

**Fall Prenatal Class - Session 4**  
**Tsuut'ina Health Centre**  
**72 Bullhead Road**  
**October 28, 2025**  
**1:00-300 pm**

**Your Postpartum Body**  
**Postpartum Preparation**  
**Normal Baby Behavior & Feeding**

Contact Kathy to Register  
403 251-7575

Embrace the journey from pregnancy to postpartum; each phase is a testament to your strength and love.

