



Diganádàts'idinìdałı

Tsuut'ina Health & Wellness
Services is now offering
Grief Counselling Sessions
starting March 17th, 2026, with
Lucia Onyeakazi RCC.



Lucia Onyeakazi is a Registered Clinical Counsellor (RCC) and Canadian Certified Counsellor (CCC) with over eight years of experience supporting individuals and communities through grief, loss, trauma, and life transitions. Since 2018, she has worked alongside Indigenous communities in healing and treatment settings, where she has facilitated process groups and delivered workshops on grief and loss and suicide prevention.

Her work is grounded in a trauma-informed and culturally respectful approach, with a strong focus on creating safe, supportive spaces for people to share their stories and move through grief at their own pace. In addition to individual counselling, she has extensive experience facilitating groups and community-based workshops focused on resilience and emotional wellbeing.

Trained in several therapeutic modalities, including EMDR, Lucia brings both clinical skill and deep respect for community context to her practice.

To book an appointment, please contact Lucia via email or telephone.

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