

DÀ HÍ



AT THIS POINT IN TIME



Mītsī Dīgòyí Ch'àt'āghá

•••••
"Bald Eagle Month" - Febuary

DÀ-HÍ

Dà-hí meaning “at this point in time”, is created in the Tsuut’ina Nation Nīnágúnīdīfī “Communications Department”. Our intention is to always reflect and represent Tsuut’ina Nation in the best and most accurate manner.

If you have suggestions for improvement or ideas for future stories or feedback on the current publication, we would love to hear from you.



Dà-Hí
9911 Chiila Blvd.
Tsuut’ina AB T3T 0E1
(403) 238.6251

Email: submissions@tsuutina.com

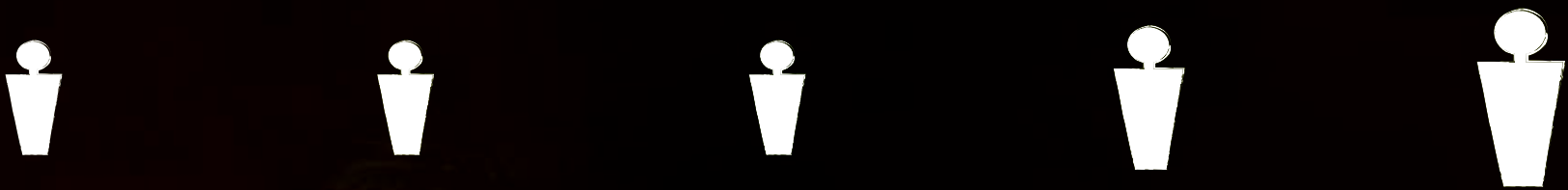
Website: www.tsuutina.com

Instagram: [@tsuutinacommunications](https://www.instagram.com/tsuutinacommunications)

Facebook: Tsuut’ina Comm

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FEB 2025

Mitsi digoyi ch'at'aghá

Dzínisi yík'á	Dzínisi 7ónā	Ákíyí dzínisi	Tóok'í dzínisi	Dīich'í dzínisi	Gúút'á dzínisi	Dzínisi tsít'á
						1
2	<p>3 4:00 pm - 8:00 pm Drop In Volleyball/ Basketball</p> <p>5:00 pm - 8:00 pm Youth Life Skills Program</p>	<p>4 10:30 am - 1:30 pm Home Safety: Baby Proofing</p>	<p>5 11:00 am - 1:00 pm Weekly Elders Meeting 5:00 pm - 7:00 pm Indigenous Yoga 2:30 pm - 4:00 pm Guja Food Market 4:00 pm - 8:00 pm Tsuut'ina Recreation Youth Night: Fruit Leather 4:00 pm - 8:00 pm Tsuut'ina Recreation Youth Night: Fruit Leather 5:30 pm - 6:30 pm Al-Anon 7:00 pm - 8:00 pm AA Meetings</p>	<p>6 9:30 am - 2:00 pm Office of the Peacemaker 1:00 pm - 3:00 pm Winter Pre-natal Class 4:00 pm - 6:00 pm Drop In - Basketball Ages 14 & Under 5:00 pm - 8:00 pm SBI - Entrepreneurial Training for Tsuut'ina Small Businesses 6:00 pm - 8:00 pm Anger Awareness</p>	<p>7 Tsuut'ina 90 Day Wellness Warriors Fitness Challenge First Check In</p>	<p>8 9:30 am - 3:30 pm Youth Life Skills Program</p>
9	<p>10 4:00 pm - 8:00 pm Drop In Volleyball/ Basketball</p>	<p>11</p>	<p>12 FULL MOON</p> <p>11:00 am - 1:00 pm Weekly Elders Meeting 2:30 pm - 4:00 pm Guja Food Market 4:00 pm - 8:00 pm Drop In - Youth Night</p>	<p>13 1:00 pm - 3:00 pm Winter Pre-natal Class 4:00 pm - 6:00 pm Drop In - Basketball Ages 14 & Under 5:00 pm - 8:00 pm SBI - Entrepreneurial Training for Tsuut'ina Small Businesses 6:00 pm - 8:00 pm Anger Awareness</p>	<p>14</p>	<p>15 9:00 am - 4:00 pm 7 CC ATHLETE DEVELOPMENT PATHWAY - Quarterly Camp</p>
16	<p>17 Family Day</p> <p>9:30 am - 1:00 pm 7 CC ATHLETE DEVELOPMENT PATHWAY - Volleyball 4:00 pm - 8:00 pm Drop In Volleyball/ Basketball</p>	<p>18</p>	<p>19 11:00 am - 1:00 pm Weekly Elders Meeting 2:30 pm - 4:00 pm Guja Food Market 4:00 pm - 8:00 pm Drop In - Youth Night 5:00 pm - 7:00 pm Indigenous Yoga 7:00 pm - 8:00 pm AA Meetings</p>	<p>20 9:30 am - 2:00 pm Office of the Peacemakers - Duty Council Legal Aid 1:00 pm - 3:00 pm Winter Pre-natal Class 4:00 pm - 6:00 pm Drop In - Basketball Ages 14 & Under 6:00 pm - 8:00 pm Anger Awareness</p>	<p>21 8:00 am - 5:00 pm Important Dates for Citizenship</p>	<p>22</p>
23	<p>24 10:00 am - 3:00 pm Tax Free Clinic 4:00 pm - 8:00 pm Drop In Volleyball/ Basketball</p>	<p>25</p>	<p>26 11:00 am - 1:00 pm Weekly Elders Meeting 2:30 pm - 4:00 pm Guja Food Market 4:00 pm - 8:00 pm Drop In - Youth Night 5:00 pm - 7:00 pm Indigenous Yoga 5:30 pm - 6:30 pm AL-Anon 7:00 pm - 8:00 pm AA Meetings</p>	<p>27 8:00 am - 5:00 pm Important Dates for Citi- zenship 1:00 pm - 3:00 pm Winter Pre-natal Class 4:00 pm - 6:00 pm Drop In - Basketball Ages 14 & Under 6:00 pm - 8:00 pm Anger Awareness</p>	<p>28</p>	

"Bald Eagle Month" 2025





CONGRATULATIONS
Aurora Big Plume !!!

EMPLOYEE OF THE YEAR !!!!

“I WOULD LIKE TO TAKE THE OPPORTUNITY TO HIGHLIGHT A MEMBER. SHE IS THE EMPLOYEE OF THE YEAR – AT THE GREY EAGLE RESORT AND CASINO – AURORA BIG PLUME”

SUBMISSION BY-RHONDA W
(SPORTSPLEX)

VALENTINES DAY SHOUTOUTS

“Wishing a Happy Valentines Day to all the
Tsuut’ina Elders,
with much love and respect.”

“Happy Birthday to
Alex Big Plume- Lafond (Feb 21st)”
love your Mom, Dad and Issuu

“Happy Birthday Bunny”
-love Pixie and Family

“Happy Valentines Day G!!!”
-Benson and Yoshi

“Happy Birthday Auntie Pixie”
-love Des and Fam



“Happy Valentine’s Day to my buus
Wolfgang and my tlich’a Oko!
Oko is also turning 6 years old this
month!” - CL



**“Happy Birthday Krista Heavenfire
-love mom**

**“Happy Valentines Day to Gena”
-From Friend**

**“Happy Valentines Day Tsuut’ina Nation!”
-TTN Recruiter**

**“Happy Valentines Day Taylor,
heres to 16 years!!!”**

**“Happy Birthday Itoo, for your REAL
birthday”
-Carmen, Char, Connor**

**“H.V.D. to all of my homies
who work at the Gas Bar!
-X.B.E.**

**“Happy Birthday to
Mya Onespot”
-Mom**

**“Happy Birthday to Kole Runner”
from Dad**

**“Happy Valentines Day to my babe”
-Racheal**

**“Happy Birthday to
Wendy Twoguns (Feb23rd) ”
from Kevin Runner**

**“Happy birthday to
Elora Big Plume (feb 21st)”
love your Dad William
and Mom Jilaine**



EDUCATION DEPARTMENT
TSUUT'INA NATION
82 Cow Camp Road, Tsuut'ina, Alberta T3T 0A9
Telephone: (403) 238-5484
Fax: (403) 238-9850

MEMORANDUM

TO: Tsuut'ina Nation
CC: Education Board of Trustees
Education Staff
DATE: January 31, 2025
RE: **Student Personal Mobile Devices Policy (PP.ED.2311 – 4.110)**

Dādánast'ádā,

On September 1, 2024, students in Alberta's Kindergarten to Grade 12 schools and private Early Childhood Services programs were restricted from using personal mobile devices and accessing social media platforms. While the restrictions do not apply to First Nations' school boards, the Tsuut'ina Education Department's careful consideration of the implications and seeking community input to develop our approach and make an informed decision was beneficial.

After reviewing the responses to the *Use of Personal Mobile Devices and Social Media in Tsuut'ina Education Schools* survey, the Tsuut'ina Education Board of Trustees has adopted the following policy:

Student Personal Mobile Devices

4.110. Personal Mobile Device (PMD): Any personal electronic device that can be used to communicate with or access the internet, such as a cellphone, tablet, laptop, gaming device or smartwatch. This also may include devices capable of communicating with a PMD (e.g. Bluetooth devices) such as headphones, earbuds, or smart speakers.

(a) Students may not use PMDs during instructional time, unless such use is approved by the classroom teacher to facilitate learning activities.

(b) Students may not access social media on school networks or on school devices.

(c) Student PMDs are valuable electronic devices. The security and storage of these items are the sole responsibility of the owner or user. Tsuut'ina Education assumes no responsibility for the safety, security, loss, repair or replacement of student PMDs.

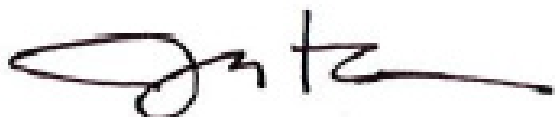
(d) Notwithstanding, teachers or administrators must securely store student PMDs that are taken temporarily from students.

- (e) Parents are asked to refrain from contacting their child/student on their PMD during the school day to avoid unnecessary distractions.
- (f) Parents can contact the school office, which can facilitate contact with their child/student during the school day if needed.
- (g) Students who bring one or more PMDs to school must store the device(s) in their lockers, out of sight, in silent mode, or powered off during instructional time.
- (h) Administrators or teachers may permit the use of PMDs for specific learning activities. These activities should be planned and structured to enhance learning outcomes.
- (i) A principal may choose to limit spaces in the building where PMD use is permitted during a break or a spare, based on the school community's context.
- (j) Student PMDs are not permitted to be used in bathrooms or changing rooms under any circumstances.
- (k) Student PMDs are not permitted to be used during a test or in an exam setting unless students have been given explicit permission by the teacher or supervisor administering the test or exam to accommodate an identified educational need.
- (l) Students who bring PMDs to school must comply with the Student Code of Conduct policy. Students who refuse to comply with Tsuut'ina Education's regulations for using PMDs in the school setting may be subject to disciplinary measures per the Student Discipline Policy.

The Tsuut'ina Education Board of Trustees carries out its mandate to govern the Tsuut'ina Education Department in accordance with the Tsuut'ina Education Act. The decision to restrict student personal mobile device use in our schools was made in accordance with this mandate.

By implementing the aforementioned policies, we anticipate several positive impacts on our learning environments, including reduced distractions, improved focus during instructional time, enhanced student mental health, and decreased opportunities for cyberbullying. The policy changes will become effective in all Tsuut'ina Education Schools on February 3, 2025.

Please feel free to reach out if you have any questions or require additional information. Sīyísgáàs,
Jonathan Kaiswatum Director of Education Tsuut'ina Education Department



Īts'īsīdītł'īshí ùwā mīsts'īnìyóní āgúyónà

TSUUT'INA EDUCATION PRESENTS:

2025/2026

PRINCESS PAGEANT

APRIL 30TH, 2025 | GREY EAGLE CASINO & RESORT



SCAN TO SUBMIT YOUR APPLICATION TODAY!!!
APPLICATIONS WILL NOT BE ACCEPTED AFTER APRIL 17TH, 2025



DIYI DZINSA TS'GUNNÓN

TSUUT'INA EDUCATION 2025 POWWOW

SAVE THE DATE

FRIDAY, MAY 30TH,
SEVEN CHIEFS SPORTSPLEX.





TSUUT'INA EDUCATION DEPARTMENT

PARENT SURVEY

PLEASE COMPLETE BY
FEBRUARY 28TH 2025

Send a screen shot of the completed survey to
403-463-3950

and be entered to win a SMART TV

Chiila



CBBMS



MHHS



COMMUNITY INFO PRESENTATION

**EDUCATION
AGREEMENT**



Grocery Giveaway!
Dinner served!
Family Friendly!

Event Postponed

PURPOSE

Inform and engage

Tsuut'ina Nation community is invited to a presentation and discussion of an education agreement being drafted to encompass K-12 education funding

The agreement would ensure equitable, sustainable, and realistic funding that supports and enhances student outcomes.



THURSDAY
30 January 2025



TIME
5:30 PM-8:00 PM



LOCATION
Grey Eagle Resort & Casino

Or participate online:

<https://meet.google.com/cap-rbwr-cgm>

For More Info contact
Ruby Kane, Education Agreement Coordinator:



(403) 238-5484



ruby.kane@tsuutinaeducation.com



DIYI DZINÍSÀ TS'Í GÚNÍYÓN
Save The Date

**“NIÌHINÍ
TŁÀK’A ZÁ”
— XAKIJI
ÌK’ÓYÍ TSÌ**

**“WE ARE ALL OF
ONE MIND”
— HEAD
CHIEF BULLHEAD**

Treaties 1-11 Gathering
August 18th - 22nd, 2025
7 CHIEFS SPORTSPLEX & CHIEF JIM STARLIGHT CENTRE
TSUUT’INA NATION, AB



**“... AS LONG AS THE SUN SHINES, THE GRASS GROWS
AND RIVERS FLOW...”**





Duty Counsel Legal Aid

The Legal Aid Society of Alberta will now be providing Duty Counsel at the Office of the Peacemaker/Tsuut'ina Nation courthouse every Thursday prior to each court date:

JANUARY 16TH, 2025

FEBRUARY 6TH, 2025 CANCELLED

FEBRUARY 20TH, 2025

FOR MORE INFORMATION PLEASE CONTACT:

PM COORDINATOR LONI HEAVENFIRE

403-281-4455 EXT. 226

CELL: 587-437-3712

loni.heavenfire@tsuutina.com





People helping people

DISABILITY NAVIGATOR PROGRAM CHARLOTTE'S COMMUNITY ACCESS

CRA TAX FREE CLINIC

JOIN US to find out more about

Having Current & Past Tax Returns done

&

Applying for:

Disability Tax Credit

Child Tax Benefit

AISH



2024 TAX RETURN FILING STARTS TODAY

Date: February 24 2025
Time: 10:00 AM – 3:00 PM
Location: Grey Eagle Hotel
3779 Grey Eagle Drive
Calgary AB
T3E 3X8



Canada Revenue Agency / Agence du revenu du Canada



**TSUUT'INA DINA DIK'ANA LAA**

(TSUUT'INA NATION CITIZENSHIP DEPARTMENT)

9911 Chiila Blvd., Tsuut'ina, Alberta. T3T 0E1

Telephone (403) 238-6305

**GENERAL NOTICE TO NATION
MEMBERS****HEADSTONE/GRAVEYARD MARKERS**

We would like to reach out to the community to notify the Citizenship Department if you have not utilized the \$2000.00 Headstone holdback to date for your loved one (**IF ELIGIBLE 1997 - 2024**). We would like to compile a list of family members who would like to utilize the \$2000.00 Headstone hold back for the purchase of a headstone of your choice for your loved one(s) with a outside vendor, we will be glad to assist you.

Please contact Lisa W, Registrar

lisa.whitney@tsuutina.com

Marla WL, Executive Assistant

marla.wolfleg@tsuutina.com

Or you can call (403) 238-6305 if you have any questions.

Siyisgaas



TSUUT'INA DINA DIK'ANA LAA
(TSUUT'INA NATION CITIZENSHIP DEPARTMENT)

9911 Chiila Blvd., Tsuut'ina, Alberta. T3T 0E1
Telephone (403) 238-6305



PUBLIC NOTICE: STATUS CARDS

The Tsuut'ina Citizenship department would like to inform everyone **that currently its services for status cards are to Tsuut'ina Nation Members only.**

Monday, Tuesday, and Wednesday from 9am-2pm
(by appointment only)

&

Thursdays 9am-2pm Walk Ins
For Tsuut'ina Nation Members only.

(Pending Availability and only until further notice)

Please make appointments by contacting Citizenship at

403-281-4455 (EXT 118 or EXT 344)

For all Non Tsuut'ina Nation members please use one of these trusted resources .

First Nation Health Consortium **1-844-558-8748**
Metis Calgary Family Services Society **403-240-4642**
Red Deer Native Friendship Society **403-340-0020**
Aboriginal Friendship Center of Calgary **403-270-7379**

Edmonton Office (Canada Place)

In person: Room 140, 9700 Jasper Ave.

Edmonton, AB T5J 4G2

Mailing address: Suite 630, 9700 Jasper Ave.

Edmonton, AB T5J 4G2

Telephone: 780-495-2773

Fax: 780-495-4088

Service hours: Monday to Friday,
9 am to 3 pm Mountain time



TSUUT'INÀ LANDS ADMINISTRATION

TSUUT'INÀ NATION LANDS ADMINISTRATION

403-238-6123
9911 CHHHA BEVD
TSUUT'INA NATION, AB
T3T 0E1

PUBLIC NOTICE

Hunting, Harvesting and Fishing

On December 1, 2020, Chief and Council motioned the following:

“As of the date hereof, all hunting, fishing and harvesting by Non-Nation Citizens shall be prohibited until further notice. Violators shall be prosecuted to the full extent of the law”...

Over the past years, there has been an increase in complaints of hunting, fishing, harvesting of Non-Nation Citizens on the Nation (Reserve) Lands:

- ◆ Non-Nation Citizens have been overhunting and, in some cases poaching has been reported on Nation Lands.
- ◆ The increase in the number of new homes throughout the reserve has cause great safety concerns.
- ◆ There has been situations where Non-Nation Citizens have been caught hunting on reserve without a Nation Citizen present and stated they were given permission under the Trespass Law, as only Chief and Council can approve Non-Nation Citizen onto Nation Lands for this purpose.
- ◆ Nation Lands have been set aside for the benefit of Nation Citizens, which is why Chief and Council taken this position that Non-Nation Citizens should not be to access Nation lands for hunting and harvesting.
- ◆ Chief and Council acknowledges that there are Non-Nation Citizens who do hunt, fish, and harvest to support a Nation household. In those situations, Chief and Council may be willing to grant an exemption to this motion, on a case-by0case basis. However, any interested parties must request this with the Nation and be given written authorization by the Nation before using Nation Lands to hunt, fish or harvest.
- ◆ **ENFORCEMENT:** Tosguna have been directed to issue charges under the Trespass Act and Criminal Code to all Non-Nation Citizens who are suspected of hunting, fishing or havesting on Nation Lands without proper authorization from Chief and Council.
- ◆ **EXEMPTION REQUEST:** Appointment can me made in writing through the Office of the Nations CEO:

Jerry Simon, Chief Executive Officer @402-281-4455 or jerry.simon@tsuutina.com
- ◆ **LAND USE UPDATE:** Regulations and Policies are currently being developed for Land Use and Zoning and further information will follow.
- ◆ **FEEDBACK/INQUIRIES:** Any Nation Citizens who have a feedback or concern can contact:

Tanis One Spot, ED of Lands Administration @403-281-4455 or tonespot@tsuutina.com

ELDERS MEETING

WHEN:

EVERY WEDNESDAY

11am-1pm

WHERE:

ELDERS LOUNGE

CHIEF JOSEPH BUILDING

Weekly Informal Meeting

With Taza Development—Randy Dodginghorse

Tsuut'ina Relations Manager

LUNCH TO BE SERVED

Elders Program Assistant 403-281-4455 Ext. 102



TSUUT'INA DROP IN

@ 7 Chiefs
Sportsplex

COURT 1



MONDAY - Volleyball/Basketball
Drop in 4:00PM - 8:00PM

TUESDAY - Open Gym 4:00PM -
8:00PM

WEDNESDAY - YOUTH NIGHT
AGES 8-17 4:00PM - 8:00PM

THURSDAY - Basketball Drop In
Ages 14 & under 4-6pm
Ages 15 & up 6-8pm

FOR MORE INFORMATION CONTACT RECREATION
@ 587-435-9290



7 CHIEFS CHAMPIONS: ATHLETE DEVELOPMENT PATHWAY

Quarterly Camp



FEB 15-16, 2025



9 AM - 4 PM



**7 CHIEFS SPORTSPLEX
19 BULLHEAD ROAD,
TSUUT'INA NATION, ALBERTA**

WHAT IS THE QUARTERLY CAMP?

7CChampions invites all indigenous athletes to join us for a weekend of athlete & sport development. Take advantage of a room full of experts to grow and enhance your athletic experience.

WHAT'S INCLUDED?

- ✓ Cultural Celebration
- ✓ Nutrition Education
- ✓ Mental Wellness and Performance
- ✓ Strength & Conditioning – Canadian Sport Institute
- ✓ Neuromuscular Training for Injury Prevention - University of Calgary
- ✓ Guest Speaker: Indigenous Sport Council of Alberta- what they offer, developing athletes, how to make Team Alberta 2027, Stories from previous NAIG events



SPORTS

- ARCHERY
- BADMINTON
- VOLLEYBALL
- GOLF

WHY THESE SPORTS?

Explore a variety of Sports that will be played at North American Indigenous Games 2027.

How can you qualify to be on Team AB?

How to prepare yourself for tryouts?

REGISTER QUICKLY

Includes all Sessions, T-shirt, breakfast, lunch, snacks, sport training x 2 days

Cost:

\$150.00

Capacity:

100 athletes

Groups:

9-12 years, 13-17 years, 18- 25 years

Scan the QR code or follow this [link](#) to register.



WWW.7CHIEFS.COM/7CCHAMPIONS | 7CCHAMPIONS@TSUUTINA.COM

19 BULLHEAD ROAD, TSUUT'INA NATION, AB, T3T 0A6



SEVEN CHIEFS SPORTSPLEX & CHIEF JIM STARLIGHT CENTRE



7 CHIEFS CHAMPIONS ATHLETE DEVELOPMENT PATHWAY POWERED BY 7 CHIEFS SPORTSPLEX PRESENTS

THE NDT PROJECT YOUTH CO-ED VOLLEYBALL CAMP



FEBRUARY 17, 2025 | 7 CHIEFS SPORTSPLEX
TsuuT'ina First Nation, AB

AGES 13 TO 15: 10:00AM - 1:00PM
Register here or Scan QR code below

AGES 16 TO 21: 2:00PM - 5:00PM
Register here or Scan QR code below

60 PARTICIPATES - 30 PER AGE GROUP

Scan here Ages 13-15

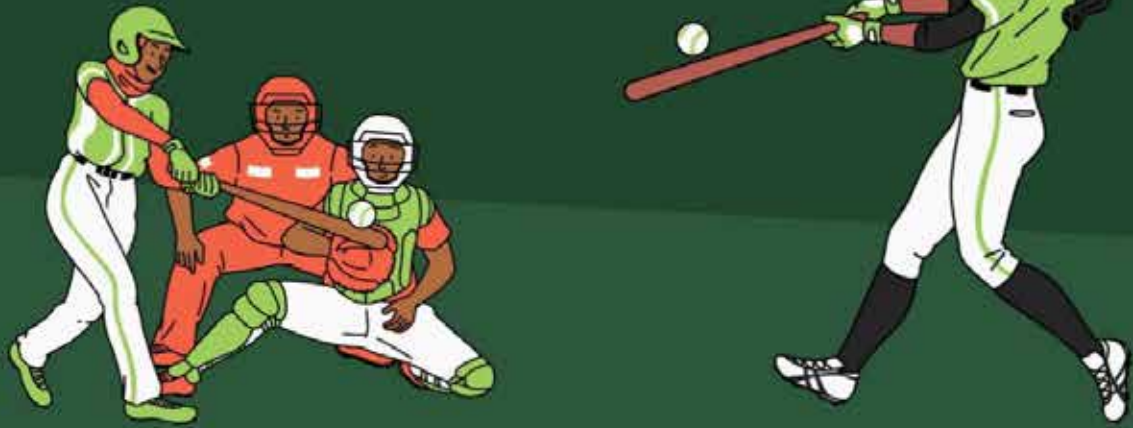
Scan here Ages 16-21





REGISTRATION OPEN FOR

CALGARY ROCKY MOUNTAIN LITTLE LEAGUE



TSUUT'INA RECREATION WILL BE
SUBSIDING A PORTION OF THE FEE!

CLICK THIS LINK TO REGISTER

[HTTPS://ROCKYMOUNTAINLITTLELEAGUE.SPORTNGIN.COM/REGISTER/FORM/887800973](https://rockymountainlittleleague.sportngin.com/register/form/887800973)



IF YOU HAVE ANY QUESTIONS PLEASE DONT
HESISATE TO CONTACT RECREATION STAFF

587-435-9291



TsuuT'ina AA Proudly Invites Al-Anon

Together we can accomplish what we cannot do alone

A weekly support group for family and caregivers of individuals struggling with substance misuse or recovery

Join others with similar experiences, share stories, and find helpful tools to cope and heal in a family oriented space

5:30pm-6:30pm

Al-Anon

7pm- 8pm

AA

Bullhead Hall

Wednesday

Evenings





Day Program

START DATE: JANUARY 27, 2025

SPIRIT HEALING LODGE

TOPICS:

- AA meetings (recovery plans)
- Anger awareness
- Healthy nutrition planning
- Healing relationships
- Well-briety
- Physical activity
- Mending broken hearts
- Land-based activities
- Equine assisted learning
- Community outings

Facilitator



Billie Dee Buffalo

Billie Dee Buffalo is from the Samson Cree Nation and Tsuut'ina Nation. She grew up with the rodeo and powwow lifestyle. Billie Dee has 4 children, she was raised in a traditional way off life taught by Arthur onspot and Todd Buffalo. Billie loves to help her people, fitting the role as the Tsuut'ina Health and Wellness Day Program Facilitator. She has her addictions education completed through Sun Dance college. Billie has a vision for the Day Program, it is to help the Tsuut'ina Nation Members heal and move forward to healthy positive lifestyle.

Kyle Young Pine (Agapi) is Niritapil (Blackfoot) from the Kainai First Nations Blood Tribe. Kyle is day program co-facilitator with Billie-Dee One Spot Buffalo. He is a Recovery coach, recovery advocate, educator, lululemon ambassador and father. Kyle enjoys skateboarding, encouraging youth to embrace their Indigenous roots and finds opportunities to bridge the gap between Indigenous and non-Indigenous communities. Kyle has been living a life of recovery for over a decade and jumps at all opportunities to spread awareness about overcoming addiction and trauma. Kyle believes the keys to success in sobriety is through culture, community and living an Indigenous life.

Facilitator



Kyle Youngpine



Contact: Billie Dee (403) 991-7821 Kyle (403) 477-4682

HOME SAFETY: BABY PROOFING

FEBRUARY 4TH
10:30-1:30PM @
TSUUT'INA HEALTH CENTRE

CONTACT KATHY TO REGISTER
403-462-9214



Diganádats'idinìdahi

EARLY YEARS HOME VISITOR PROGRAM



Prenatal Class Schedule

Thursdays from Jan 23, 2025-March 6, 2025

Week 1: Partners and Pregnancy

Week 2: Lactation Consultant

- Breast feeding and Other options

Week 3: Midwife Presentation

- Birth Choices, Labour Prep & Due Dates

Week 4: Midwife Presentation

- Early Labour, Active Labour, Delivery and Coping & Pain Management

Week 5: Midwife Presentation

- Your Postpartum Body, Postpartum Preparation and Normal Baby Behavior

Week 6: Nutrition

- Nutrition and Pregnancy

Week 7: NIHB, Immunization

- Routine childhood vaccines
- Coverage available through NIHB

Winter

2025

LOCATION: TSUUT'INA HEALTH CENTER

**TO REGISTER PLEASE CALL KAREN AT
403-251-7575**

ADDICTIONS AND MENTAL HEALTH TEAM



Diganádats'idinidali

WE PROVIDE THE FOLLOWING:

- AFTER HOURS SUPPORT
- SUPPORT WITH DETOX AND TREATMENT APPLICATIONS
- ONE-ON-ONE SUPPORT
- NAVIGATION OF OTHER RESOURCES AND SUPPORTS
- SUPPORT ALL AGES WHO REACH OUT FOR SUPPORT
- LOCATED AT THE SPIRIT HEALING LODGE

YOU ARE NOT ALONE IN YOUR JOURNEY, HELP IS AVAILABLE!

CONTACT OUR TEAM:



CATHY JARMAIN
 MENTAL HEALTH LIAISON
 587-834-1097
 CATHY.JARMAIN@TSUUTINA.COM

TJ POWDER
 ADDICTIONS COUNSELLOR
 403-827-2117
 TJ.POWDER@TSUUTINA.COM



TSUUT'INA EARLY INTERVENTION PROGRAM

BABY DIAPER & FORMULA ASSISTANCE PROGRAM

NATION CITIZENS

Median income
Gift card every 2 months

**NEWBORN TO
2 YEARS**

Quartley Assistance (Max 4 x per year)
Contact **Stephanie Manywounds**
(403) 437-7745





Food Safety Course

2 Day Certificate

Thursday February 13 & Friday February 14, 2025 from 9:00-4:00 at

Big Belly Middle School

There are 15 spots available for people that work in:

- Facilities
- Fundraising
- Pow Wow Venders
- Catering

For more information and to register please call Karen at the

Tsuut'ina Health Centre (403)251-7575 ☎



You're Invited!



ELDERS VALENTINE'S LUNCH

FEB | 12 | 11:30 AM

Join us for an afternoon of
laughter and good times.
We'll be celebrating love.

Location: Grey Eagle Resort

RSVP : 825 - 733 - 7185

LET'S CELEBRATE TOGETHER!



Dígnédat's'ídín'íáál

Valentine's Day Bags by Kase

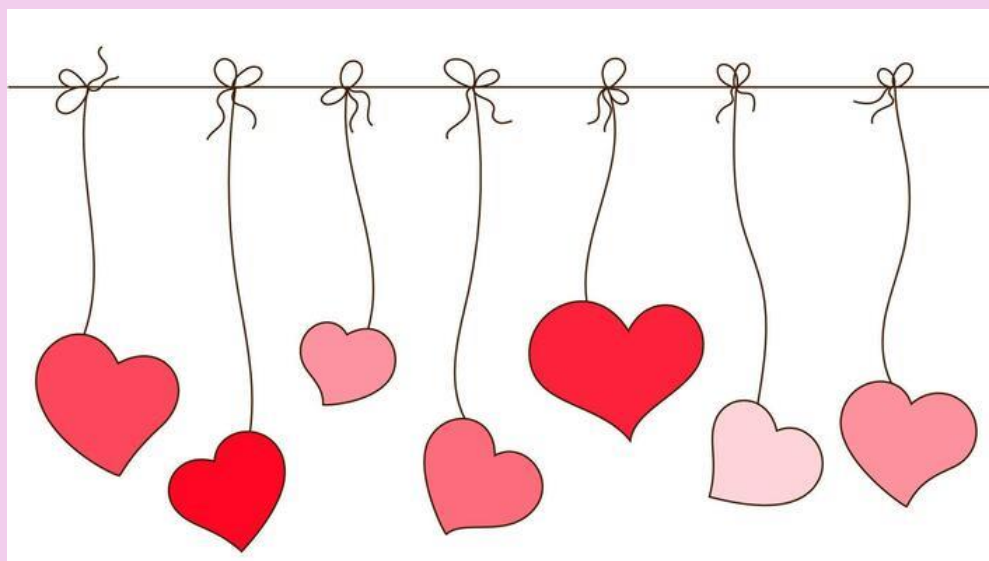
\$5.00

3 items, Chocolate & Candy

All bags will be delivered to Nation schools on

Wednesday, February 12, 2025

(Last day to order Sunday, February 9, 2025)





YOUTH LIFE SKILLS PROGRAM

ACTIVITIES: Land-based teachings, sharing circles, culture and language with topics of health, wellness, nutrition, physical exercise, budgeting, relationships, nutrition, plus off site activities.

Facilitators:

Jared McNabb and Alessandra Campagnolo

**YOUTH PROGRAM WILL HAVE A SIGN UP DAY
FEB. 1, 2025**

AGES 14-17 YRS. OLD

**START
DATE
FEB. 3RD**

GROUP CAPACITY: 10

SPIRIT HEALING LODGE

**FIRST
COME,
FIRST
SERVED**

**MONDAY 5:00-8:00PM
SAT. & SUN. 9:30AM-3:30PM**



CONTACT:

Jared McNabb (587) 839-0632
Alessandra Campagnolo (403) 477-5001

SBI and Business Link Present:

Entrepreneurship Training for Small Businesses

SUBJECTS WILL INCLUDE:

TAXATION | MARKET RESEARCH AND ANALYSIS | MARKET PLANNING | FINANCES

**THIS WILL BE A HYBRID TRAINING WITH 10 PEOPLE IN PERSON MAX
WITH UNLIMITED REGISTRANTS VIRTUALLY.
GIFT CARD INCENTIVE WILL BE PROVIDED FOR IN PERSON ATTENDEES ONLY.**

THE TRAINING WILL BEGIN ON
JANUARY 23, 2025, UNTIL FEBRUARY 13, 2025.
THURSDAY EVENINGS ONLY

PUBLIC WORKS BOARDROOM AT 48 BULLHEAD ROAD, TSUUT'INA, AB.
THE TIME WILL BE FROM **5 – 8PM**, SUPPER WILL BE PROVIDED.



TO REGISTER, CALL SBI AT 403.281.0754 EXT 120
OR EMAIL CAYLEM.SIMEON@TSUUTINA.COM



TSUUT'INA PUBLIC WORKS
48 BULLHEAD RD
TSUUT'INA, AB
T2W 6H6
PHONE: 403-281-0754

COMMUNITY NOTICE



Scheduled Furnace and Vent Cleaning

Dzinisi Guja Tsuut'ina Home Occupants,

We are now taking bookings for **furnace and vent cleaning** for homes in the Tsuut'ina Community, to ensure the safety and efficiency of your home's heating systems.

Booking for: the months of End of January till March 2025

Company: Hi Tek Furnace Cleaning

Preparation Required: Please ensure that the area around your furnace and vents is clear of any obstacles for easy access.

To book your furnace and vent cleaning contact Ryan Big Plume or Jaclyn Big Plume at (403) 281-0754 Ext. 102 and 110.

Thank you for your cooperation. This maintenance is an important step in ensuring the comfort and safety of your home.



TSUUT'INA PUBLIC WORKS



SERVICE & MAINTENANCE DEPARTMENT

ONLINE PORTAL WORK ORDER REQUEST

You can now make an online request for non-emergency housing repairs

Scan the QR code to reach the online portal or add the link provided below to your internet browser



<https://app.getmaintainx.com/request-portal/d935f886-8d70-4e63-89ff-8c017868ca47>

IŁŎ GUDAGAÃ-HÍ

****Casual Receptionist** REF#749**

Title: Casual Receptionist

Department: All Departments

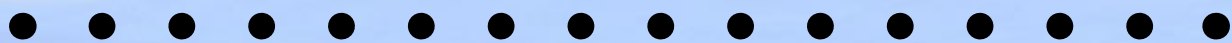
Reports to: Director of Human Resources

Designation: Temporary, On-Call

Vacancies: Multiple – Continuously Accepting Applications

Competition Opens: **January 1, 2025**

Competition Closes: **December 31, 2025 @ 11:59 PM MST**



****Graphic Design Specialist** REF#748**

Title: Graphic Design Specialist

Department: Tsuut'ina Communications

Reports to: Managing Editor

Designation: Full-Time

Competition Opens: **January 30, 2025**

Competition Closes: **February 12, 2025 @ 11:59 PM MST**

(No applications will be considered after this time)



****Multimedia Specialist** REF#747**

Title: Multimedia Specialist

Department: Tsuut'ina Communications

Reports to: Managing Editor

Designation: Full-Time

Review date: Three (3) Months After Start

Competition Opens: **January 30, 2025**

Competition Closes: **February 12, 2025 @ 11:59 PM MST**

(No applications will be considered after this time)

For more information visit <https://tsuutina.com/job-seekers/>

JOB POSTINGS

****Custodian** REF#746**

Title: Custodian

Department: Tsuut'ina Education – Chiila Elementary School

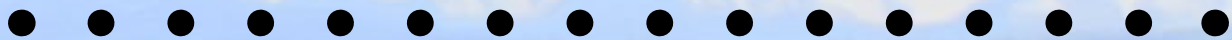
Reports to: Head Custodian, Principals

Designation: Full-Time

Competition Opens: **January 30, 2025**

Competition Closes: **February 12, 2025 @ 11:59 PM MST**

(No applications will be considered after this time)



Project Coordinator Assistant REF#725

Title: Project Coordinator Assistant

Department: Public Works – Commercial Buildings and Projects

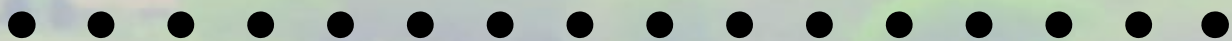
Reports to: Project Manager

Designation: Full-Time

Competition Opens: **February 4, 2025**

Competition Closes: **February 17, 2025 @ 11:59 PM MST**

(No applications will be considered after this time)



****Grade 5 Teacher** REF#742**

Title: Grade 5 Teacher

Department: Tsuut'ina Education – Chief Big Belly Middle School

Reports to: Principals, Director of Education

Designation: Maternity Leave Coverage

Competition Opens: **January 27, 2025**

Competition Closes: **February 31, 2025 @ 11:59 PM MST**

(No applications will be considered after this time)

For more Information visit <https://tsuutina.com/job-seekers/>

IŁŎ GUDAGAÂ-HĪ

Probation Officer

Tsuut'ina/ Stoney Corrections Society

Probation Officer (Full-Time) Correctional Services Worker II

PLEASE SUBMIT A RESUME WITH A COVER LETTER TO:

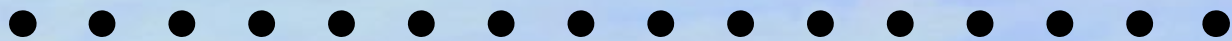
ATTN: Renee Whitney – Chairperson, Tsuu T'ina / Stoney Corrections Society – 595 Six Mile Coulee Road, Tsuu Tina, Alberta T3T-0C4.

Telephone: 403-238-5649 Fax: 403-238-5864.

Email: TTSCboardofdirectors@tsuutina.com

***RE-OPENED**

Closing Date: Friday – **February 14, 2025 at 5:00pm**



****Family Support Worker** REF#745**

Title: Family Support Worker

Department: Tsuut'ina Nation Child and Family Services Society

Reports to: Director, and Program Supervisor

Designation: Full-Time

Competition Opens: **January 29, 2025**

Competition Closes: **February 11, 2025 @ 11:59 PM MST**

(No applications will be considered after this time)

JOB POSTINGS

JOIN THE TEAM AT TAZA

Job Title: Tsuut'ina Engagement Liaison

Tsuut'ina Engagement Liaison

Location: Calgary, AB

Reports to: Director, Tsuut'ina Relations

To Apply: Please submit your resume and cover letter outlining your qualifications and experience.



For more Information visit
<https://tsuutina.com/job-seekers/>



NEVER MISS AN UPDATE

GET THE APP

The app uses state-of-the-art technology to notify Tsúutína Yiná of breaking news, documents, videos, and events instantly delivered via push notifications.

- ▶ **JOB OPENINGS**
- ▶ **SURVEYS**
- ▶ **EVENTS**
- ▶ **NEWS**



CONTACT INFO

Tsuut'ina Nation Administration:

**Chief Joseph Big Plume Building
9911 Chiila Boulevard, Tsuut'ina
Nation, AB T3T0E1
403-281-4455**

**EMERGENCY CONTACT NUMBERS
If there is an Emergency please call 9-1-1**

For Non Emergency inquiries please contact the following
Tsuut'ina Nation Departments listed:

Tosguna Non Emergency Line | 403-271-3777

Tsuut'ina Nation Fire Department | 403-251-9335

Covid-19 Testing Line Hours 8AM-4PM | 403-258-4830
or 811 for 24 hours service

Public Works 24hr Emergency Housing Line | 587-227-8772

Outreach/Wrap-Around Helpline | 403-819-6602

Director of Emergency Management | 403-589-0083

Tsuut'ina Nation Roads Department | 403-251-3015

We would like to announce

GERALD IÏDITS'I-HÀ BIG PLUME-SLADE



As the 2025

New Years Zāās (baby)!

● **A New Year Baby Announcement!**

● On January 1st 2025, Tsúut'ínà's New Years baby
● was born at Calgary South Health Campus, at 12:15 pm
● and weighed 8 lbs 4 oz, and 21 inches. According to the
● Tsuut'ina Health Centre, Gerald ìidits'ì-hà (Prosper) Big
● Plume-Slade is recognized as Tsúut'ínà New Year's Baby
● for the year 2025.

● The proud parents of this year's New Year baby are
● Cree Big Plume and Gerald Slade. Congratulations to the
● Big Plume-Slade ninajuna!

● We would like to wish all the New Year's Beta babies
● and growing families a prosperous new year filled with
● love, guja health, joy, and success!

● The Big Plume-Slade family extends a huge sīyísgáàs
● to the Tsúut'ínà Health Centre, South Calgary doctor's
● and nursing team for the delivery, expertise, compassion,
● and unwavering presence made all the difference in
● welcoming our precious baby safely into the world.

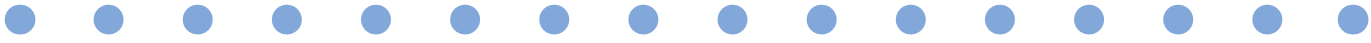
● Sīyísgáàs to the Tsúut'ínà Gunáhà Nás?ághà and
● Gunáhà /Knowledge Keepers for helping to choose a
● name and translate our baby boy's name. It's with sincere
● gratitude that we appreciate our friends, family, and the
● Nations support, kindness and warm welcoming to baby
● Gerald ìidits'ì-hà. We wish many blessings and sending
● our love to everyone this new year!

DÀ-HÍ WANTS YOUR STORY

WE ARE ENCOURAGING NATION AND LOCAL COMMUNITY MEMBERS TO TELL THEIR STORIES!
WE AT DA-HI ARE RESERVING SPACE IN OUR NEWSLETTER TO HIGHLIGHT THE COMMUNITY CREATIVES, SMALL BUSINESS OWNERS, ARTISANS, ELDERS, STORY TELLERS, ATHLETES, OUTSTANDING PERFORMANCES AND MORE!

Please send all submissions to
submissions@tsutina.com





SUBMIT WHAT YOU WANT TO SEE



DÀ-HÍ

MARCH

CALLOUT

BABYS
EVENTS
BIRTHDAYS
MILESTONES
MEMORIES
STORIES
AND
MORE



SUBMISSIONS@TSUUTINA.COM

