

Fall Prenatal Class
Your Pregnant Self
Tuesday Oct 14, 2025
1:00- 3:00 pm

Please come out and
learn about Birth
Choices, Labour
Preparation and
Due Date

Tsuut'ina Health Centre
72 Bullhead Road
Call Kathy to register
403 251-7575



Embrace the journey,
one moment at a time.
Your strength and love
are creating a life full
of possibilities.

