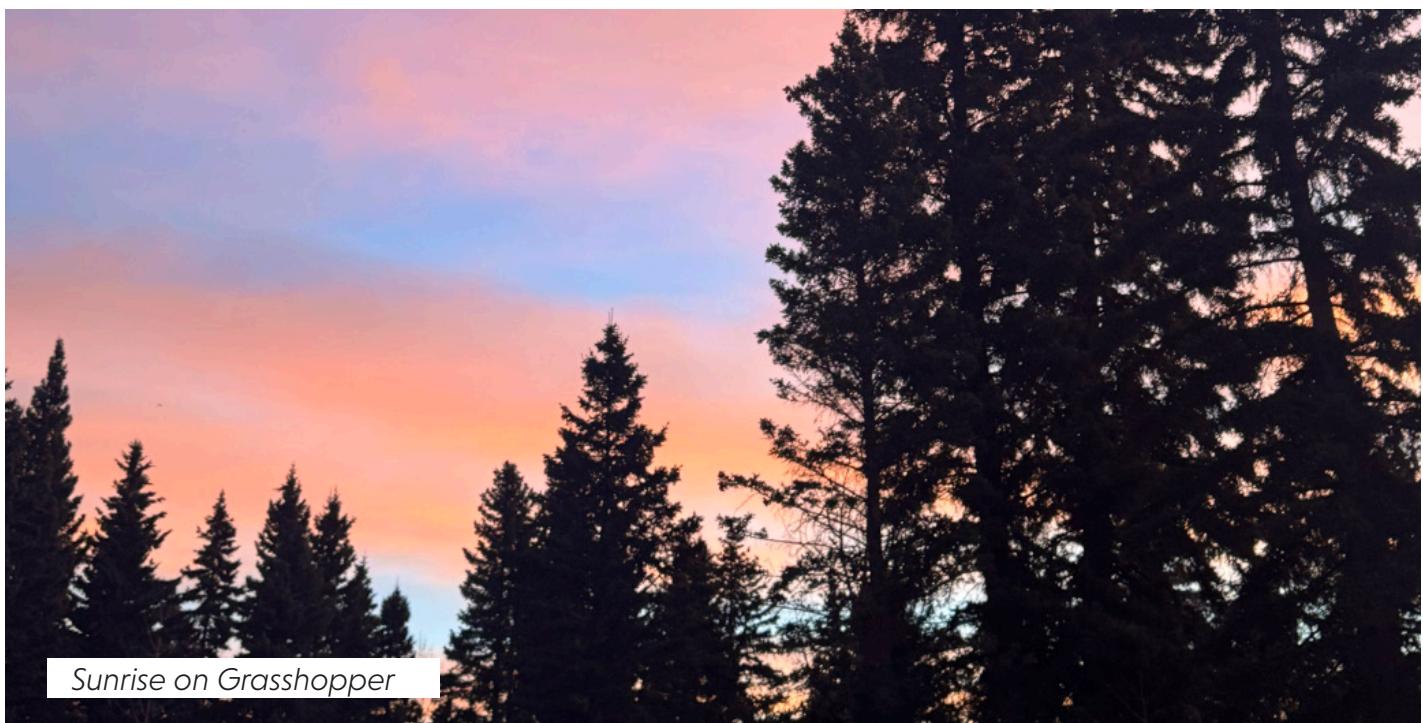
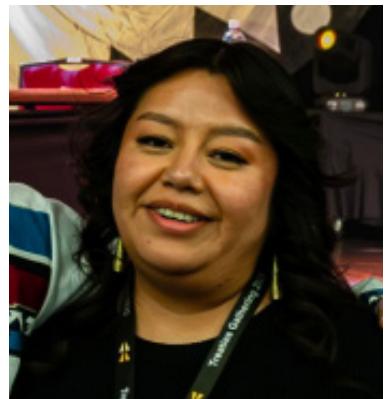
I hope you all had good holidays, and I hope your New Year is filled with opportunities, good relationships, and purposeful healing.

I want to acknowledge that Communications has completed its first year of publishing akiyi mitoo (twelve) issues of DÀ-HÍ! We learned a lot from each other in Communications, as well as learning more about the Nation as a team. As you have noticed, we have rebranded DÀ-HÍ so that it's more contemporary while still honouring protocol and historical values. I want to give thanks to our participants who contribute to DÀ-HÍ and our team for putting together this beautiful document. I also want to thank our readers for sharing and uplifting our Citizens and Nation residents.

As I mentioned before, all Citizens, Nation residents, affiliates, and our neighbours are welcome to contribute to DÀ-HÍ. If you want to mention a loved one, highlight an accomplishment, advertise a small business, or highlight a travel highlight, please email submissions@tsuutina.com.

We will be publishing on the first Wednesday of every month starting in February 2026 to ensure we can complete and prioritize our legacy projects. With this new release date, the submission deadline for the DÀ-HÍ will be the last Friday of each month. Thank you for your understanding of the new timeline, and I look forward to seeing everyone's submissions throughout the year!

Nānýístsónī (*See you again!*)



DÀ-HÍ

DÀ-HÍ meaning "at this point in time", is created in the Tsúüt'ínà Nation Nīnágúnīdītī "Communications Department". Our intention is to always reflect and represent Tsúüt'ínà Nation in the best and most accurate manner. If you have suggestions for improvement, or ideas for future stories or feedback on the current publication, we would love to hear from you.

Please address all comments to submissions@tsuutina.com

Sīyísgáàs

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Nīnághā yīyík'ānàgulá

Dzīnīsī yīk'ā	Dzīnīsī Ɂónā	Ákíyī dzīnīsī
4	5 4 PM - 8 PM TTN Recreation Drop-In Open Gym	6 5 PM - 8 PM TTN Recreation Drop-In Basketball
11	12 4 PM - 8 PM TTN Recreation Drop-In Open Gym 5 PM - 8 PM Youth Night'z - Vision Boards	13 4 PM - 7 PM Youth Outreach Homework Group 4 PM - 8 PM TTN Recreation Drop-In Basketball 5 PM - 8 PM Triple P Parenting Classes
18	19 4 PM - 8 PM TTN Recreation Drop-In Open Gym 5 PM - 8 PM Youth Night'z - Sledding & Tubing (Calgary Area)	20 4 PM - 7 PM Youth Outreach Homework Group 4 PM - 8 PM TTN Recreation Drop-In Basketball 5 PM - 8 PM Triple P Parenting Classes
25	26 4 PM - 8 PM TTN Recreation Drop-In Open Gym 5 PM - 8 PM Youth Night'z - Swimming	27 4 PM - 7 PM Youth Outreach Homework Group 4 PM - 8 PM TTN Recreation Drop-In Basketball 5 PM - 8 PM Triple P Parenting Classes



ch'at'āghá

www.tsuutina.com/events-calendar

Tōok'ī dzīnīsī	Dīch'ī dzīnīsī	Gúút'ā dzīnīsī	Dzīnīsī tsītl'ā
	1	2 3 PM - 5 PM TTN Recreation Outdoor Rink Drop-In	3
	New Year's Day		
7 2 PM - 4:30 PM Guja Food Market 4 PM - 8 PM TTN Recreation Drop-In Volleyball	8 10 AM - 12:30 PM RKeepers7 Gang Prevention Awareness Event 4 PM - 8 PM TTN Recreation Drop-In Open Gym	9 3 PM - 5 PM TTN Recreation Outdoor Rink Drop-In	10 6 PM Tsúut'ínà Bingo!
	9 AM - 5 PM Contingency New Year's Rations at the Chief Joseph Big Plume Administration Building		
14 2 PM - 4:30 PM Guja Food Market 4 PM - 8 PM TTN Recreation Drop-In Volleyball	15 4 PM - 8 PM TTN Recreation Drop-In Open Gym	16 3 PM - 5 PM TTN Recreation Outdoor Rink Drop-In	17
	Buffalo Round-Up at the Buffalo Paddocks		
21 2 PM - 4:30 PM Guja Food Market 4 PM - 8 PM TTN Recreation Drop-In Volleyball	22 4 PM - 8 PM TTN Recreation Drop-In Open Gym	23 3 PM - 5 PM TTN Recreation Outdoor Rink Drop-In	24
28 Time TBA Nation Meeting 2 PM - 4:30 PM Guja Food Market 4 PM - 8 PM TTN Recreation Drop-In Volleyball	29 4 PM - 8 PM TTN Recreation Drop-In Open Gym	30 3 PM - 5 PM TTN Recreation Outdoor Rink Drop-In	31

"Bear Cubs Being Born Month" 2026

Tłúw̕k'ā Ts'idił-dì ñuwā Ōgháts'inił-dà
COMMUNITY & RECREATION

Drop-In Open Gym
Mondays
4:00 PM - 8:00 PM

7 Chiefs Sportsplex & Chief Jim
 Starlight Centre

Youth Night'z
Mondays
5:00 PM - 8:00 PM

Drop Off: 7 Chiefs Sportsplex
 & Chief Jim Starlight Centre

Drop-In Basketball
Tuesdays
4:00 PM - 8:00 PM

7 Chiefs Sportsplex & Chief Jim
 Starlight Centre

Drop-In Volleyball
Wednesdays
4:00 PM - 8:00 PM

7 Chiefs Sportsplex & Chief Jim
 Starlight Centre

Drop-In Open Gym
Thursdays
4:00 PM - 8:00 PM

7 Chiefs Sportsplex & Chief Jim
 Starlight Centre

Drop-In Outdoor Rink
Fridays
3:00 PM - 5:00 PM

7 Chiefs Sportsplex & Chief Jim
 Starlight Centre

Diganádàts'idiñidałí
HEALTH & WELLNESS

Regalia Making Orientation
January 14th, 2026
5:00 PM

Chiila Elementary School
 Gymnasium

Youth Outreach Homework
Group

Tuesdays
4:00 PM - 7:00 PM

Many Horses High School

Guja Food Market
Wednesdays
2:00 PM - 4:30 PM

Bullhead Community Hall

Gūjá Nīnágúts'idiñidałí
SOCIAL DEVELOPMENT

Triple P Parenting Classes
Starts January 13th, 2026
Tuesdays

5:00 PM - 8:00 PM
 Child & Family Building

Dīdīłá ōghàyīnò-ná
FINANCE

BMO Financial Literacy
Workshop

Wednesday January 21st, 2026
5:00 PM

Grey Eagle Resort & Casino

Tsúut'ínà Xàkijí uwa Xàkújághá-yīná
HEAD CHIEF & MINOR CHIEFS

Tsúut'ínà Nation Meeting
Wednesday January 28th, 2026
Time TBA

Grey Eagle Event Centre

Gúnāhá úwā Nīnishá
LANGUAGE & CULTURE

Tsúut'ínà Bingo

Saturday January 10th, 2026
Doors: 5:00 PM
Start: 6:00 PM

Bullhead Community Hall

CONTACT US AND GET YOUR EVENTS FEATURED

Have an upcoming event? We want to know about it! Not finished planning yet?

No problem, make it a save the date! All we need is a title and date!

Want us to cover your next event? We take photos and put a feature in the next DÀ-HÍ.

Send requests to Communications at communications@tsuutina.com and we will include a feature in an upcoming newsletters!

DIRECTORY

with Nation Contact Information:

Chief Joseph Big Plume Administration Building

**9911 Chiila Boulevard, Tsúut'ínà
Nation, AB T3T0E1
403-281-4455**

EMERGENCY CONTACT NUMBERS

If there is an **Emergency** please call **9-1-1**

For Non Emergency inquiries please contact the following Tsúut'ínà Nation Departments listed:

Tosguna Non Emergency Line
403-271-3777

Tsúut'ínà Nation Fire Department
403-251-9335

Covid-19 Testing Line Hours 8AM-4PM
403-258-4830
or **811** for 24 hour service

Public Works 24hr Emergency Housing Line
587-227-8772

Outreach/Wrap-Around Helpline
403-819-6602

Director of Emergency Management
(Tyler Two Guns)
403-589-0083

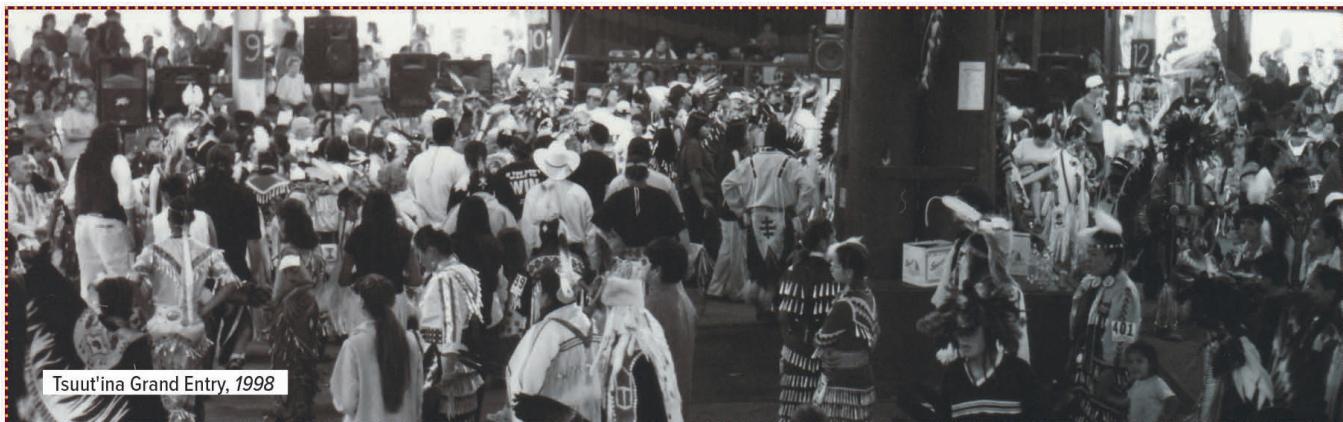
Tsúut'ínà Nation Roads Department
403-251-3015



DEVELOPING POTENTIAL ACTION PLANS, NATION TO NATIONS:



- ▶ Self-Determination - The right to determine our own pathway.
- ▶ Nationhood – It is our collective responsibility to govern our pathway to the right of self-determination. This is based on our own values and principles, language, culture, traditions, or any other way we determine. This would involve a Nations own laws and institutions of governance.
- ▶ Nation – A collective of First Nations that have historical commonalities, such as lands, peoples, culture, language, history, and governance co-existing as one.
- ▶ First Nation Laws – Guidance from the Peoples to govern themselves. Protecting our Inherent and Treaty Rights, inclusive of all Peoples.
- ▶ Seek guidance from our Elders.



COLLECTIVE ACTIONS ON SOVEREIGNTY



- ▶ The process is as important as the outcome in Nationhood.
- ▶ Historical continuity throughout generations, as we travelled Mother Earth:
 - ▶ Shared common territories, resources with others starting with ceremony, developed Nation to Nation trade agreements.
 - ▶ Collective sovereign approaches on federal and provincial legislation, regulations, policies that impact our way of life and rights (e.g., NRTA) and our natural assets.
- ▶ Lifelong learning initiatives on our histories, Treaties, and diversity Nation to Nation.





Lands: Introduction

SECTION	DETAILS
Lands	Creator placed us on Mother Earth and gave us the inherent responsibility to protect all forms of life, to access and use all of the resources. We only use what we need and follow protocol to ensure that future generations benefit from it as well.

OUR WORLDVIEW ◀◀◀◀

Natural Law is our inherent responsibility to Creator.

- ▶ Our relationship with all forms of life is protected and regulated by our Natural Law.
- ▶ We ask permission from the animals, plants, minerals, rocks, waters, and spirits before we use places, harvest food, medicines, dig in the earth, hunt or fish for food or ceremonial purposes.
- ▶ We have a wholistic perspective on land use that protects and serves future generations.
- ▶ Our connections to lands (inclusive above and below) identify our responsibilities and right to determine and maintain our way of life.
- ▶ Our survival, our livelihood, and our sacred ceremonies and sites are reflected in the significance of lands and natural resources.
- ▶ Water is Sacred. Water is Life.
- ▶ The true spirit and the true intent of Treaties was in Peace and Friendship. To co-exist with the Queen's settlers to the depth of a plough and that our way of life would not be altered.
- ▶ The true spirit and true intent of Treaties are as long as the Sun Shines, Grass Grows, and Waters flow. Everything is all encompassing.
- ▶ We did not cede nor surrender our lands, natural resources, territories, waters, or air when we entered Treaties.
- ▶ Like the ceremonies, our common teachings and connections are in 4.
- ▶ **Free Prior Informed Consent (FPIC) is the principle linked to Treaty norms, right to self-determination affirmed by Creator and our way of life.**





Gūnììzh dístī-hí

"Stories in Motion"

"Stories In Motion" is a dedicated space for all Tsúüt'ínà and community accomplishments. We at DÀ-HÍ support everyone who puts forth their best effort in life, work, and play.

DÀ-HÍ will always support those who commit, persist, and strive towards a better collective Tsúüt'ínà future.

If you'd like to submit an achievement or notable event to the "Stories in Motion" please email the DÀ-HÍ at submissions@tsuutina.com



XÀKÍJÍ UWA XÀKÚJÁGHÁ- YÍNÁ

Front Row: Xàkújáá Hine Crowchild (Public Works), Xàkújáá Kelsey Big Plume (Language & Culture), Xàkújáá Corrine Eagletail (Language & Culture), Xàkíjí Ellery Starlight (Head Chief), Xàkújáá Twylla Starlight (Public Works), Xàkújáá Paula Big Plume (Social Development), Xàkújáá Jeanne Crowchild (Governance & Administration).

Back Row: Xàkújáá LeeRoy Meguinis (Social Development), Xàkújáá Zachary Manywounds (Education & Life Long Learning), Xàkújáá Waylon Big Plume (Community & Recreation), Xàkújáá Tyson Heavenfire (Lands Administration), Xàkújáá Paul Whitney (Governance & Administration), Xàkújáá Kendall Jacobs (Lands Administration).



ENTERPRISES OPEN HOUSE

December 17th, 2025

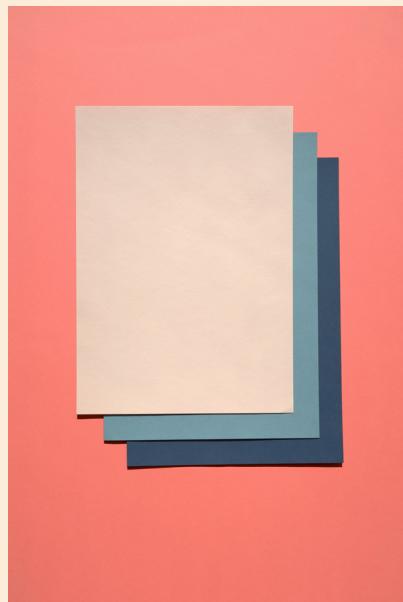
On December 17th, 2025, at the Chief Joseph Big Plume Administration Building, Tsúut'ínà Nation Enterprises held its annual Open House event. The Event included various activities, vendors, and information booths put on by the Enterprises Departments (Redwood Meadows, Health and Safety, Tsúut'ínà Gas Stop, Sarcee Gravel Pit, Property Management, TDA, Tsúut'ínà Security Company). There was an amazing turnout paired with amazing prizes to be won. We would like to send our congratulations to the Big Prize Winners: Nadine Starlight, Janice Starlight, Dallas Manywounds, Meaghan Simeon, Larry Crane Jr., Jori Manywounds, Robyn Crowchild, Randy Dodginghorse, and Paul Meginnis (grand prize winners will be contacted by Leanne Crowchild at the Tsúut'ínà enterprises office to make arrangements for claiming prizes). Sîyísgáàs to everyone involved for making this event truly memorable!





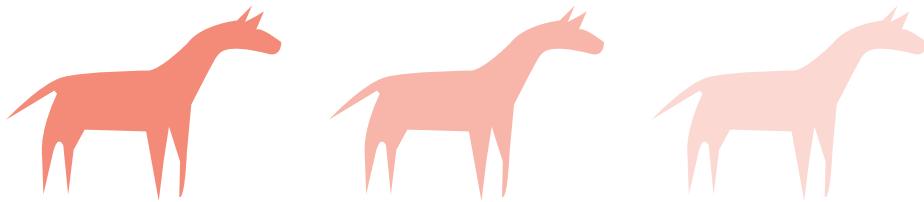
HAPPY 2026

T S U U T [°] I N A !



KEEP A LOOKOUT
FOR A NEW ISSUE
EVERY FIRST
WEDNESDAY OF
EVERY MONTH!
(C R E A T O R
P E N D I N G)

DÀ - HÍ



Meet The Pets of Tsúút'ínà



NICKNAMES: Ponch, Buddy, Little Boy
AGE: 3 Years Old
BREED: Blue Heeler
FUN FACT: He visited Jan Arden's house.
PARENT: Kevin LL



NICKNAMES: Baby, Tiny
AGE: 2 Months
BREED: Morkie
FUN FACT: She was born on Halloween, & she's too small for dog clothes.
PARENT: Alissa Hodgson



NICKNAMES: My Friend, Baby, Little Guy
AGE: 7 Years Old
BREED: Morkie
FUN FACT: He doesn't drink rez water.
PARENT: Taylor Strongman

EAGLE IN THE WATCH TOWER

RYAN RUNNING RABBIT - OCTOBER, 2025 - FERNIE, BC

PHOTO SUBMISSIONS

These are not a new feature of the DÀ-HÍ, we wanted to start the year off with an example of what this could look like in future issues. Send us yours! submissions@tsuutina.com



January | Winter



MONTHLY REVIEWS

Artist Highlight

An Art Piece Submission



NARRATIVE PAINTING REFLECTION (2025)

Acrylic paint brush work on canvas

My daughter Lariah painted this canvas of herself dancing at the Samson Cree Nation Powwow. Through her painting, she expresses her creativity and passion for dancing; as well as her cultural values and beliefs as a young First Nations dancer.

BY DESIREE JACOBS-LABELLE

"My culture holds a deep meaning to me when I dance. When I am out there, I am praying for all my family and my future because dancing is part of healing." – Lariah

"Pow!"

An Animated Short

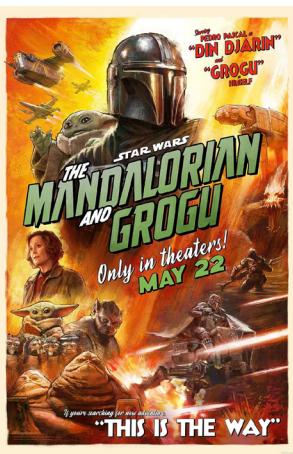
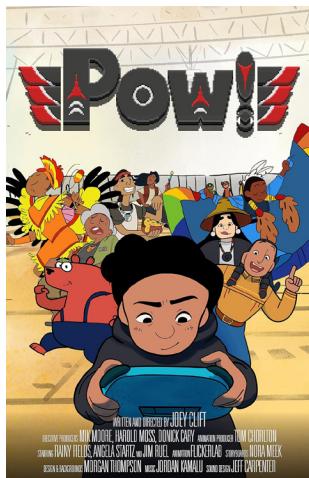
"Pow!" is an animated short that follows a young boy named Jake who goes to extreme lengths to try and charge his portable gaming device at a powwow. This short is a must watch for anyone who likes unique stories, animation, and just plain fun! "Pow!" can be found on YouTube for free, so if you have an extra eight minutes, I would highly suggest checking it out!

5/5 stars 

BY CHRIS ELSER

"Written and Directed by Joey Clift (Cowlitz), made by a largely Indigenous team and with an all-Native voice cast. Pow! is a comedic love letter to the communities that raised us."

-FNX TV



history and ancient Greek mythology. The Odessey steered me towards pursuing my History Degree, so I am very excited to see this epic film.

There's even more to look forward to with crowd-pleasers like Project Hail Mary, The Super Mario Galaxy Movie, Spider-Man: Brand New Day, and Disney's animated adventure Hoppers. Once again, as a Disney fan, the Hoppers movie is another one I'm very excited about since the "Lizard, lizard, lizard..." viral moment came from this movie. With major releases spanning action, animation, and epic storytelling, 2026 is set to be a truly unforgettable year at the movies.

Stranger Things

A Netflix Series

I started watching Stranger Things in 2017, and I anticipated every season since. It's very different from any other series I've watched, and I think Stranger Things is its own category. I'm a huge fan of 80's nostalgia, even though I was born in the 90's. It's like Goonies, but more science-oriented and more monsters. My favourite characters are Dustin, Erica, and Steve. I would explain more, but I don't want to spoil anything! I will say, I'm happy that a few main characters are representing the LGBTQ+ community during a time when it was still frowned upon.



I'm sad that it's over because it's such an intense and unique series. I will miss my mini watch parties, too. If you're looking for something else to stream, check out Stranger Things!

BY CARMEN LITTLELIGHT

The Blockbuster Year

Movies Coming Out in 2026

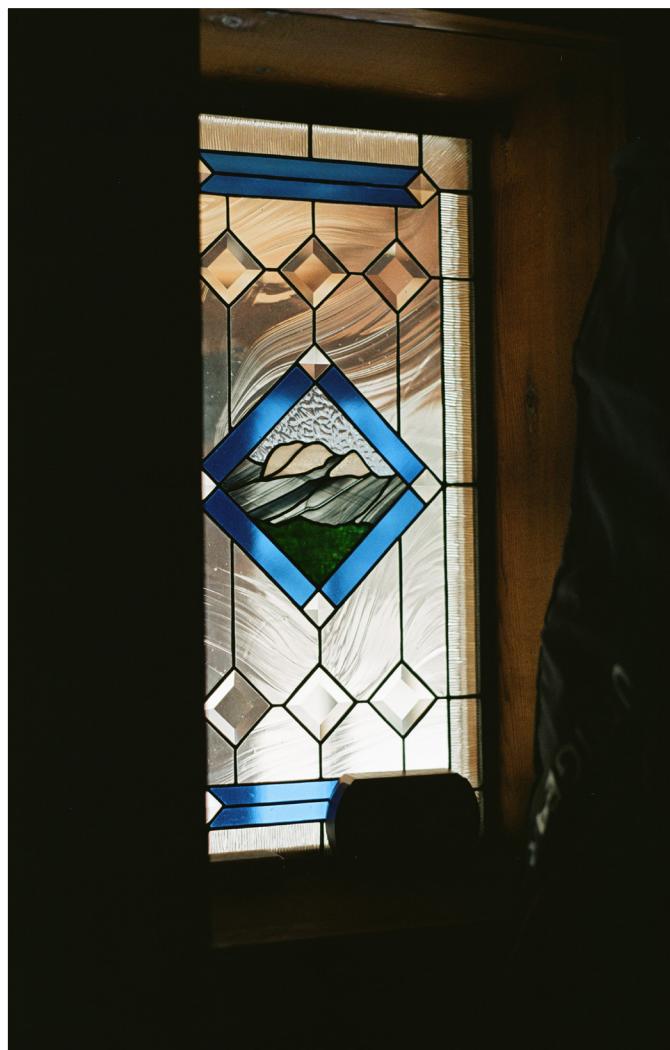
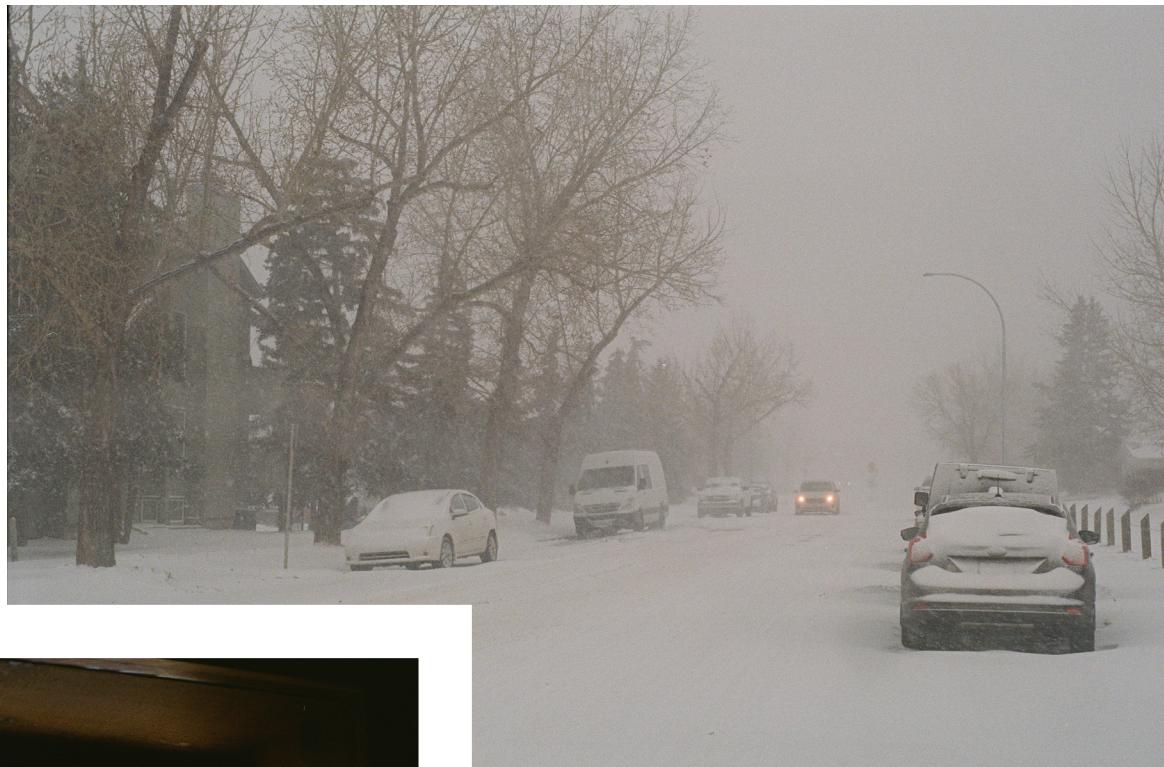
2026 is shaping up to be an incredible year for movies! From massively anticipated blockbusters like Avengers: Doomsday and Star Wars: The Mandalorian & Grogu to epic originals such as Christopher Nolan's The Odyssey, there's something exciting for every movie fan. Personally, as a Disney fan and a History buff, I am most excited for these movies. The Odyssey has been an integral part of my story while I was finding my passion for ancient



BY NICOLE ADAMS

Christmas in Kodacolor 200

BY RYAN RUNNING RABBIT



We love a new (old?) film stock! 2025 brought us photographers no shortage of new or recently revived film stocks. The analog boom is still thriving with 10+ new options. I picked up a few rolls of the new Kodak Kodacolor 200 and have some early thoughts about it.

First off, this is not simply another Gold 200 offering. With a slightly higher price point, this is a different shooting experience, unless you're a ColorPlus shooter, allegedly. The experts, the internet, those who like to say, have found that this stock renders nearly identically as ColorPlus with very subtle whitebalancing. Personally, I cannot compare the two; I haven't shot the other.



Kodacolor gives an impressive performance across varying conditions. Indoors, at night, in the snow, etc. Obviously, this daylight-balanced film does best in the daylight, but its versatility comes from a well-balanced temperature. It's not nearly as warm as Gold.

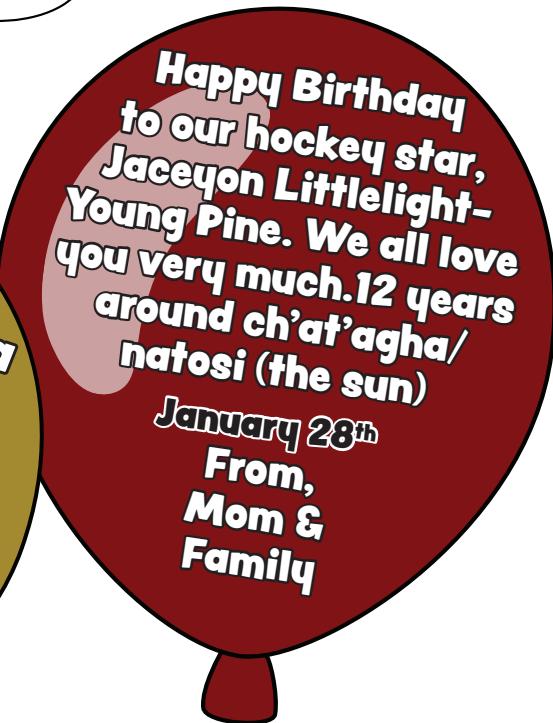
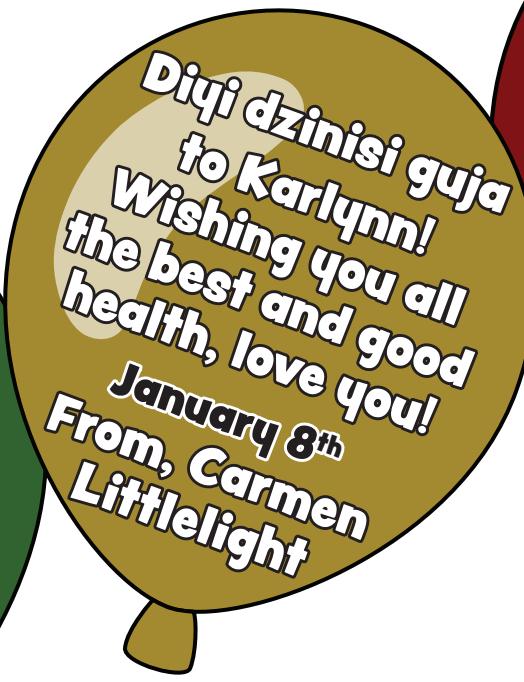
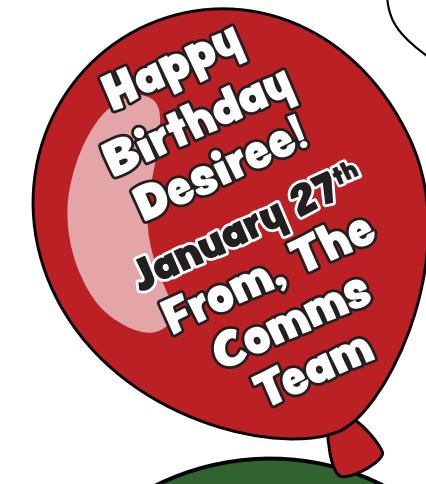
The darker tones don't wash out in a greener shadow. I'm really impressed with the colour and the grain. These images have come straight from the film lab. I would recommend this stock. I will shoot this again. My final image is one of my favourites from all of 2025.



Camera: Minolta Maxxum 7000

Lenses: 50mm

Photos shot by Ryan Running Rabbit and developed in a domestic lab.



Diyi Dzinisi Guja! Happy Birthday!

We want to share your birthday wishes! Send your messages and photos to us by email at:
submissions@tsuutina.com.

Iló Gudagaà-hí

Employment Opportunities

To apply, please send your resume to: jobs@tsuutina.com. Please include in the subject line: **JOB TITLE & REF#** to ensure that it is received.

Find More Information & Jobs Online at: www.tsuutina.com/job-seekers/

GARBAGE TRUCKER OPERATOR

REF#2601-03

DEPARTMENTS: Public Works - Waste Management (Transfer Station)

DESIGNATION: Part-Time

VACANCIES: Two (2)

COMPETITION CLOSES: **January 16th, 2026 @ 11:59 PM MST**
(Late submissions will not be accepted)

ADMINISTRATIVE AND SALES COORDINATOR

REF#2601-02

DEPARTMENTS: Seven Chiefs Sportsplex & Chief Jim Starlight Centre

DESIGNATION: Full-Time

VACANCIES: One (1)

COMPETITION CLOSES: **January 16th, 2026 @ 11:59 PM MST**
(Late submissions will not be accepted)

MENTAL HEALTH LIAISON

REF#2601-04

DEPARTMENTS: Tsúut'ínà Health and Wellness Services

DESIGNATION: Full-Time, Fixed Term

VACANCIES: One (1)

COMPETITION CLOSES: **January 20th, 2026 @ 11:59 PM MST**
(Late submissions will not be accepted)

WELLNESS COUNSELLOR FACILITATOR

REF#2601-05

DEPARTMENTS: Tsúut'ínà Health and Wellness Services

DESIGNATION: Full-Time, Fixed Term

VACANCIES: One (1)

COMPETITION CLOSES: **January 20th, 2026 @ 11:59 PM MST**
(Late submissions will not be accepted)

YOUTH WELLNESS WORKER

REF#2601-06

DEPARTMENTS: Tsúut'ínà Health and Wellness Services

DESIGNATION: Full-Time

VACANCIES: One (1)

COMPETITION CLOSES: **January 20th, 2026 @ 11:59 PM MST**
(Late submissions will not be accepted)

BUILDING OPERATIONS COORDINATOR

DEPARTMENTS: Seven Chiefs Sportsplex and Chief Jim Starlight Centre

DESIGNATION: Full-Time, Fixed Term

VACANCIES: One (1)

COMPETITION CLOSES: **January 21st, 2026 @ 11:59 PM MST**
(Late submissions will not be accepted)

FACILITY OPERATOR

REF#2601-08

DEPARTMENTS: Seven Chiefs Sportsplex and Chief Jim Starlight Centre

DESIGNATION: Full-Time

VACANCIES: Two (2)

COMPETITION CLOSES: **January 21st, 2026 @ 11:59 PM MST**
(Late submissions will not be accepted)

FIREFIGHTER

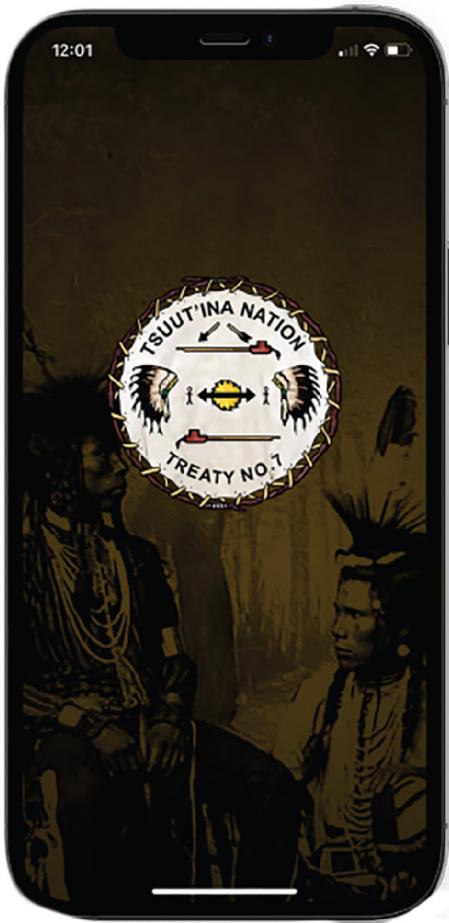
REF#2601-09

DEPARTMENTS: Tsúut'ínà Nation Fire Department

DESIGNATION: Full-Time

VACANCIES: Two (2)

COMPETITION CLOSES: **January 21st, 2026 @ 11:59 PM MST**
(Late submissions will not be accepted)



NEVER MISS AN UPDATE

GET THE APP

The app uses state-of-the-art technology to notify Tsúutína Yiná of breaking news, documents, videos, and events instantly delivered via push notifications.

- **JOB OPENINGS**
- **SURVEYS**
- **EVENTS**
- **NEWS**

