

Labour Process

**WINTER PRENATAL
CLASS - SESSION 3
TUESDAY FEBRUARY 10,
2026
1:00 PM - 3:00 PM**

**Come out and learn about:
Early Labour
Active Labour
Delivery
Coping & Pain Management**

**TSUU T'INA HEALTH CENTRE
72 BULLHEAD ROAD**

**CALL KATHY TO REGISTER
403 251-7575**

