

TSUUT'INA HEALTH & WELLNESS SERVICES

Day Program

Monday to Thursday 9:00 am to 3:00 pm

Friday 9:00 am to 12:00 pm

Tsuut'ina Health and Wellness Services' Day Program practices from a culturally rooted, trauma-informed, and holistic approach to address the physical, mental, emotional, and spiritual well-being of individuals, supporting them in their recovery and healing journeys.

Equine Assisted Learning, Land-Based and Cultural Teachings, Well-briety, Matrix, Understanding Childhood Trauma and More with a Focus of Substance Misuse and Overall Wellness.

**For more Information, please contact
Billie Dee Buffalo at (587) 832-0631 or by email
billiedee.buffalo@tsuutina.com**



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