



Frequently Asked Questions – Tsuut’ina Health & Wellness

Eligible Tsuut’ina families and individuals get free access to Southland Leisure Centre from **March 23 to April 12** during regular hours.

Show a **valid Tsuut’ina Status Card or a letter from the Membership Department with photo ID** at the front desk.

Without these, regular admission fees apply.

Spring Break:

- Expect larger crowds and longer wait times; some areas like the pool may reach capacity.

Facility Limitations:

- Hot tub, steam room, kiddie pool, are closed due to water restrictions and the blue slide is unavailable due to maintenance.

Family Admission:

- A family pass covers everyone who lives at the same address, with *a maximum of two adults included*.

Activities:

- Access all available drop-in activities. Wristbands allow re-entry throughout the day.

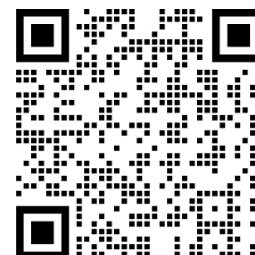
Pool Rules:

- Children under 8 must stay within arm’s reach of an adult (max. 3 children under 8 per adult).
- Children under 3 need a swim diaper with plastic cover (available at front desk for purchase).
- Bring your own swimwear and towels.
- To use the lockers, you’ll need a \$0.25 coin; all belongings, including shoes, must be securely locked for safekeeping.

Advance Registration:

- Some activities (fitness classes, rock climbing, gymnastics) require free online pre-registration

Scan here for current hours and closures



Scan here to reserve a spot in a drop-in fitness class, or for drop-in climbing or gymnastics

