



WELLNESS STRATEGIES WORKSHOP

8 AM – 4PM

Grey Eagle Hotel

**Breakfast &
Lunch provided**

OCTOBER 8TH, 2025

Wellness strategies to address fatigue, burnout, stress,
while also providing wellness strategies to take care of
ones overall wellbeing

Incentives Provided

**Ages:
18+**

**To register or for more info please call
(403) 464-3190**