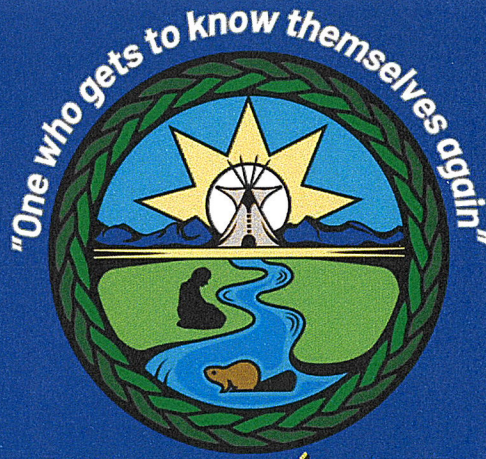


**Lunch
Provided**



Idanaguts'ishoti

Self Empowerment Program

Open to all community members 18+

9:30am-3pm Monday- Thursday

Start Date: January 13, 2025

Activities Include: Crafting, Art Therapy, Language, Fitness,
Talking Circles, and Personal Growth

Transportation provided

Registration:

idanagutsishotiprogram@gmail.com

or call: 403-437-3921

