

MDÀHÍ



MOCCASIN TELEGRAPH

⇄ Horses Introduced to Tsuut'ina ⇄



When the horse was introduced to the Tsuut'ina we became a part of the plains horse culture and very excellent horsemen. The horse changed the economy and lifestyle of the Tsuut'ina. The packing capacity of the horse was far greater than that of the dog. We were able to travel farther and faster than we could on foot. The shape of the teepees

changed. Rather than the short wide teepees they became taller and wider. There was more room in the teepees. The harsh nomadic existence changed to a semi-stationary way of life. There was more time for other pursuits like those tribes that had lived in one place for long periods of time. When the nomadic way came to an end with the reservation

system, the Tsuut'ina were introduced to rodeo. They quickly adapted and began to participate. The Tsuut'ina had many great cowboys from each family winning prizes off and on. Most of the elders today competed in the Calgary Stampede at one time or another. The horse was our only recreation, there were no sport facilities of any kind. We rode horses all the time as we grew up. I always credit the Calgary Stampede for saving the Tsuut'ina culture. Many of our spiritual leaders died in the Spanish Flu of 1918. There was a lot of traditional activity before the flu. Our culture always required a number of people to conduct any ceremony to help or bear witness to the ceremony. Unlike other tribes in Treaty 7, we tried to maintain what we had left. There were a few of the 120 people left to continue the culture. The Calgary Stampede encouraged the production of beadwork that you see today. You can compare the teepee displays that are exhibited on a daily basis at the Stampede and compare them to any museum display. The teepee displays are a legacy to all the teepee owners since 1912. Right after the Calgary Stampede was the Banff Indian Days. Banff Indian Days, like the Calgary Stampede, encouraged cultural activity. It was one of the First Nation venues that gave rise to other First Nations to start their own Indian Days and Pow-Wow. At the beginning the powwow was to visit and make new friends. Competition was a very small part of the celebrations. Now it has been commercialized and used as a business and it brought an end the traditional powwow. *Story told by Bruce Starlight, Tsuut'ina Language Commission.*

CEO OFFICE



TSÚŪT'ÍNÀ NÁNĪSCHŪSH-NÁ TSUUT'INA NATION EMERGENCY MANAGEMENT

(403) 251-9335
9911 CHIILA BLVD.,
TSUUT'INA, AB
T3T 0E1



TSUUT'INA NATION COVID-19 MANAGEMENT UPDATE FOR JANUARY 22, 2021

Dzinisi guja Tsuut'ina citizens,

Please be informed that I, Regena Crowchild, have been assigned to work with the Emergency Management Team in providing information on COVID-19 to Tsuut'ina and, in particular, our Elders. Many of the Elders do not have contact information such as emails and phone numbers. I am trying to find the best way to ensure they still receive updates in the safest way possible. I will be providing video updates through Communication channels as required.

Over the last weeks we have seen an increase of people infected by Covid. The EMR team provides up to day reports on the case numbers. In total, we have had 82 cases on the Nation; the majority of which have been transmitted through home visits and gatherings. The safety measures that are required are still: masking, social distancing, frequent sanitizing, and hand washing. By taking these measures, we hope to see the number of cases come down.

At this time, only individuals who are providing medical support, or home maintenance and supports, are allowed to enter other homes. Those who live alone may also have two individuals from outside the home that they can see; these two people must always remain the same. If you are aware of people actively breaking health guidelines, such as having gatherings inside homes, please contact Tosguna at **403.251 9660** for assistance. These gatherings are currently illegal, and fines will be issued to those breaking distancing measures.

Current restrictions now allow for outdoor gatherings of up to 10 people, as long as masking, social distancing, hand sanitizing and washing of hands are done frequently.

All Covid-19 vaccines coming into Canada are purchased through the Federal Government and distributed through Provincial Health Agencies. Unfortunately, a decrease in production has impacted Canada's vaccine supply, and roll out in communities across Alberta has thus been delayed. Chief and Council continue to advocate for support and vaccination for the Tsuut'ina peoples and will continue to do so until vaccines are made readily available.

Phase 1b, of vaccinations includes any Tsuut'ina Elder 65 years of age and older. Health services has been calling those who are eligible to ensure they are interested in receiving the vaccine when it becomes available.

CEO OFFICE



TSÚŪT'INÀ NÁNĪSCHŪSH-NÁ TSUUT'INA NATION EMERGENCY MANAGEMENT

(403) 954-9336
3944 CHILLA BLVD.,
TSUUT'INA, AB
T3T 0E1



Please talk to your doctor first if:

- You have had serious allergic reactions to vaccines in the past, such as anaphylaxis;
- If you are on blood thinning therapies, or if you have bleeding disorders like taking blood thinner medications;
- If your immune system is compromised due to illness or medications; or
- If you have autoimmune disorders like type 1 diabetes.

Your doctor will go over potential risks of the vaccine to ensure that you are informed.

Once the vaccine becomes available the Health Centre will begin booking appointments for those receiving the COVID-19 vaccine, as well as providing further information on the specific vaccine that will be in use.

I want to stress if you have any symptoms of the virus, or are waiting for test results, please stay home until you receive results, and please refrain from visiting, especially the Elders, because they are vulnerable. The best way to prevent spreading the virus is to stay home, unless absolutely necessary to get essentials, such as grocery shopping. As Tsuut'inas, it is in our nature to provide care packages and groceries for the Elders and those isolating. When you do this please just put the care package or groceries at the door without contact.

The Tsuut'ina Nation offices will remain closed with the exception of essential workers until mid-February. Further updates will be provided as circumstances evolve.

Thank you for your ongoing support in the fight against COVID-19. We are all responsible for the health of our peoples.

Siyisgààs,

Regena Crowchild
(403) 998-9786
Tsuut'ina Nation Emergency Management Team



CEO OFFICE



TSÚŪT'ÍNÀ NÁNĪSCHŪSH-NÁ TSUUT'INA NATION EMERGENCY MANAGEMENT

(403) 251-9335
9911 CHIILA BLVD.,
TSUUT'INA NATION, AB
T3T 0E1



JANUARY 22, 2021

PUBLIC HEALTH NOTICE

ALL TSUUT'INA EMPLOYEES

We would like to remind all Nation Employees it is up to all of us to prevent COVID outbreaks and keep our workspaces safe. Current work from home orders are still in effect until **Feb, 29, 2021**. However we have still seen outbreaks in work spaces and many outbreaks from house to house visits.

It is still illegal to be in someone else's home unless you are there for medical supports or home maintenance and supports. The majority of Cases both on and off Nation are from people visiting friends and family.

- Any un-necessary travel especially to areas of high infection are also banned.
- If you are caught in violation of the current health laws, you may face fines up to and exceeding \$1200.
- Please for the safety of family and co-workers do not have visitors into your home or visit others homes.
- It is dangerous and selfish and can lead to entire departments being infected.
- The second cause of transmission is very common from co-worker to co-worker.
- It is easy to get comfortable or have a false sense of security around our co-workers. It is imperative all staff follow masking, distancing, handwashing and cleaning guidelines at all times.
- Please keep masks on at all times unless seated alone in a room to eat.
- Staff should clean their immediate work space at least 3 times per day.
- Janitorial staff should be cleaning daily and sanitizing all high touch surfaces at minimum 3 times per day.

For questions to the Emergency Management Team
Director of Emergency Management – Tim Minue – tim.minue@tsuutina.com
Deputy Director Emergency Management – Joel Fischer – joel.fischer@tsuutina.com

Tsuut'ina Nation, Tsuut'ina Health Centre & EMRT



CEO OFFICE



TSÚŪT'ÍNÀ NÁNĪSCHŪSH-NÁ TSUUT'INA NATION EMERGENCY MANAGEMENT

(403) 251-9335
9911 CHIILA BLVD.,
TSUUT'INA, AB
T3T 0E1



ACTIVE POSITIVE COVID-19 CASES ON TSUUT'INA NATION

16 CASES

Date: January 25th, 2021

**POSITIVE
COVID-19 CASES:**

16

TESTS TO DATE:

3513

**PENDING TESTS
(RESULTS 5-6 DAYS):**

23

**NEGATIVE TESTS
TO DATE:**

3438

**RECOVERED
COVID-19 CASES:**

64

DEATHS:

1

TTN HEALTH CENTRE:
COVID-19 Testing is open to
all Nation Citizens and can
be booked through the direct
line and by appointment at
403-258-4830

**TTN HELP LINE
403-829-4574
HEALTHY LIVING SUPPORT LINE:
403.819.6609**

Mental Health Help Line(24/7) at 1-877-303-2642

Addiction Help Line(24/7) at 1-866-332-2322

24 Hr Family Violence Information Line at 310-1818

Sexual Violence Line(9AM-9PM) at 1-866-403-800

SAFETY GUIDELINES

All indoor and outdoor social gatherings
– public and private – are prohibited

- Close contacts are limited to household members only
- People who live alone can have up to 2 close contacts:
 - must be the same two contacts throughout the duration of the restriction
 - if the close contacts do not live alone, visits cannot be held at their home
 - single parents who only live with their children under 18 are permitted to have up to 2 close contacts

This does not apply to:

- co-parenting arrangements
- service visits from caregivers, health or childcare providers
- home maintenance and repairs
- mutual support group meetings

GATHERING RESTRICTIONS

- Maximum of 10 people for wedding ceremonies or funeral services and must be held in a public place
- This includes the officiant, bride/groom and witnesses
- This does not include staff or organizers who are not considered an invited guest
- This applies to any facility, including places of worship and funeral homes.
- This includes services held indoors or outdoors, seated or non-seated.
- Receptions are not permitted
- This measure will help limit exposure, reduce outbreaks and protect vulnerable attendees.

EMERGENCY MANAGEMENT COVID-19 UPDATE DATE: JANUARY 25TH, 2021

HUMAN RESOURCES



TSÚŪT'ÍNÀ NÀGŪT'ĪN-NÁ ŌGHÀYĪNÓ-NÁ TSUUT'INA NATION HUMAN RESOURCES

403-238-8107
9911 CHIILA BLVD.,
TSUUT'INA NATION, AB
T3T 0E1

INTEROFFICE MEMORANDUM

To: All Staff

From: Christine Onespot – Benefits Coordinator

CC: Jerry Simon - Chief Executive Officer, Leslie Wells-Starlight - Assistant Chief Executive Officer
Vincent Andrew - Executive Director of Finance, Tsuut'ina Payroll Department

Date: January 21, 2021

RE: **Manulife Rate Changes**

Manulife has implemented Rate Changes due to the renewal of the overall Nation Policy. Please be advised Manulife Rate changes will take effect immediately. You may notice a change to your Manulife deduction on your next pay stub.

If you have any questions or concerns please contact me at benefits@tsuutina.com.

Siyisgaas,

Christine Onespot
Benefits Coordinator



GOVERNANCE AND ADMINISTRATION

◀ TSUUT'INA NATION ▶

COMMUNITY CENSUS

WHAT IS IT?


- A method to collect information on people, households, work, education and more.

HOW DO YOU HELP?

- Fill out Census Form one per household

WHERE DO I GET THE FORM?

Forms will be mailed out to households the month of January or you may call or email the Census Collector to request a form.



COMPREHENSIVE COMMUNITY PLAN

WHY?

To provide the Nation with numbers ie:

- Statistics on Our population so the Federal Government will provide accurate funding
- How many houses we still need to build
- Do we need more doctors at the health centre

GOAL!!!

90% Completion!!

WE CAN DO THIS TSUUT'INA



Census Collector

Kristol Manywounds
Phone: 403-921-2962
Email: ttncensus@tsuutina.com

HOW TO RETURN FORMS

Mail with envelope provided Pick up by Phone or Email Request

*****ALL INFORMATION COLLECTED IS PRIVATE AND CONFIDENTIAL*****
*****THE CENSUS COLLECTS NUMBERS NOT NAMES.*****

ELDER'S PROGRAM

ELDERS PROGRAM

HELP FOR ELDERS

INTERNET FOR ELDERS:

https://www.telus.com/en/about/seniors/application?link-type=search_result&linkpos=

SENIORS FINANCIAL ASSISTANCE:

<https://www.alberta.ca/seniors-financial-assistance.aspx>

NON-INSURED HEALTH BENEFITS FOR OUR ELDERS:

<https://www.sac-isc.gc.ca/eng/1572537161086/1572537234517>

Telus Mobility for Seniors: Mobility for Good- Seniors

ELDER'S PROGRAM



TSUU T'INA NATION

Elders Program

9911 Chijla Blvd. Tsuut'ina(Sarcee) AB. T3T 0B7

TELEPHONE: (403) 281-4455 FAX: (403) 251-9833

Notice to Elders :

Supply Pick-Up Monday, February 1st
9am to 3pm

Drive up the ramp to the Band Office doors to receive your complimentary hand sanitizer and box of masks. One box per household.

Contact Michelle Jacobs for your supplies:

403.969.1038

Siyisgaas!

PROGRAMS



YOUNG TSUUT'INA GROUP *Crafts and Culture* *Teachings*

Every Friday in January!

**Workshop will be on Zoom
and is limited to 20
participants each week!**



To register please text Megan Two Guns @
403-466-5483 from 9am to 5:30pm

PROGRAMS

JOIN US FOR AN ONLINE ZOOM

MOVIE NIGHT

HOSTED BY THE TSUUT'INA YOUTH PROGRAM

Every Tuesday!

Contact us through our
Facebook page to join

ALL YOUTH AND COMMUNITY
MEMBERS ARE WELCOME TO JOIN

MOVIE WILL BE STREAMED THROUGH
THE ZOOM APP



Made with PosterMyWall.com

PROGRAMS

ACHIEVE YOUR FITNESS GOALS ONLINE.

ZOOM GROUP FITNESS CLASSES

FOLLOW "7 CHIEFS FITNESS CENTRE" PAGE ON FACEBOOK FOR DETAILS ON HOW TO JOIN



MONDAY @ 5:30PM

30 MIN YOGA

WITH INSTRUCTOR ALYCIA

TUESDAY @ 12PM

BOOTCAMP

WITH INSTRUCTOR: PATRICK

WEDNESDAY @ 6PM

BARRE

WITH INSTRUCTOR: YAHAIRA

THURSDAY @ 12PM

BOOTCAMP

WITH INSTRUCTORS: DAISY/HALLE

FRIDAY @ 5PM

GUMISITIY STRENGTH & CONDITIONING

WITH INSTRUCTOR: CATHY

SOCIAL WELLBEING

Guja Food Market

Fresh produce provided by Fresh Routes' Mobile Food Market!

For an affordable, safe shopping experience we are selling pre-assembled food bags supplied by Fresh Routes Market.

Retail Value: \$45

Fresh Routes price: \$20

Example Food Bag:



Eggs x 1	Potatoes x 1 Bag
Apples x 5	Carrots x 1 Bag
Pears x 5	Garlic x 1 Pack
Bananas x 6	Lettuce x 1 Pack
Navel Oranges x 2	Cucumbers x 2
Grapes x 1	Avocadoes x 2
Lemon x 1	Zucchini x 1

Pick-up is at the Bullhead Community Hall.

Date: Every Wednesday

Time: 2:00PM-4:30PM or until sold out.

Cash, Debit or Credit Accepted

* This will be a drive-thru format (the bags are preassembled)



* Limited number of bags

fresh routes



SOCIAL WELLBEING

In stock @ the Guja Fresh Routes Food Market!

EVERY WEDNESDAY 2:00-4:30PM @BULLHEAD HALL

you will be able to buy the following NEW food baskets

(Along with the existing Produce bag \$20):

Meal Basket: \$10

- Spaghetti 900g
- Beans in Tomato Sauce 398ml
- Tomato Sauce 680ml
- Diced Tomatoes 796ml
- Canned Salmon 213g
- Beef Broth 900ml
- Pure Olive Oil 740ml

Baking Basket: \$15

- Quaker Oat Flakes 1kg
- Baking Powder 340g
- Canola Oil 940ml
- White Flour 2.5kg
- Whole Wheat Flour 2.5kg
- Milk Powder

Cauliflower Cheddar Soup

Ingredients

- 2 onions, chopped
- 4 garlic cloves, minced
- 3 Tbsp butter
- 1/2 tsp red pepper flakes
- 6 cups water or broth
- 1 head of cauliflower, chopped into small pieces
- 1 medium potato, chopped
- 1/2 cup celery
- 1/2 cup carrots
- 2 cups sharp cheddar cheese, shredded
- 1/2 cup plain yogurt
- Salt and pepper to taste



Instructions

1. Melt butter in a large pot over medium heat. Add onion, garlic, red pepper flakes, salt and pepper. Cook until softened, about 8-10 minutes, stirring occasionally.
2. Add in cauliflower, potato, celery and carrots. Pour in water (or broth). Cover and cook until vegetables are tender, about 20-25 minutes.
3. Puree soup to the desired consistency, add cheese and yogurt; stir until smooth. Enjoy.

HEALTHY LIVING

HELP IS HERE
FOR YOU

TSUUT'INA HELP LINE

403.819.6602

24-hour support

Visit alberta.ca/mentalhealth to find resources



HEALTHY LIVING

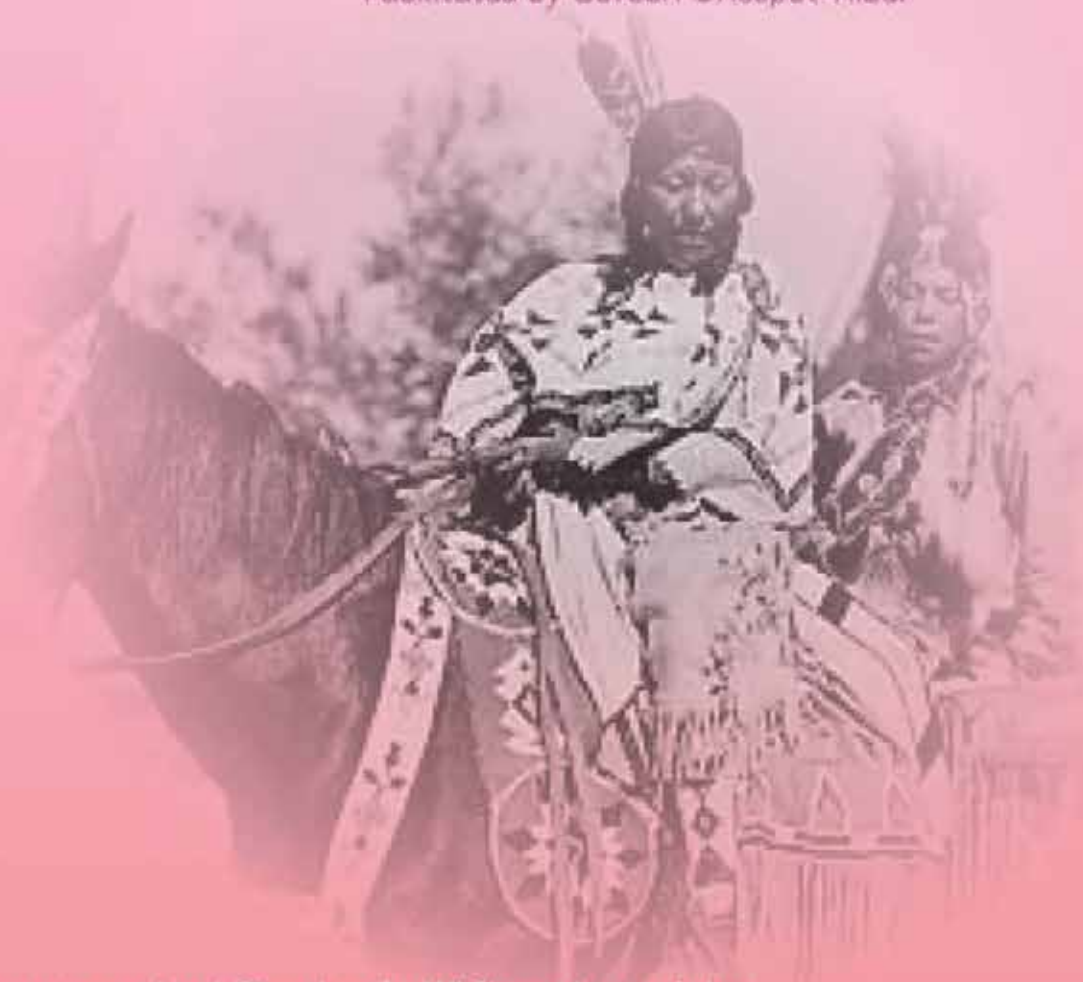


VIRTUAL WOMEN'S SUPPORT GROUP

Every Second Tuesday 7pm-8pm

A bi-weekly discussion group to bring our ladies together;
to find support within each other and
strengthen our community.

Facilitated by Coreen Onespot-Rider



Please contact Stephanie Whitney to register:
Stephanie.whitney@tsuutina.com
403-437-7745



HEALTHY LIVING

Healthy Living

What is Anxiety?

Anxiety is the body's natural response to stress, the body's reaction to fight or flight usually caused from worrying, fear and uncertainty of other thoughts perceived as threats. This often comes from things like; exams, presentations, relationships, (PTSD, OCD) Social anxiety or triggers.

What you can do to cope:

Seek professional help from a doctor, psychologist, a counselor or cognitive behavioural therapy to help manage anxiety. We encourage you to take advantage of what is out there to help you better manage your future.

Resources you can contact:

Alberta Health Services 24 hr: 1-866-332-2322

Kids Help Line: 1-800-668-6868

Suicide Help Line: 1-833-456-4566

Addictions Helpline in Calgary: 403-297-3071

Tsuut'ina 24 hr Help Line: 403-819-6602

Tsuut'ina Health Center for youth: 403- 251- 7575

Healthy Living: 403 251-2082



HEALTHY LIVING



**PRESENTED
BY ALBERTA
HEALTH SERVICES**

**NOON HOUR
WELLNESS WEDNESDAY
DISCUSSION FORUMS**

TOPICS

Liver Health
& Hepatitis

**JAN
20**

&

TBA

**JAN
26**

Contact **Helena Myllykoski** for Zoom link and more information

403.251.7575 ext. 135

helena.myllykoski@tsuutina.com

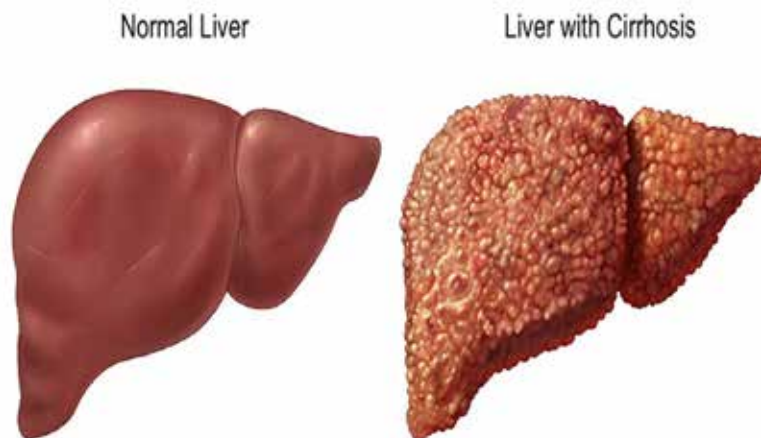
HEALTHY LIVING

Why is Liver Health Important?

The liver is the largest internal organ in your body, it's also a hard worker, in fact the liver does about 500 things. This includes filtering the blood coming from your digestive system to pull out and store vitamins and minerals, making proteins to help digest your food, proteins to help clot blood when you are injured, boost your immune system to help keep you healthy, changes medications into a usable form instead of just capsules and tablets and filters toxins like alcohol, drugs and chemicals we are exposed to in our work, home or environment.

What Can Mess Up My Liver?

Viruses like Hepatitis A, Hepatitis B, or Hepatitis C can cause damage and scarring or cirrhosis in your liver. Over use of alcohol and other substance use can also damage your liver. The tricky part of Hepatitis C is that it can infect your liver and hide there for 20 years without you even knowing you have been carrying it, but the whole time it is slowly damaging the liver tissue. Here is a picture of a healthy smooth liver compared to a cirrhotic liver showing how the scar tissue impacts the liver and makes it hard for it to do its important work for the body.



What Should I do?

You can ask your health care team to do a simple blood test to screen for Hepatitis C. And now you can access treatment from your own community without traveling to a specialist, and treatment to get your liver on the way to healing is 1-2 pills a day for 8-12 weeks.

Next month we will share more about Hepatitis C and how it impacts our lives.

ECHO+ Team Karen, Kate & Dr. Lee

EMPLOYMENT OPPORTUNITIES



TSUUT'INA NATION HUMAN RESOURCES DEPARTMENT

9911 Chilla Boulevard, Tsuut'ina Nation, AB T2W 6H6

Phone: 403-238-6107
Email: jobs@tsuutina.com

EMPLOYMENT OPPORTUNITY

*****PAYROLL CLERK*****

Department: Tsuut'ina Finance

Reports to: Payroll Supervisor

JOB DESCRIPTION

Reporting to the Payroll Supervisor or their designate, you will provide high quality, accurate, ethical and professional payroll services for all Tsuut'ina Nation departments. You will accurately process payroll information and efficiently administer third party source deductions. In addition, you will be expected to assist to the Finance Department in ad hoc requests.

DUTIES AND RESPONSIBILITIES:

- Collect, verify, and accurately enter timesheet hours into Xyntax Accounting software.
- Review and verify source documents for completeness and proper authorization.
- Collect, verify, and accurately enter third party payroll deductions.
- Accurately process weekly payroll by established deadlines.
- Issue statements of earnings and deductions.
- Investigate and correct payroll discrepancies in an accurate, efficient and professional manner.
- Use Xyntax software to extract and analyze various payroll reports as required.
- Respond to queries from employees, managers, Portfolio Liaison Officers, and Controllers regarding payroll related matters.
- Manage and maintain comprehensive payroll records and employee master files.
- Maintain orderly physical filing system and file documents on a daily basis.
- Take responsibility and ownership of all assigned tasks.
- Ensure compliance with Tsuut'ina Nation Human Resources Policies and Procedures Manual.

EMPLOYMENT OPPORTUNITIES

- Other ad hoc requests as assigned by the Payroll Supervisor, Director of Finance, or their delegate.

QUALIFICATIONS:

- High School Diploma or equivalent.
- Minimum two (2) years of experience in payroll processing.
- PCP or CPM Certification and/or training in Payroll administration is an asset.
- Comfortable with numbers, calculations and analyzing information.
- Ability to work in a fast-paced deadline driven environment while maintaining high attention to detail and accuracy.
- Ability to work well both with a team and independently with minimal supervision.
- Ability to communicate professionally in a customer service environment.
- Demonstrated proficiency in Microsoft Outlook, Excel, and Word.
- Excellent organization and time management skills.
- Experience with business communication.
- Working knowledge of Xyntax accounting software is considered an asset.
- Knowledge of Tsuut'ina Culture and Language is considered an asset.
- A valid Alberta driver's license and reliable transportation is required.
- Must be willing to complete a criminal record check.
- Must be prepared to abide by Tsuut'ina HR policy including drug testing.
- Must sign an Oath of Confidentiality.

NOTE:

Please note that this organization adheres to Sections 1 - 9 of the Aboriginal Employee Preference Policy for selection and displacement. Only those applicants selected for an interview will be contacted. The successful candidate will be under a probationary period at the commencement of his or her employment.

Competition Opens: January 6, 2021

Competition Closes: January 27, 2021

Please apply in writing, including a resume to:

Tsuut'ina Nation Human Resources Department
 9911 Chilla Boulevard, Tsuu T'ina, Alberta T2W 6H6
 Fax: (403) 238-6125
 Email: Jobs@tsuutina.com

EMPLOYMENT OPPORTUNITIES



TSUUT'INA NATION
HUMAN RESOURCES DEPARTMENT
9911 Chila Boulevard, Tsuut'ina Nation, AB T2W 6H6
Phone: 403-238-6129 Email: jobs@tsuutina.com

SEVEN CHIEFS SPORTSPLEX/CHIEF JIM STARLIGHT COMMUNITY CENTRE

TITLE: Janitor (Contract – Part-Time/On-Call)
DEPARTMENT: SEVEN CHIEFS SPORTSPLEX/CHIEF JIM STARLIGHT COMMUNITY CENTRE
REPORTS TO: BUILDING OPERATIONS MANAGER, S.C.S./C.J.S.C.C

JOB SUMMARY:

The Custodian/Maintenance is responsible for maintaining the building and grounds of the Seven Chief Sportsplex and Chief Jim Starlight Centre. The Custodian/Maintenance performs tasks relating to regular maintenance, janitorial services and grounds keeping ensure that building and facilities are maintained in a healthy, safe and sanitary manner.

DUTIES AND RESPONSIBILITIES:

- Clean building floors by sweeping, moping, scrubbing or vacuuming on a daily basis
- Gather and empty trash regularly
- Service, clean thoroughly, and regularly supply restrooms
- Clean and polish furniture and fixtures
- Clean windows, glass partitions, and mirrors using disinfectant/glass cleaners
- Dust furniture, walls, machines, and equipment
- Mix water and detergents or acids in containers to prepare cleaning solutions, according to specifications regularly
- Strip, seal, finish, and polish floors
- Follow procedures for the use of chemical cleaners and power equipment, in order to prevent damage to floors and fixtures
- Monitor building security and safety by performing such tasks as locking doors before operating hours, locking doors after operating hours, and checking electrical appliance use to ensure that hazards are not created
- Move heavy furniture, equipment, and supplies
- Mow and trim lawns and shrubbery, using mowers and hand and power trimmers, and clear debris from grounds
- Notify managers concerning the need for major repairs or additions to building operating systems
- Remove snow from sidewalks, driveways, and parking areas, using snowplows, snow blowers, and shovels

EMPLOYMENT OPPORTUNITIES

and spread snow melting chemicals

- Requisition supplies and equipment needed for cleaning and maintenance duties
- Set up, arrange, and remove decorations, tables, chairs, ladders, and scaffolding to prepare facilities for events such as banquets and meetings
- It is the responsibility of the Custodian/Maintenance worker to ensure that all cleaning to be performed to the satisfaction of Public Health Canada, as well as the Building Operation Manager.

QUALIFICATIONS:

- Must have general knowledge of building maintenance, electrical work, custodial duties, etc.
- Must have general knowledge of housekeeping skills (i.e.: sweeping, mopping and polishing floors and other duties)
- Minimum of Grade 10 relevant work experience
- Ability to meet the physical demands of the position
- Must provide Criminal and Vulnerable Sector check upon hire

NOTE:

Please note that this organization adheres to Sections 1 - 9 of the Aboriginal Employee Preference Policy for selection and displacement. Only those applicants selected for an interview will be contacted. The successful candidate will be under a probationary period at the commencement of his or her employment.

Competition Opens: January 21, 2021

Competition Closes: February 4, 2021

Please apply in writing, including a resume to:

Tsuut'ina Nation Human Resources Department
 9911 Chilla Boulevard, Tsuut'ina, Alberta T2W 6H6
 Fax: (403) 238-6125
 Email: jobs@tsuutina.com

EMPLOYMENT OPPORTUNITIES



Tsuut'ina Child & Family Services Society
9911 Chiila Blvd Tsuut'ina Nation, AB T2W 6H6
Phone: 403-281-0121 Fax: 403-251-0368

Child and Family Board of Directors –Nation Citizen Position

Department: Child and Family Services

Reports to: Chief and Council

Position Overview:

The purpose of the the Tsuut'ina Nation Child and Family Services (Isgak'a K'anano-no Nanitin-na) Society is to deliver Child, Youth and Family Enhancement and Intervention Services to the citizens of the Tsuut'ina Nation, consistent with the Child, Youth and Family Enhancement Act, R.S.A. 2000, c. C-12. The services provided by the Tsuut'ina Nation Child and Family Services (Isgak'a K'anano-no Nanitin-na) Society shall be provided in a manner as to respect the culture of the Tsuut'ina Nation, including traditions, language, lifestyle and the relevance of the extended family.

The Tsuut'ina Nation is currently seeking to fill one Board of Directors Position for Child and Family Services that is incorporated under the Societies Act of Alberta. The Board of Directors will oversee the operations of Child and Family Services. The Board of Directors will be appointed by the Members of the Society who are made up of the Tsuut'ina Nation Chief and Council. Before appointing any Board of Directors, applicants are required to submit an application through the Tsuut'ina Nation Human Resources Department.

- Human Resources will review the applications and then determine suitable candidate based on qualifications and complete application with all required documents.
- Human Resources will provide a list of qualified applicants to the Members of the Society.
- The Members of the Society will select the Board of Directors from the list of qualified applicants.

Duties and Responsibilities:

- Regularly attends Board meetings and important related meetings.
- Stays informed about committee matters, prepares themselves well for meetings, reviews and comments on minutes and reports.
- Established Board vision of Policy for the Society.
- Acts to ensure that the goals that have been established and are being met within the traditional culture and values of Tsuut'ina Nation.
- Willing to undertake required courses and training in Child and Family Services and Board Governance training offered through the Province of Alberta.

EMPLOYMENT OPPORTUNITIES

Qualifications and Requirements:

The Board of Directors is made up of 6 individuals, including 1 elder. The elder who is appointed to the Board of Directors will serve in an advisory capacity only, and will not be entitled to vote.

The remaining 5 individuals who are appointed to the Board of Directors must possess at least one of the following qualifications:

- A citizen of Tsuut'ina of the Nation.
- A criminal record check that includes vulnerable sector check from all provinces states or countries lived in for the last five years that have been completed within the last month. *Provide Upon application.*
- Child intervention check from all provinces states or countries lived in the last five years that have been completed within the last month. *Must provide original.*
- Valid driver's license. *Provide a copy.*

Competition close:

Please apply in writing, including a resume to:

Tsuut'ina Nation Human Resources Department 9911 Chilla Blvd, Tsuut'ina Nation, Alberta T2W 6H6

Phone: 403 238 6127 email: jobs@tsuutina.com

We thank all interested applicants, however, only qualified applicants with all required documents will be interviewed, will be contacted.

Competition Opens: January 22, 2021

Competition Closes: February 8, 2021

EMPLOYMENT OPPORTUNITIES



Tsuut'ina Child & Family Services Society
9911 Chiila Blvd Tsuut'ina Nation, AB T2W 6H6
Phone: 403-281-0121 Fax: 403-251-0368

Child and Family Board of Directors – Elder Advisor Position

Department: Child and Family Services

Reports to: Chief and Council

Position Overview:

The purpose of the the Tsuut'ina Nation Child and Family Services (Isgak'a K'anano-no Nanitin-na) Society is to deliver Child, Youth and Family Enhancement and Intervention Services to the citizens of the Tsuut'ina Nation, consistent with the Child, Youth and Family Enhancement Act, R.S.A. 2000, c. C-12. The services provided by the Tsuut'ina Nation Child and Family Services (Isgak'a K'anano-no Nanitin-na) Society shall be provided in a manner as to respect the culture of the Tsuut'ina Nation, including traditions, language, lifestyle and the relevance of the extended family.

The Tsuut'ina Nation is currently seeking to fill one Board of Directors Position for Child and Family Services that is incorporated under the Societies Act of Alberta. The Board of Directors will oversee the operations of Child and Family Services. The Board of Directors will be appointed by the Members of the Society who are made up of the Tsuut'ina Nation Chief and Council. Before appointing any Board of Directors, applicants are required to submit an application through the Tsuut'ina Nation Human Resources Department.

- Human Resources will review the applications and then determine suitable candidate based on qualifications and complete application with all required documents.
- Human Resources will provide a list of qualified applicants to the Members of the Society.
- The Members of the Society will select the Board of Directors from the list of qualified applicants.

Duties and Responsibilities

- Regularly attends Board meetings and important related meetings.
- Stays informed about committee matters, prepares themselves well for meetings, reviews and comments on minutes and reports.
- Established Board vision of Policy for the Society.
- Acts to ensure that the goals that have been established and are being met within the traditional culture and values of Tsuut'ina Nation.
- Willing to undertake required courses and training in Child and Family Services and Board Governance training offered through the Province of Alberta.

EMPLOYMENT OPPORTUNITIES

Qualifications and Requirements

The Board of Directors is made up of 6 individuals, including 1 elder. The elder who is appointed to the Board of Directors will serve in an advisory capacity only, and will not be entitled to vote.

The remaining 5 individuals who are appointed to the Board of Directors must possess at least one of the following qualifications:

- An elder of Tsuut'ina Nation.
- A criminal record check that includes vulnerable sector check from all provinces states or countries lived in for the last five years that have been completed within the last month. *Provide Upon application.*
- Child intervention check from all provinces states or countries lived in the last five years that have been completed within the last month. *Must provide original.*
- Valid driver's license. *Provide a copy.*

Competition close:

Please apply in writing, including a resume to;

Tsuut'ina Nation Human Resources Department 9911 Chilla Blvd, Tsuut'ina Nation, Alberta T2W 6H6

Phone: 403 238 6127 email: jobs@tsuutina.com

We thank all interested applicants, however, only qualified applicants with all required documents will be interviewed, will be contacted.

Competition Opens: January 22, 2021

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EMPLOYMENT OPPORTUNITIES



Journeyman Ironworker

Position Summary

Working within Strike's Project Group Strike's Journeyman Ironworker's assist in laying out, installing and fabricating structural steel in live and greenfield environments. Work assignments include Welding and cutting steel, interpreting blueprints, rigging, directing cranes, assisting welders and setting structural steel. Employees are expected to support and participate in a "culture of safety" and adhere to and be ambassadors of Strike's Code of Conduct and Values, and to treat others with dignity, respect and fairness.

Location/ Details

- Shift schedule – 14 Days on 7 Days off
- Project will be based in the area of Didsbury, Alberta (local candidates to Didsbury, Red Deer and Calgary area are preferred)
- This position is not eligible for LOA and or subsistence
- Project has an estimated start date of January 2021

Responsibilities

- Read blueprints and specifications to lay out the work
- Assemble and erect pre-fabricated structural supports
- Signal crane operator to position steel units according to
- Erect and install hoisting, equipment and rigging
- Position steel units, align holes and insert temporary bolts
- Unload and install pre-cast components
- Performs physically demanding tasks such as lifting and moving structural steel/plates while standing for extended periods of time and securing steel in hard to reach areas
- Identifies, initiates, recommends, and assists in issue resolution processes
- Identify, recognize, and demonstrate safe usage of power tools and hand tools appropriate for the
- May perform other related duties as assigned

Qualifications

- Possess a valid Journeyman certificate of qualification issued by the appropriate provincial or federal authority
- Fall arrest and man lift training is considered an asset
- Previous construction experience would be considered an asset
- H2S Alive, WHIMIS, CSTS, and Standard First Aid
- Must successfully complete pre-employment drug and alcohol testing
- experience working at heights

Knowledge, Skills, and Abilities

- Capable of working as part of a team
- Fluent in speaking and reading English
- Must be able to follow directions

Who we are

Strike Group is a Canadian company with various locations across Alberta and Saskatchewan. Strike Group has been named one of Canada's Best Managed Companies since 2007, and in 2013 was awarded Contractor of the Year by Alberta Venture.

Apply today! Email your application for this position to: didsburyresumes@strikegroup.ca

EMPLOYMENT OPPORTUNITIES



Journeyman Pipefitter

Position Summary

Strike's Journeyman pipefitter's possess the full range of knowledge required to lay out, assemble, install, and maintain pipe systems, pipe supports and related hydraulic and pneumatic equipment for oil, steam, hot water, heating, cooling, lubricating, sprinkling and industrial production and processing systems. Employees are expected to support and participate in a "culture of safety" and adhere to and be ambassadors of Strike's Code of Conduct and Values, and to treat others with dignity, respect and fairness.

Location/ Details

- Shift schedule – 14 Days on 7 Days off
- Project will be based in the area of Didsbury, Alberta (local candidates to Didsbury, Red Deer and Calgary area are preferred)
- This position is not eligible for LOA and or subsistence
- Project has an estimated start date of January 2021

Responsibilities

- Read, interpret and red-line construction drawings and blueprints (Isometrics, P&ID's, etc.)
- Assemble piping and valves in module and compressor package
- Mentor and provide guidance for junior staff
- Hydrotest, assemble and install pipe spools in the fabrication facility
- Measure, cut, and thread pipe to required shape
- Install supports, valves, piping and control systems
- Remove and replace worn components and reactivate system

Qualifications

- Possess a valid Journeyman certificate of qualification issued by the appropriate province or federal authority
- Formal training and experience working on oil and gas construction projects
- H2S Alive, CSTS, and Standard First Aid
- Fall Protection certification
- Ground Disturbance Certification
- OSSA Ticket (preferred) but not required
- Must successfully complete pre-employment drug and alcohol testing

Knowledge, Skills, and Abilities

- Ability to lift up to 50 pounds and stand for long periods of time
- Capable of working with small tools
- Capable of working as part of a team
- Fluent in speaking and reading English
- Must be able to follow directions
- Fall protection, gas monitor training, confined space, AWP trading tickets considered an asset

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EMPLOYMENT OPPORTUNITIES



Labourer

Position Summary

Strike's Labourer's assist skilled trade persons and perform labour activities at our various construction and project sites. Employees are expected to support and participate in a "culture of safety" and adhere to and be ambassadors of Strike's Code of Conduct and Values, and to treat others with dignity, respect and fairness.

Location/ Details

- Shift schedule – 14 Days on 7 Days off
- Project will be based in the area of Didsbury, Alberta (local candidates to Didsbury, Red Deer and Calgary area are preferred)
- This position is not eligible for LOA and or subsistence
- Project has an estimated start date of January 2021

Responsibilities

- Identify and report hazards or unsafe work practices
- Assist with installation, testing and rigging of spools and materials
- Identify and report hazards or unsafe work practices
- Clean construction work areas and fuel equipment where needed.
- Work with equipment operators and civil crew to complete grade and excavation work.
- Assist pipefitters and civil groups with their work
- Assist heavy equipment operators to secure attachments to equipment, signal operators to guide them in safely moving equipment and provide assistance in other activities
- Perform other activities at construction sites, as directed
- Participate in pre-job toolbox meetings to identify potential hazards and measures to eliminate or minimize them
- Correct unsafe acts and bring unsafe conditions to the attention of the immediate supervisor
- Return tools (clean) back to the proper area after the job is complete or at the end of the shift
- Ensure the appropriate use of Personal Protective Equipment while performing tasks

Qualifications

- Must be willing to travel to project site location
- Grade 12 or GED
- Standard First Aid, Ground Disturbance Level 2, fall protection, man lift training and confined space are considered an asset
- Must successfully complete pre-employment drug and alcohol testing

Knowledge, Skills, and Abilities

- Previous pipeline or facility specific construction experience is an asset
- Ability to lift 50 pounds
- Capable of working with small tools
- Capable of working as part of a team
- Fluent in speaking and reading English
- Must be able to follow directions

Who we are













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HOROSCOPES



-  Aries - The solar eclipse may send shockwaves through your love life, so make sure to smudge up.
-  Taurus - Cancer season brings roommate and family stress, but there are ways to avoid the drama. Clean the backseat of your car it will help.
-  Gemini -Your ruling planet, Mercury, goes retrograde this month. But there's a plot twist: You can use it to your advantage. Go get some scratch cards
-  Cancer -It's your season, Cancer, and you're ready to celebrate with friends and family all while social distancing.
-  Leo - June brings dramatic eclipses, Leo, so you need a self-care plan. A new pair of shades or shoes might help.
-  Virgo - Cheer up, Virgo. Venus retrograde finally ends, which is fabulous news for your love life. Go get'em tiger.
-  Libra - Neptune goes retrograde, bringing confusing news and stress. Set social media boundaries and make time for self-care.
-  Scorpio - Get in touch with your favorite people in the world to help power through tough times. Show your soft side, Scorpio.
-  Sagittarius - A full moon in your sign has you itching to travel and escape, so how can you safely deal with your adventurous side?
-  Capricorn - Stay inside during the eclipses this month, Capricorn, and watch out for saying things you'll regret. Remember breath
-  Aquarius - You want to save the world, but you also need to stay in touch with those closest to you, Aquarius. talk to someone close
-  Pisces -Your ruling planet, dreamy Neptune, goes retrograde, throwing a haze over the world. Open your eyes to see through it.

MOON CHART





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