



4 SEASONS

W O M E N ' S G R O U P

**SPIRIT HEALING LODGE EVERY TUESDAY
5PM TO 8PM**

ACTIVITIES INCLUDE:

- ARTS & CRAFTS
- SEWING REGALIA
- YOGA
- GUEST SPEAKER
- MOCCASIN MAKING
- DINNER



**EMAIL ONLY : HEATHER.MEGUINIS@TSUUTINA.COM TO REGISTER
MAX 15 PARTICIPANTS**

