



Diganádäts'idinidakí



DANIELLE SMITH

BA(Hon), MSc

Registered Psychologist

Contact Info

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Danielle Smith is a Registered Psychologist and Member of the College of Alberta Psychologists. She has a Master of Science in Counselling Psychology and is currently completing her PhD with a focus on child, youth, and family psychology. Danielle has been working with children and families for over a decade and has experience working with a range of emotional and behavioral concerns, as well as parenting and family concerns. She has received training at the Calgary Family Therapy Center and is trained in systemic family therapy. She has also received training in individual modalities including emotion-focused therapy, cognitive-behavioral therapy, dialectical behavior therapy, and person-centered therapy.

Danielle's approach is both holistic and systemic and focuses on understanding the root of client concerns and then working with the individual, couple, or family to address those concerns. She has worked with individuals of all ages, and with a variety of concerns, including anxiety, depression, ADHD, trauma, stress, self-esteem, parent-child conflict, and relationship issues. Danielle's core areas of practice include working with children, youth, and families; however, she also works with individual adults and couples. She also has experience with, and a special interest in working with individuals from indigenous, immigrant, and refugee backgrounds.

If you are interested in booking a session for yourself, your child, or your family, please email Danielle at danielle.smith3@ucalgary.ca or call her at (403) 483-1999.

Respectfully,

Danielle Smith