



# MEASLES

ITS MORE DANGEROUS THAN YOU THINK



Measles is especially dangerous for babies and young children

## Measles Symptoms Include:



Fever  
(38°C or higher)



Cough



Runny nose



Red, watery eyes



Rash  
(appears 3-7 days after other symptoms begin)

## Why is Measles Dangerous?

Measles is highly contagious and can cause severe issues such as pneumonia, swelling of the brain (encephalitis), and death



Pneumonia occurs in **1 out of 10 cases** and it is one of the most common causes of death for children under 5



Swelling of the brain occurs in **1 out of 1000** cases which can result in brain damage



Death occurs in **1-10 out of every 10 000** cases

## Long Term Complications

A very rare but deadly disease called subacute sclerosing panencephalitis can occur 7 years after recovery from measles. symptoms include seizures, and mental deterioration

## How to be Protected!

Immunization is the best way to protect against Measles and full protection requires two doses of the Measles vaccine



To check immunization status and/or to book an appointment to get vaccinated, please call Liz Waker or Karen DodgingHorse during Health Centre hours

403 251-7575