



TSUUT'INA HEALTH AND WELLNESS SERVICES



PHONE: 403.251.7575. FAX: 403.251.1627 72 BULLHEAD RD TSUUT'INA, AB T3T 0A6

MEMORANDUM

Date: February 17, 2026

To: All Departments

From: Tsuut'ina Health & Wellness Services

CC: Andrew Jr Onespot, Senior Operations Officer

RE: Wellness & Outreach Teams away for Professional Development

Diyí dzínisà Gújá Nágúdīgòy(Good morning),

The Wellness and Outreach Teams will be away for the week of February 17th to the 20th, 2026 for professional development. All client related requests can be sent to Colleen Horseman who is the Client Navigator. Colleen Horseman can be contacted via email at colleen.horseman@tsuutina.com or via phone at (403) 607-6397. All other program requests in which the Wellness Team oversees, will resume the week of February 23rd, 2026.

Siyisgaas (thank you),

Lacy Runner

Lacy Runner, MC, CCC, CFNHM

Director of Tsuut'ina Health & Wellness Services