



MEASLES

ITS MORE DANGEROUS THAN YOU THINK

Measles is especially dangerous for babies and young children

Measles Symptoms Include:

Fever
(38°C or higher)

Cough

Runny nose

Red, watery eyes

Rash
(appears 3-7 days after other symptoms begin)

Why is Measles Dangerous?

Measles is highly contagious and can cause severe issues such as pneumonia, swelling of the brain (encephalitis), and death

Pneumonia occurs in **1 out of 10 cases** and it is one of the most common causes of death for children under 5

Swelling of the brain occurs in **1 out of 1000 cases** which can result in brain damage

Death occurs in **1-10 out of every 10 000 cases**

Long Term Complications

A very rare but deadly disease called subacute sclerosing panencephalitis can occur 7 years after recovery from measles. symptoms include seizures, and mental deterioration

How to be Protected!

Immunization is the best way to prevent yourself from getting Measles and this requires two doses of the Measles vaccine



To check immunization status and/or to book an appointment to get vaccinated, please call the Health Centre

403 251-7575