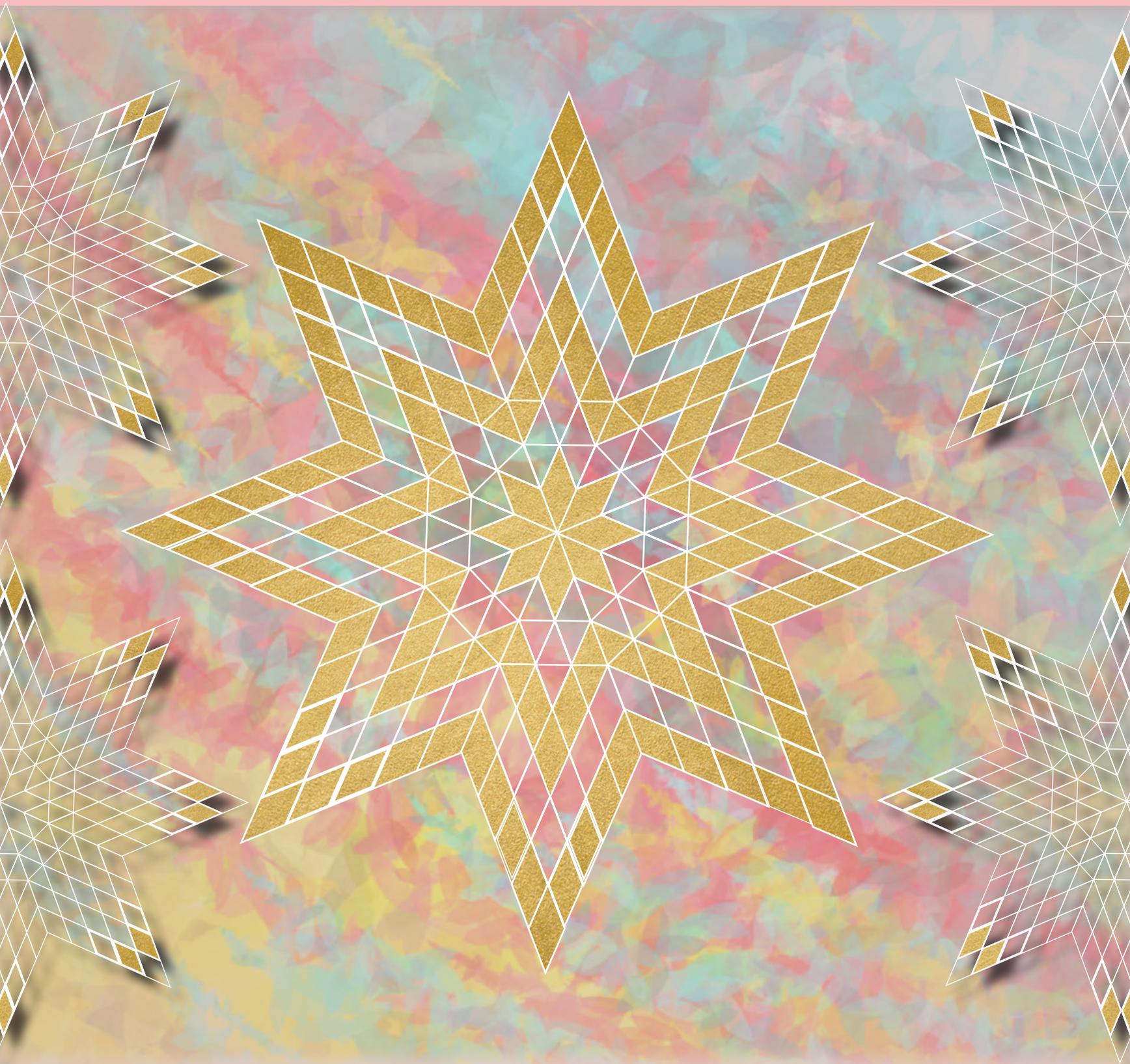


DÀ-HÍ
AT THIS POINT IN TIME

TOSHKOSHI CH'AT'AGHA · FROG MONTH
APRIL 2018

DÀ-HÍ

TSUUT'INA NATION MAGAZINE



DÀ-HÍ

EDITOR

Serena Taylor

LEAD DESIGNER

Jordan Big Plume

PHOTOGRAPHER

Carmen Littlelight

ILLUSTRATOR

Josh Littlelight

Dà-Hí is created in the Tsuut'ina Nation Communications Department. Our intention is to always reflect and represent Tsuut'ina Nation in the best and most accurate manner. If you have suggestions for improvement or ideas for future stories or feedback on the current issue, we would love to hear from you. Please address all comments to communications@tsuutina.com. Siyisgaas.

DÀ-HÍ

9911 Chiila Blvd.
Tsuut'ina AB T2W 6H6
(403) 238.6224

Email: communications@tsuutina.com
Website: www.tsuutinanation.com

Instagram: @tsuutinacommunications
Facebook: Tsuut'ina Communications
Snapchat: tsuutinatoday

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APR 

NEW
TSUUT'INAHIGH

AN AFTERNOON WITH ELDER

MICHAEL MEGUINIS



MICHAEL



Photo: Glenbow Archives Bessie Meguinis and son Philip, young Constance Big Plume

The Communications Department had the honour of sitting down with one of Tsuut'ina eldest Elder. Thomas Patrick (Mike) Meguinis.

Life began on the banks of Fish Creek when Enah Bessie Crowchild gave birth to Mike here in Tsuut'ina on October 10th. The year is still unknown, Mike was registered with Indian and Northern Affairs in 1927 which is now his legal birth year even though he was a young child when his mother registered him. So his true age is unknown, he is possibly the oldest Elder in Tsuut'ina.

Mike grew up in Tsuut'ina his entire life, his mother was Bessie Crowchild, and his father was a Cree man named Sam Marie Large from Saddle Lake Alberta. Bessie's parents were Mark Crowchild and Sarah Big Plume, Mark's name was "Kahkakiw Awasis" which translated to Raven Child in Cree. Mike would later be transferred his grandfather's name "Kahkakiw" to him.

Mike's brothers were Willie Little Bear, Phillip and Walter Meguinis, his sisters were Sarah Meguinis and Mary Jane Starlight, his half-sister was Eliza Eagletail, his half-brothers were Frank and Wilfred Large, sadly he says most have passed except him and his half-brother Frank.

According to Enah Bessie Meguinis, her husband gave her a Cree pet name "Mekwanis" which translates to Little Feather. She said they were putting their names down on a paper which may have been when they were registering with Indian and

Northern Affairs. They asked for her name and she gave them her pet name "Mekwanis" but they asked her for her Christian name and she said "Bessie". They wrote it the way they thought and that is the enah's story of how the Meguinis name came to be.

Mike has fond memories of his mother, he spoke of her kindness and how she would walk just to bring food to others, she also cared for her grandchildren, she looked after his late brother Walter Meguinis children when he passed, he could still see her walking with Leeroy or Todd on her back with a blanket and a rope tied around them.

Mike did not like school, he recalls how his cousin Harold would make him go to school, when he saw a rider coming he would take off into the bush, his mother would even lie for him, when Harold asked if he went to school, she would always reply "yes". Mike tells the story with a big smile... "One day I came home and everyone was sad and someone told me that Harold went overseas to war, I just yelled Yay! I knew then I wouldn't have to go to school."

Mike attended the old school that use to be located on the west side of Weaselhead near where the baseball diamonds are. Mike only attended school until the fifth grade.

Mike was a hard worker, he worked for the City of Calgary as truck driver, he said times were tough back then, and they farmed, ranched and cut rails, anyway to make money. He was one of the first "Tosguna" in our

community, he was the Chief of Police in the 70's and into the 80's, and he was not afraid and did a lot of patrolling on his own. Mike and all the other Tosguna from our community laid the foundation for the police service that we now have.

Mike spoke of how his family became involved with the Calgary Stampede, as a boy he would help his grandparents, later on he would become a tipi owner, the yellow and black spotted otter tipi and design was originally given to Bessie from her dad "Kahkakiw Awasis" and she in turn passed it to Mike through a tipi transfer ceremony. He recalls his mother Bessie would use a travois in the Calgary Stampede Parade, he remembers as a young boy hauling tipi poles into town by himself by horse and wagon, and rounding up the horses for the parade. Now he will pass the tipi to his son Michael to continue the tradition.

Mike had some good stories about Calgary Stampede, they use to have Indian horse races and the only thing is the rider had to dress as a warrior, Mike would be the rider and he would use his cousin Gordon Crowchild's horse "Trigger". They would make \$5.00 for a race, they would split it and go eat. It was all for eats.

Another story was about him and Gordon, they stayed out late and went to sleep in late Leonard Crane's chuck wagon. They woke up bouncing around real violently and just rolling around. Gordon tapped Leonard and yelled "what's going on?"... Leonard almost fell off his seat, he yelled at them "We're in a @&* race!"

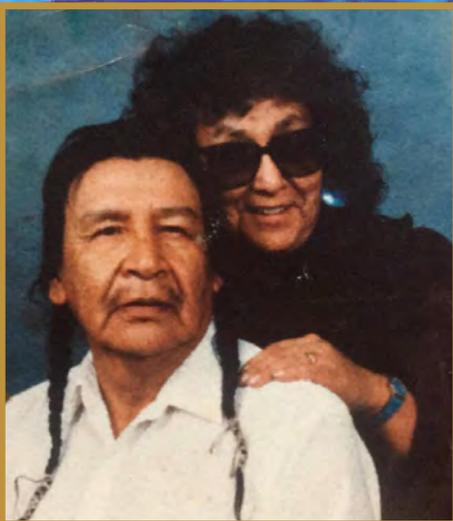


MEGUINIS

He swore more at them and told them to stay down or he would get disqualified. They just hung on for dear life and stayed down. Mike just laughed as he told this story.

Mike always says he is a rich man, he has over 200 grandchildren and great-grandchildren and great-great grandchildren, he is grandpa to everyone and he laughs because he can't remember all of them.

With his wife Emily they opened their home to foster children and were an emergency foster home for years, in 1982 they were Foster Parents of the Year.



Mike married the love of his life, Emily Okeymow, a beautiful Cree woman from Samson Cree Nation, they had an arranged marriage and was one of last traditional arranged marriages in Tsuut'ina. They were married for over 50 years when she passed, this coming May 2018 would be 16 years since her passing, Mike still misses her, and he thinks about her and talks about her every day. He speaks of how she looked after herself, she was beautiful, always dressed nicely, she loved her jewelry and Mike loved to buy her fur coats and jewelry. Mike lovingly recalls how she always braided his hair, made sure he was dressed nice and how she looked after him. His greatest treasure is his beaded buckskin outfit, Emily and her mother Eva Cutknife beaded and made the outfit, he is really fond of his buckskin outfit.

Mike and Emily had 6 children, Harvey, Louise, Michael, Norma, David and Rene. He was heartbroken when Harvey and Louise passed, all he can say it was really hard.

Mike was a boxer, he fought Mickey Walker from New York to become the Gold Glove Champion in the late 40's, he loves to talk about that time, he was proud of his accomplishment.

Mike will say he is not a perfect man, he did crazy things in his life time but he realized he needed to change, he made the decision to follow the "red road", he became involved with ceremonies, and he fasted and danced in sundance for years to receive his pipe. Mike has past his spiritual teachings to his children and grandchildren, he still prays every day for Tsuut'ina and for his people. He says a lot of the good things that he has received is because he prays.

Mike believes in prayer and he is humbled every time he is asked to pray, he has told his family, when someone asks you to pray, you do it, they are giving you life. He is a sacred keeper of our Tsuut'ina language, he is one of our pipe holders and is a horse bundle carrier.

Mike worries about the young people, the addictions, the drugs and alcohol and he sees how fast things are. He wants people to remember not to leave the youth behind.

Mike says he is grateful for his long life, he can still walk, he can still

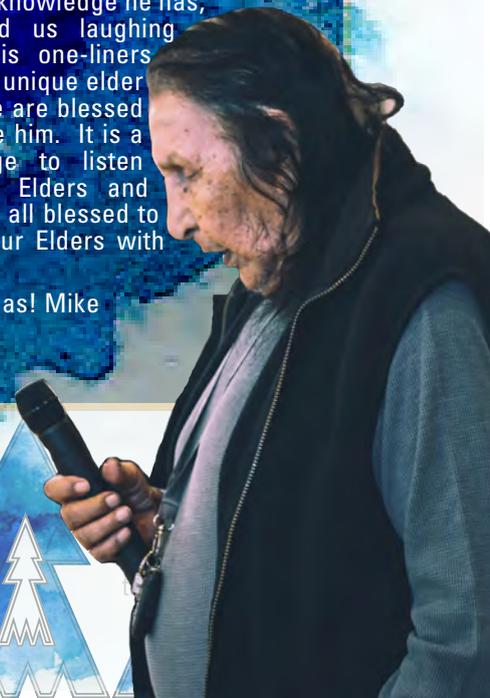


drive and he has family that look after him, he says he eats good, his granddaughter looks after him very well and his son Michael is his constant companion.

Mike's greatest pride and blessing is seeing how his family have kept traditions going particularly in powwow and drumming. Mike and Emily started the Bullhead Singers and the Bullhead Powwow Youth Group, he wanted the young people to learn to sing and dance. Now his children and grandchildren dance or sing, they have established the Meguinis name throughout powwow country.

The communication team were truly honored to sit with Mike and to hear his stories and his memories. We were humbled by his presence and all the knowledge he has, he had us laughing with his one-liners he is a unique elder and we are blessed to have him. It is a privilege to listen to our Elders and we are all blessed to have our Elders with us.

Siyisgaas! Mike



NATION NEWS

INFORMATION FROM DEPARTMENTS/
BUSINESSES & SERVICES

2ND ANNUAL TTN CFS DESCENDANT GATHERING

On a beautiful Saturday, the Tsuut'ina Nation Child and Family Services coordinated their second descendant gathering. Siyisgaas to the guests, families, and especially the volunteers. Photographed **Top Row Left to Right:** Norma Littlechild, Darrell Strongman, Marcia

Half, Crystal Genaille, Betty Big Plume, Jessie Runner, Trina Sleigh, Lacy Runner, Buffy Littlelight, Jodi Two Guns, Shirley Meguinis. **Bottom Row Left to Right:** Rita St. Gelais, Joyce McMaster, Connie Bird, Umaira Javaid, Melissa Cutknife, Tara Spring Chief.



GUNAHA INSTITUTE LANGUAGE IMMERSION WORKSHOP

The Gunaha Institute had the opportunity to work with a language immersion program to maintain and create new ideas to utilize the language as part of revitalizing. Photographed **Top Row Left to Right:** Harley Crowchild, Ngatai Crowchild, Tom Heavenfire, Gerald Meguinis, George Onespot, Dolly Runner, Gloria Runner, Janelle Crane-Starlight, Vera Marie Crowchild, Lillian Eva Manyhorses, Sheila Nicholas. **Middle Row Left to Right:** Keitha Manyhorses, Nidaan Crowchild, Tiyo Starlight, Robin Crowchild, Sky Sayese-Whitney, Ellison Starlight. **Bottom Row Left to Right:** Teena Calfrobe, Kirsten Starlight, Jalisa Crowchild, Samone Goodstriker-Whitney, Tyra Metchewais-Wells, Steven Crowchild, Courtney Simeon.



EDUCATION ADMINISTRATION

Tsuut'ina is proudly enriched with Education Administration. Dedicated community members who continue to support the people in their endeavours. Please take a look at all the staff from behind the scenes to the teachers. Siyisgaasdzitii to all Education Admin, we appreciate you all so much!



Val McDougall
Education Director



Cheryl Whitney
Executive Assistant



Robyn Runner
Administrative Assistant



Amy Meguinis
Communications Technician/Events Coordinator



Jennifer Big Plume
CBE Liaison Grades 8-12



Cara Big Plume
Calgary Catholic Liaison Grades 8-12



Shay Runner
Off Nation Liaison Worker



Teena Calfrobe
Curriculum Development Coordinator



JoAnne Dansereau
Education Transportation



Manuel Soriano
Education Accountant

EDUCATION PROGRAMS



Stacy Favell-Prince
Inclusive Education Lead



Courtney Fox
Numeracy Lead



Rachel Ott
Literacy Lead Teacher



Tash Tams-Badio
Literacy Lead Teacher



Sekwan Auger
C.O.P.E. Liaison



Chad McDougall
A.R.T. Supervisor



Layne Cardinal
A.R.T. Co-Facilitator



Christianne Whitney
District Librarian

HEADSTART



Delan Big Crow
Coordinator

PROGRAM MANDATE: *To continue to support families by preparing their children for their future*



Terissa Metchewais-Wells
Teacher



Josie Eagletail
Teachers Assistant

CHIILA ELEMENTARY



Nicole Rabbit
Principal

OUR VISION is to foster the development of competent 21st century learners who are literate, ethical, entrepreneurial and engaged



Bella Eagletail
Vice Principal/Special Education Teacher



Leah Big Plume
Administrative Assistant



Mary Jane Big Plume
Receptionist



Melissa Cutknife
Counselor



Lorraine Onespot
K4 Teacher



Lisa Wolfe-Villegas
K5 Teacher



Lauren Crittenden
K5 Teacher



David Anokye
K5 Teacher



Randy Powell
Grade 1 Teacher



Larissa McDougall
Grade 1 Teacher



Ashley Manywounds
Grade 2 Teacher



Teri Tallman
Grade 2 Teacher



Nick Myatovic
Grade 3 Teacher



Carl Artis
Grade 3/4 Teacher

CHIILA ELEMENTARY STAFF CONT.



Nadine Onespot
Grade 4 Teacher



Tia Big Crow
K4 Educational Assistant



Lori Big Plume
K5 Educational Assistant



Celeste Big Plume
K5 Educational Assistant



Naomi Eagletail
Speech and Language Assistant



Chantelle Crowchild
Educational Assistant



Candance Wadsworth-Dodginghorse
Educational Assistant



Tiffani Whitney
Educational Assistant



Alaina Heavenfire
Educational Assistant



Sadie Dodginghorse
Educational Assistant



Daisy Dodginghorse
Educational Assistant



Sky Whitney
Gunaha Teacher



Tyra Metchewais-wells
Gunaha Teacher



Kristen Starlight
Gunaha Teacher



Samone Whitney
Gunaha Teacher



Tiyo Starlight
Gunaha Teacher



Pauline Jacobs
Cook



Gail Beaver
Cook



John Onespot
Head Custodian



Jesse Big Crow
Custodian

MISSING: Jacqueline Ouellette-Runner
Cook

CHIILA ELEMENTARY SELECTED TO PARTICIPATE IN LITERACY PROJECT

The 2017-2018 school year has been a very productive and outstanding year thus far. With the new expansion to Chiila we are fortunate to have extra classrooms for our Elders, the Gunaha program, and the growing number of students. We welcomed the Heart Start program this year and the Regional Collaborative Services Delivery (RCSD) specialists for the second year.

Teena Calf Robe our Tsuut'ina Curriculum Developer along with our Gunaha teachers have brought many seasonal cultural teachings into the school for the students from K4 - Grade 4. Fall included outdoor survival, trapping and hunting, meat cutting, and fire teachings. Winter included storytelling, beading, hand games, outdoor cooking, snowshoeing, and tipi teachings. We are looking forward to the spring and summer teaching in the months to come. Teena and the Gunaha teachers have also held an overnight here at Chiila to enhance the traditional Tsuut'ina culture. In the sewing club they are currently working on ribbon shirts and shirts and after spring break will be making full dancing regalia with the students.

Partners in Place is project we are excited to bring to both our staff and students. We are in the process of building a sustainable relationship between Tsuut'ina Education and Calgary Connect Charter School in terms of what we could learn from one

another, moving forward in partnership down a path to reconciliation. The grade 7 students from Connect Charter School and our grade 3&4 students are currently working on a mural that will be displayed in our gymnasium once completed.

Planning for the 2018-2019 school year I'm very pleased to announce that Chiila Elementary School has been selected to participate in the Model Schools Literacy Project (MSLP) in September 2018, through the Paul Martin Family Initiative. This is a four year commitment, where our staff will receive intensive support to increase students reading and writing achievement. The goal is to ensure that every student reads and writes well enough by the end of Grade 3 to support continued school success.

I am grateful to have a solid team here

at Chiila Elementary School, where all are committed to providing a positive educational experience and building a strong foundation for your children. Most importantly preserving the Tsuut'ina Language and Culture.

***Yours in Education,
Nicole Rabbit***



MIDDLE SCHOOL



Sarah Heimbecker
Principal

Tsuut'ina Middle School was created to serve the people of the Tsuut'ina Nation. We aim to support the youth while they receive a quality education in an environment that celebrates their history, language, and culture. The courses we offer meet or exceed Alberta Education requirements and are enriched with Tsuut'ina language and culture.

The school's programming is designed to help students develop the academic, social, and life skills they need to make a positive and enduring contribution to their families, their community, and society at large. The students are the most important resource and the future of the Tsuut'ina Nation.

We offer all Core Subjects and a number of Option Classes for students in grades 5 through 8. Each student who registers at Tsuut'ina Middle School is encouraged to pursue his or her personal interests

by actively participating in a wide range of extra-curricular activities and by choosing optional interest courses as part of their program of study.

There are about 106 students in the school. Class sizes vary depending on enrollment in each grade. We also work closely with a literacy and numeracy lead teacher to improve literacy and numeracy skills.

The school is a member of the CHSAA and plays basketball, volleyball, and badminton in the small schools division. Grade 6 to 9 students compete in the CAAA league in cross country, volleyball, basketball, track and field. Other sports may be added based on student interest.

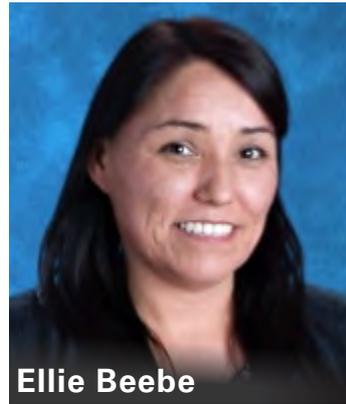
The Tsuut'ina Middle School believes in and is guided by the following seven traditional values given to us by the Creator. Kindness, Honesty, Sharing, Strength, Bravery, Wisdom, and Humility.



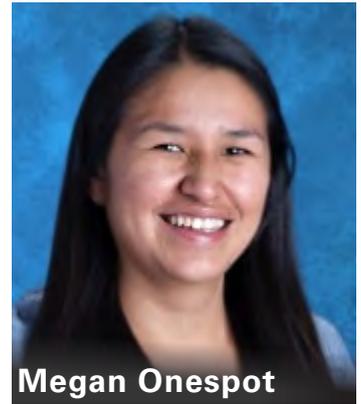
Reni Whitney
Administrative Assistant



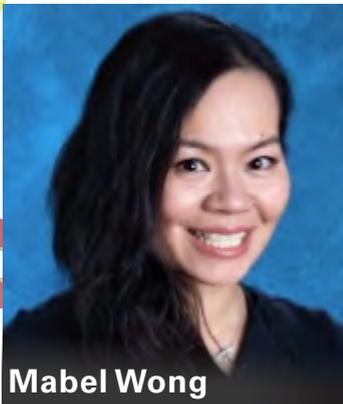
Coreen Onespot-Rider
School Counselor



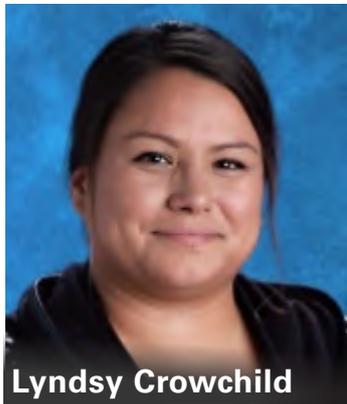
Ellie Beebe
Grade 7/8 Teacher



Megan Onespot
Educational Assistant



Mabel Wong
Grade 6 Teacher



Lyndsy Crowchild
Speech and Language



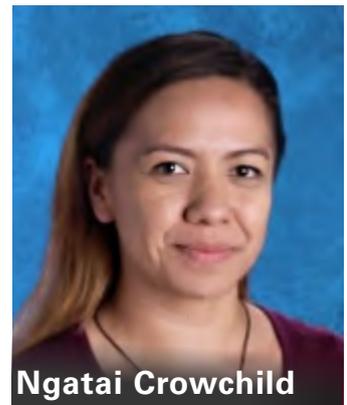
Mara Anniko
Grade 5A Teacher



Sonya Dodginghorse
Grade 5B Teacher



Jalisa Crowchild
Gunaha Teacher



Ngatai Crowchild
Practicum Student

MISSING:

Avery Cardinal
Educational Assistant

Starlit Rabbit
Educational Assistant



HIGH SCHOOL



Jeff Horvath
Principal

Tsuut'ina High School was created to serve the youth of the Tsuut'ina Nation in support of a quality education in an environment that celebrates their history, language, and culture. The courses we offer meet or exceed Alberta Education requirements and are enriched with First Nations content and Tsuut'ina Language and Culture. Students are assisted in developing an appreciation of the Indigenous People of Canada and their place in the contemporary world.

The school's programming is designed to help students develop the academic, social, and life skills they need to make a positive and enduring contribution to their families, their community, and society at large. The students are the Nation's most important resource and the future of the Tsuut'ina Nation depends on these students being ready when it is their time to lead.

We have 78 registered students. Grade 9 - 18, Grade 10 - 22, Grade 11 - 25, Grade 12 - 13

We have 5 certified teachers and 4 education assistants to serve our students.

INSTRUCTIONAL PROGRAM Tsuut'ina High School offers a full range of courses and programs for students in grades 9 through 12. All students have the opportunity to register in a program of studies which will enhance learning and develop the necessary skills for the future. Each student who registers at Tsuut'ina High School is encouraged to pursue his or her personal interests by actively participating in a wide range of extracurricular activities and by choosing optional interest courses as part of their program of study.



Marie Menard-Williams
Math & Foods



Shelly Bryant
Humanities- Social/English/Art



Matthew Powell
Social/P.E./English/Science



Marcus Fedrizzi
Construction/Math/Drafting/Science



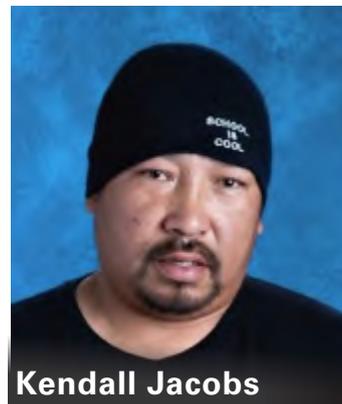
Neepin Auger
Social Aboriginal Studies and work experience Coordinator



Shirley Big Plume
Educational Assistant



Breezy Meguinis
Educational Assistant



Kendall Jacobs
Educational Assistant



Ellison Starlight
Gunaha Teacher

MISSING:

Emily Parkin
Grade 9 Teacher

Leo Wells
Drumming Cultural Arts & Educational Assistant

Carrie Dodginghorse
Head Cook

Jamie Dodginghorse
Cook

Ruby Wells
Cook

Terry Ouellette
Custodian

Travis Simeon
Custodian

THE NEW TSUUT'INA NATION



With many new changes and focuses on Education. Tsuut'ina Education would like to give a brief update on the success and growth which have been made within the Department.

In January 2020, students who attend Tsuut'ina High School will be moving into a new building from Grade 9 to 12. The following outlines the progress and update of the new high school:

- Tender Date July 22, 2018
- Construction Start Date August 23, 2018
- Move in date January 17, 2020

Currently, the design and location of the new High School has been approved and continues to move forward. There were two Charrettes which occurred during the process of designing. These Charrettes included students, teachers, parents and the community. Which were held November 9 and December 7, 2017 at Tsuut'ina High School. With these outcomes the design of the building became apparent of what students wish to see in the new high school;

- Culture Room
- Cafeteria and lunch room
- Learning Commons
- Theatre
- Break out rooms
- CTS classes
- Gymnasium
- Hockey Academy

The new High School will have a space accommodation of 4,156



m², which will accommodate approximately 220 students.

The advantage of a New High School:

- Potential exists to share resources with adjacent facilities to maximize program and career training opportunities while minimizing costs
- Allows the possibility of developing a hockey and/or high-performance sports academy
- Cost savings through sharing resources can be put into new, also shared, program spaces
- Allows for community engagement in the programming, planning and utilization of the school
- Combines the advantages of a small school atmosphere with large school programming
- Becomes possible to create a flexible and blended 21st Century Learning Environment
- Flexible expansion options allow for incremental expansion without overbuilding any of the

phases

- Fewer deficiencies in spaces and programming remain in the Middle School

This is the best solution to retain high school students at both ends of the spectrum – those at risk of dropping out, and those choosing to go to Calgary for diverse programming.

Curriculum and planning for a Hockey or Sports Academy are in progress. With research and meeting with other schools to best meet the needs of students.

With all the new changes developing, Tsuut'ina Education will still maintain core subjects offered through the Alberta Program of Studies with the integration of Tsuut'ina Language and Culture which allow students to graduate with High School Diploma, Certificate of Achievement and Certificate of Completion which are offered in all schools throughout Alberta.

Another exciting focus, Chilla Elementary School has been selected as one of the sixteen schools across

HIGH SCHOOL



Canada to be granted the “Paul Martin Literacy Grant.” This Grant with the support from the Paul Martin Literacy Committee will enhance and improve literacy in K5 to Grade 3 and is a four year commitment in which Tsuut’ina Education has accepted to improve the needs of students at Chiila Elementary School.

Enhancing Tsuut’ina Culture and land-based learning is expanding in all three schools through a Grant from Student Wellbeing and System Change Fund. Culture camps, sewing projects, and nature walks will be expanded and enriched with Tsuut’ina Culture with teachings from

Elders and storytellers of Tsuut’ina. The Provincial School Liaison Workers will continue to work with students from K5 to Grade 12 to ensure academics, attendance and graduation is monitored throughout the school year. The Provincial School Liaison Workers continue to do a great job ensuring students who attend schools in the city are advocated and supported in their learning.

Tsuut’ina Education continues to build relationships with Calgary Board of Education, Calgary Catholic School Division, Rocky View School Division and will start to build a

working relationship with Stoney Nakoda School Authority to achieve success for all students both on and off the Nation.

If you have any questions regarding the above information. Please feel free to call me or stop by the Education Office to discuss in more detail of the above.

Siyisgaas
Valerie McDougall
Education Director



BULLHEAD ADULT EDUCATION CENTRE



Glen Eagletail
BAEC Coordinator | Years of Service: 16



Victor Hilal
Principal | Years of Service: 6



Debbie Duthie
Teacher | Years of Service: 20



Mel Csizmadia
Teacher | Years of Service: 7



Leah Kehler
Teacher | Years of Service: 6



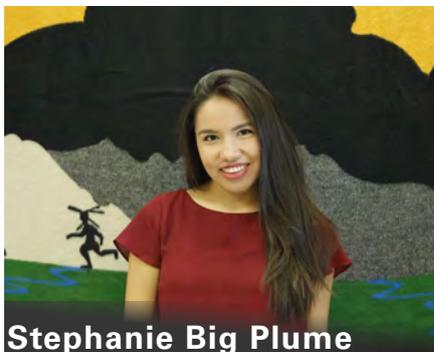
Samuel James
Teacher | Years of Service: 5



Patricia Crowchild
Executive Assistant | Years of Service: 19



June Crowchild
Admin Assistant | Years of Service: 24



Stephanie Big Plume
Receptionist | Years of Service: 1



Graham Rowan
Security | Years of Service: 2

MISSING: **Denny Manywounds**
Custodian
Years of Service: 4



POST SECONDARY EDUCATION

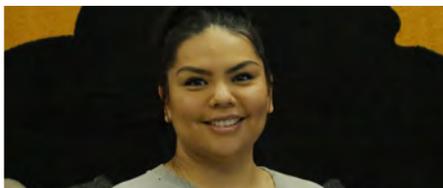
PROGRAM MANDATE: *Post Secondary Programs will continue to strive each year to support, monitor and encourage students to achieve their educational goals.*



Camille Whitney
Post Secondary Coordinator



Sky Meguinis



Charity Onespot

COHI DENTAL PROGRAM

April is National Oral Health Month!

Hi my name is Larissa Lusty, the new Children’s Oral Health Initiative (COHI) Aide located at the Health Centre. I grew up in Tsuut’ina in my younger years. Moved away for a while to the Northwest Territories and recently re-located back to Calgary. I have a background in Nursing and have obtained my Business Administration Diploma. I’ve worked in the health field for more than 6 years because I enjoy connecting with people and helping them. I’m a single mother with a daughter who is 6. I love spending my time with her and re-exploring Calgary and its surrounding areas. I’m also an artist, I like beading, painting and music. I value family. I like to spend quality time with my Tsuut’ina and Calgary family as much as I can. I am happy to be back in the community reconnecting with my roots.

What is COHI? It’s an early childhood tooth decay prevention program focused on children aged 0-12. The COHI Aide is part of Community Health and will be working with young children and their families throughout the community. She will travel to the Daycare and Chiila Elementary school working alongside and in conjunction with Dental Therapist, Faye Souter.

Please stop in to the Health Centre to meet Larissa! You can enter your name for monthly draws for a Sonic toothbrush. If you have any questions or for more information, please contact her at 403-251-7575 or larissa.lusty@tsuutina.com



ATHLETE OF THE MONTH

PARENTS: CLAYTON AND CAMILLE WHITNEY
MATERNAL GRANDPARENTS: LIONAL AND KIMBERLY WILDMAN
PATERNAL GRANDPARENTS: BARRY AND CHRISTIANNE WHITNEY
GREAT-GRANDPARENTS: CLIFFORD AND VANORA BIG PLUME



How did you get into soccer and what position do you play?

I wanted to try something different, everyone was doing hockey or dance and I wanted to play something unique but competitive. I play defense or mid-defense.

How long have you been playing?

I started playing when I was 3 years old...so almost 10 years.

What other sports and/or activities have you tried? Do you play other sports at the same time?

I've tried other sports, such as swimming, volleyball and badminton. I also play on the Jr. Girls basketball team at my school.

How is balancing school and soccer for you?

School has always been a priority, but soccer is my passion. I make it work but it's hard sometimes because I have soccer at least 4-5

times a week.

How has it shaped your life so far? Do you still want to play when you get older?

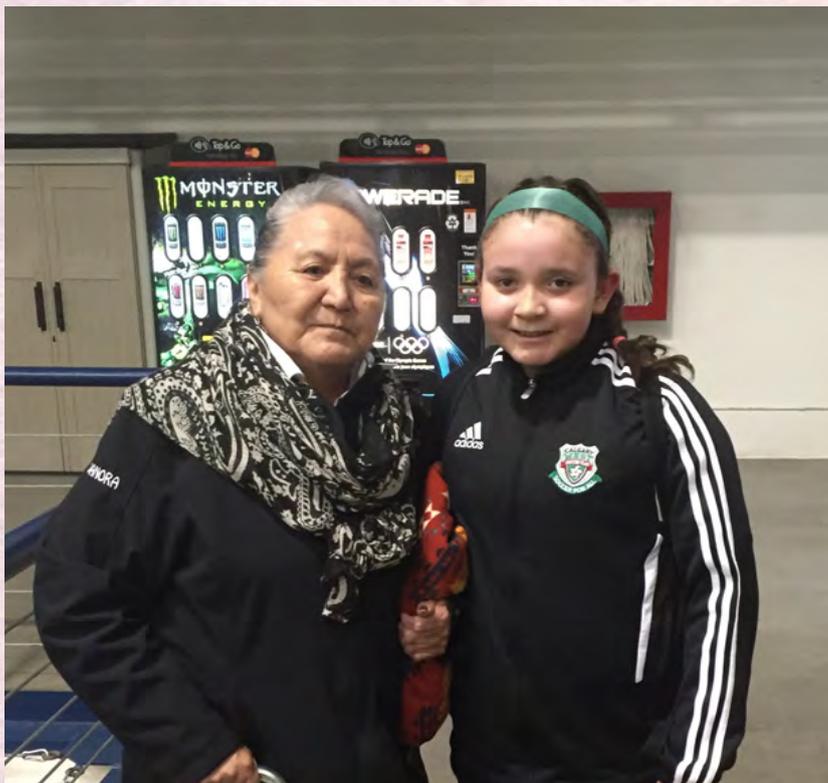
Soccer has taught me teamwork, determination, technique, physical play, dedication and hard work. I hope to one day play for Team Canada and coach younger players. My dream is to make the Olympics!

Would you always want to play defense or try another position? Which one seems the most difficult?

I always played

Hadlie Whitney





defense, I found it more my style of play, cause I like to protect the goalie. I tried goalkeeping but could never commit to it.

Can you juggle with your legs or feet? Any tricks you would like to try?

I learned to juggle when I was 6.

Do you call it soccer or football?

Soccer :)

What advice do you have for those who want to try soccer but don't know where to start?

It's ok to try something new. Soccer is a great sport and it keeps you active which is important. Plus you can play year round :)



HALIE'S HIGHLIGHTS

2008 Started playing soccer for Timbits Cochrane Minor Soccer at age 3

2011 Recruited to the U10 Cochrane Wolves team at age 6 playing with older girls

2013 Won Gold at the Slush Cup with the U10 Cochrane Wolves.

2014 Gold Medal Winter Classic Champions with Cochrane Wolves

2015 Won the Alberta Provincial Championship in Lethbridge with the U12 Cochrane Wolves.

2016 Family Day Gold Medal Champions with U12 Calgary West Dash team

2017 Recruited to Calgary South West United U13 team.

2017 Silver Medalist at the Stephanie Gruca Memorial Soccer Tournament with U13 Calgary South West United.

NOTICES

ANNOUNCEMENTS

Diyi Dzinisi Guja Tsuut'ina Xalukuwa

HAPPY BIRTHDAY TO OUR TSUUT'INA ELDERS

DONALD ROWAN APRIL 2ND

JAMES TWO GUNS APRIL 3RD

REGENA CROWCHILD APRIL 5TH

PETER K. MANYWOUNDS APRIL 7TH

HARLEY CROWCHILD APRIL 8TH

PHYLLIS BIG PLUME APRIL 9TH

ARTHUR ONESPOT APRIL 10TH

KEITHA MANYHORSES APRIL 13TH

GLADYS HEAVENFIRE APRIL 17TH

MARLENE OWL-SIMON APRIL 25TH

SHIRLEY M. STARLIGHT APRIL 29TH

SHERRY CROWCHILD APRIL 30TH

NOTICE TO MINORS

IN ORDER FOR A MINOR TO RECEIVE THEIR PER CAPITA DISTRIBUTION (PCD) UPON TURNING EIGHTEEN (18) YEARS OF AGE – ATTENDANCE AND PARTICIPATION IN A BMO FINANCIAL LITERACY WORKSHOP IS MANDATORY.

Tsuut'ina Nation Minors who will be turning eighteen [18] years of age be advised:

As a requirement of the Tsuut'ina Nation Capital Trust Agreement each minor must satisfactorily complete an educational program approved by the Nation with respect to personal financial planning and money management.

Bank of Montreal (BMO) Financial Literacy Workshops are scheduled on the following dates for the year of 2018 in order to accommodate the requirement for the minors:

TUESDAY, JULY 17, 2018 – 5:00 P.M. SHARP

TUESDAY, OCTOBER 2, 2018 – 5:00 P.M. SHARP

LOCATION: GREY EAGLE RESORT AND CASINO

Parents of TTN minors turning 18 years of age during the 2018 year please ensure your child is signed up for one of the above workshops. Contact Leanne Crowchild at 403.238.6214 in order to enroll your child and receive further information regarding the process.

APRIL 2018

SUN	MON	TUE	WED	THU	FRI	SAT
01	02	03	04	05	06	07
	Refreshed Community Hall 4-7PM	YMG / YWG TTN High School 4PM-6PM	Lego Robotics High school 4PM-5PM	Lego Robotics Community hall 2-4PM Grades 2-4		
08	09	10	11	12	13	14
	Refreshed Community Hall 4-7PM	Prenatal Classes Health Center 1:30-3:30 PM	Lego Robotics TTN high school 4-5 PM	Lego Robotics Community hall 2PM-4 PM Grades 2-4		
15	16	17	18	19	20	21
	Refreshed Community Hall 4-7PM	YMG / YWG TTN High School 4-6 PM	Lego Robotics TTN high school 4-5 PM	Field Trip		
22	23	24	25	26	27	28
	Refreshed Community hall 4-7 PM		Lego Robotics TTN high school 4-5 PM	Lego Robotics Community hall 2-4 PM Grades 2-4		
29	30					

Legend

- YMG = Young Men's Group (Green) (Ages 11 - 17)
- Refreshed (Yellow) (Ages 12-17)
- YWG= Young Women's Group (Green) (Ages 13-17)
- Prenatal Classes (Red)
- Lego Robotics (Grey and Light Blue) (Ages 6 & up)
- Field Trip (Purple) (PD Day for Youth) (Ages 7 - 17)



TTN Youth Program

YOUNG MEN'S GROUP



Learn cultural traditions and ceremony, trapping and hunting skills as part of a healthy thinking group

Every other Wednesday 4pm-6pm
Starting Feb. 7, 2018

A program designed for young men to help promote healthy identities for themselves as strong young indigenous men

hosted at
TTN JR./SR. High Culture Room
Ages 11-17

for more information contact
the Youth Program
403.258.4631
garett.simeon@tsuutina.com
bullhead Hall- 159 Bullhead Road

Understand how various aspects of respect can provide you with a set of values for living well. Learn from experienced Tsuut'ina Nation Elders, peers and community members. Participate in healthy thinking and healthy activities. Learn about life skill developments such as: anger management, drug/alcohol awareness, healthy coping skills and goal setting.

Partners in Place Building Communities Through Experiential Learning

Parent Symposium - April 19, 2018

When: 6:30 pm to 8:30 pm

Where: Connect Charter School

Price: Free (50 spots available)

This evening presentation will feature a keynote address by Amy Demarest, who will lead a discussion on the four elements of place-based education - experience, subject, place, and service. Other speakers will include Elder Gloria Runner from Tsuut'ina Nation who will be opening the evening with a blessing, and Albi Sole who will be discussing the roots of Physical Literacy. Refreshments will be provided.

This event is open to Tsuut'ina and Connect Charter School parents, as well as Lakeview Community residents. Please contact Amy Meguinis at ameguinis@tsuutinaeducation.com, or text her at (403) 836-2320 if you would like to attend.

In Partnership Together



Visit www.partnersinplacesymposium.com for more information.

Connect Charter School respectfully acknowledges that we are located on traditional territories of the Niitsitapi (Blackfoot) and the people of the Treaty 7 region in southern Alberta.

Young Womens GROUP

- All Program Run Times 4pm-6pm -

JAN 10 & 24 2018 APRIL 4 & 18 2018
FEB 7 & 21 2018 MAY 2, 16 & 30 2018
MARCH 7 & 21 2018

Tsuut'ina JR/SR High School Culture Room



In partnership with Tsuut'ina Healthy Living. Come join our sessions starting in November. For girls ages 13-17.

This is a program designed for girls to help promote healthy identities for themselves as strong young Indigenous women.

Come learn spirituality, cultural traditions and ceremony. Understand how the various aspects of respect can provide you with a set of values for living well.

Learn from experienced Tsuut'ina Nation Elders, peers and community members.

Know what it's like to participate in a healthy group and participate in healthy thinking and healthy activities. Make healthier choices in life!

Learn about illicit drug awareness and use facts to guide decisions about drugs and high risk lifestyles associated with drug misuse.



YOUTH PROGRAM
CALL TO REGISTER & FOR MORE INFO
159 Bullhead Road
587-222-3544/403-251-2082
riel.manywounds@tsuutina.com -or-
heather.meguinis@tsuutina.com





ARTIST OF THE MONTH



PARENTS: LILLY BIG PLUME & STEVEN MISTAKENCHIEF

GRANDPARENTS: CLIFFORD & VANORA BIG PLUME



When did you start playing guitar and singing? (Self taught or lessons?)

I have been singing for as long as I can remember! I was involved with choir and school music groups from elementary until high school. I attended piano lessons growing up and that was a huge help in assisting with learning the guitar. YouTube videos were also a great resource, I wouldn't say "self taught" because I've had help with the learning process along the way.

What was the first song you learned to play? What is your favorite song(s) to play?

The first song I learned to play was "Sweet Child of Mine" by Guns & Roses. I love playing country and classic rock and I find Johnny Cash is always a crowd favorite

Have you written any songs you would like to share? What inspires you to write?

Experience. I've written several songs about my story, and those

around me as well. I've also focused my songwriting to bring awareness to societal issues. I have a song called "One More" that I wrote from recognition approach perspective about addiction awareness. I have another song I wrote about the barriers of social media. Anything can be my inspiration, I write pieces here and there and eventually it becomes a song.

How did you feel after your first performance? Any interesting happenings/funny stories to share?

I have been performing since a very young age, I use to get nervous singing in front of people so I definitely had to get over stage fright but as soon as I would start singing all of the nerves & anxiety disappeared.

As for stories, I did not always excel at memorizing lyrics. I did a gig and I sang, "Friends in Low Places" by Garth Brooks, a song I had previously sang many times



before and after the chorus I went blank, kept playing the guitar but I couldn't remember the words, luckily there were people in the crowd who helped me get through it and sang along - I find it funny looking back now.

What is your advice to those who would like to pick up an instrument? What about those who would want to write music as well?

The most important advice I can give to anyone wanting to learn an instrument is patience and practice, the learning process can be quite frustrating at times and we are always our own worst critic but if you keep at it, it will get easier! Any advice in regards to writing is to start with journaling. Writing down feelings or events that happened to you and just simply believing in yourself, can be any sort of inspiration that can make a song

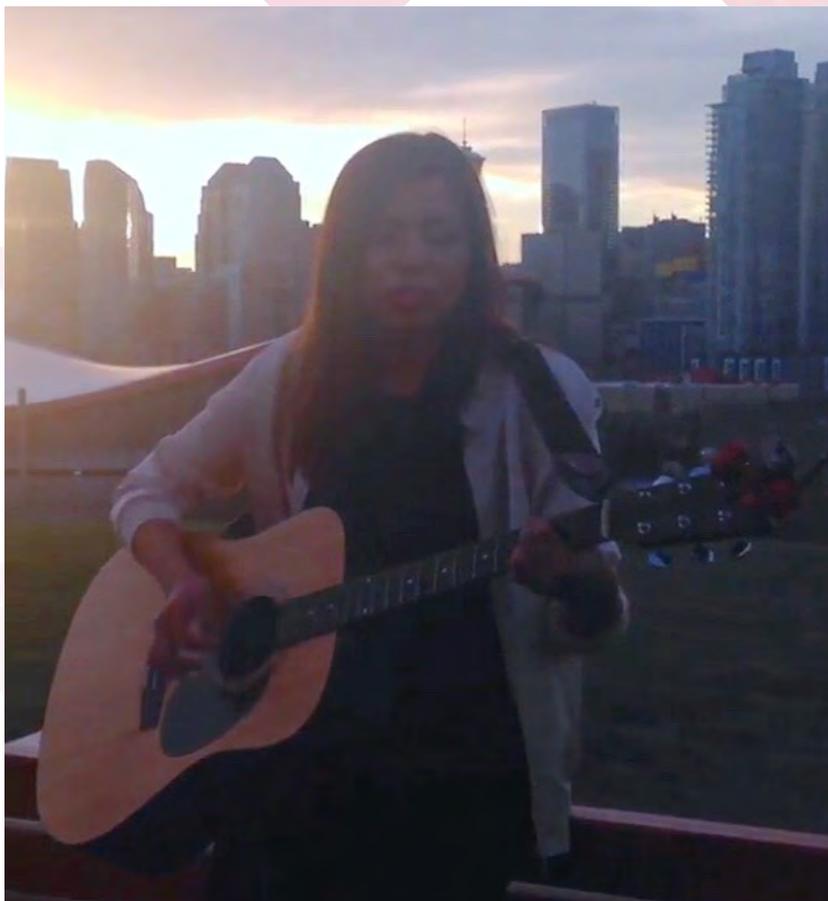
Where do you want your music to take you?

I hope to inspire the next generation with my music, I hope to teach the youth who are interested in music to learn more about writing and composition, and lastly to help them find their voice and use it for what they believe in.

Where can the Nation follow you?

Instagram: @amberjademusic

Youtube: Amber Jade



Amber Big Plume

COLTON CROWCHILD

PARENTS: RHONDA WHITNEY AND DARRELL CROWCHILD
PATERNAL GRANDPARENTS: HARLEY AND MILDRED CROWCHILD
MATERNAL GRANDPARENTS: MARGARET & RALPH LEE WHITNEY
INDIAN NAME: WHERE HE STANDS IS BRIGHT



amazing people and experience many things.

Where would you like music to take you? Where has it taken you so far?

I am unsure where I want music to take me. I know it will always be a part of my life but to what degree, I don't know.

What advice do you have for aspiring musicians?

Stick with it. I have tried to teach a lot of my friends and I even taught as a job for a while. The one thing I have noticed is that people will get frustrated and quit. They think they are not naturally musical or blame their fingers for being to small and not being able to reach around the neck of a guitar. None of that is true and it just takes dedication to improve your skills.

When did you start playing guitar?(Self taught or lessons?)

I received my first guitar as a present for my 5th birthday. I was immediately put into lessons and never got any better because I didn't practice. I took lessons for 5-6 years and barely learned anything because I would never dedicate the time to sit down and go over my lesson book. After a while I quit taking lessons and took a year away from playing. This helped to develop my passion to play again which lead to me teaching myself most of what I know today.

and contributed to roughly 5 different bands over the past few years. Bands are hard to keep together if you are still young and figuring out what you want to do with your life.

What was your first ever performance like?

My first performance was at Chiila elementary when I was in K5 or Grade 1. I played Feliz Navidad at the Christmas concert and remember that I was very nervous and so worried I would forget how to play the song half way through.

What was the first song you learned to play? What is your favorite song(s) to play?

The first song I remember learning was a traditional Spanish song called "Romanza." It is played finger style which was the way I was first taught. My favorite song to play has to be a song I wrote called "White Noise, Black Light." It was a challenging piece to write and it changes a lot throughout the course of the song which keeps it interesting.

Have you written any music/songs? If so, would you like to share what you've written?

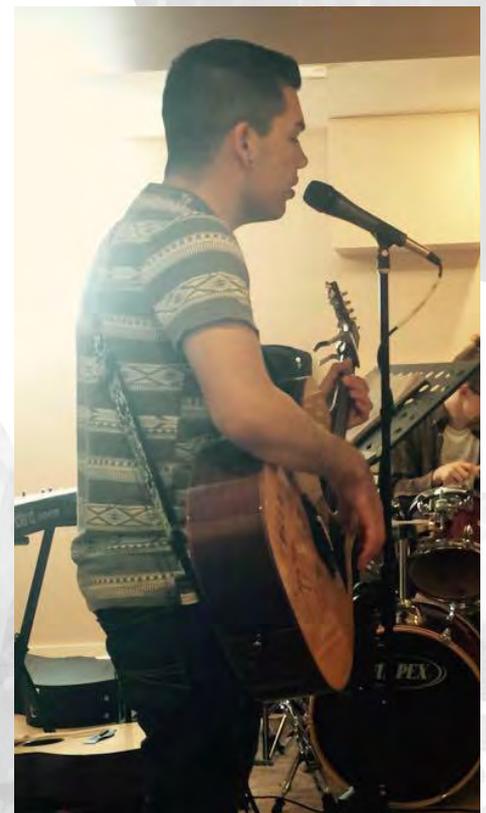
Yes, I write all of the time. I don't consider myself much of a lyricist but I am always writing down riffs and song ideas that I want to come back to. I would love to share my music but I don't have much of anything recorded right now. One of the goals I have set for myself recently is to record and share more of what I have written so there may be something new floating around online soon.

How many bands have you been in/are in?

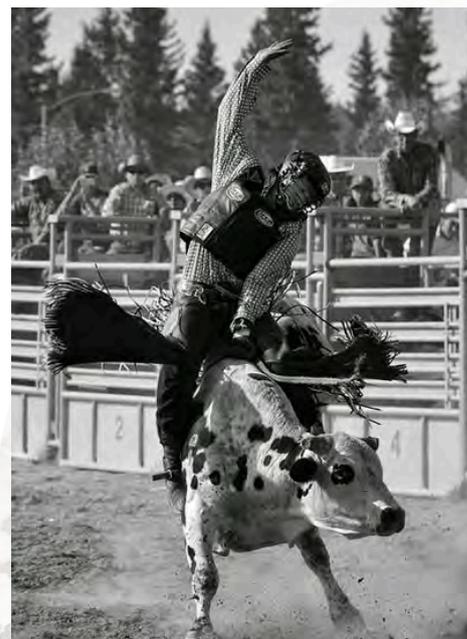
I am not currently playing in any bands but I have played with a lot of people

How has music shaped your life so far?

Since I started playing so early in my life I feel that music, among other things, has really shaped my life for the better. It has allowed me to meet some



ARTIST OF THE MONTH



When did you start taking photos?

I always grew up with a camera in my hands photographing the dogs and horses we had when I was a kid or taking silly pictures of my sister.

What is your favorite camera to use?

My favorite camera to use is my Canon 80D. I don't have many lenses for it but I am making the best with what I have.

Film or digital?

I haven't played around with film camera's that much so I would have to say digital. I do want to get more EXPOSURE in shooting film... pun intended.

Have you been approached to shoot professional photos? If so, how was the experience?

I haven't been approached yet but I am willing to take on any opportunity to improve my skills

What is your favorite photo you've taken?

I don't have a favorite. There are too many that I have taken that I love for different reasons

What direction would you like to take with photography?

I would love to get more into travel photography. I want to explore and document where I have been.

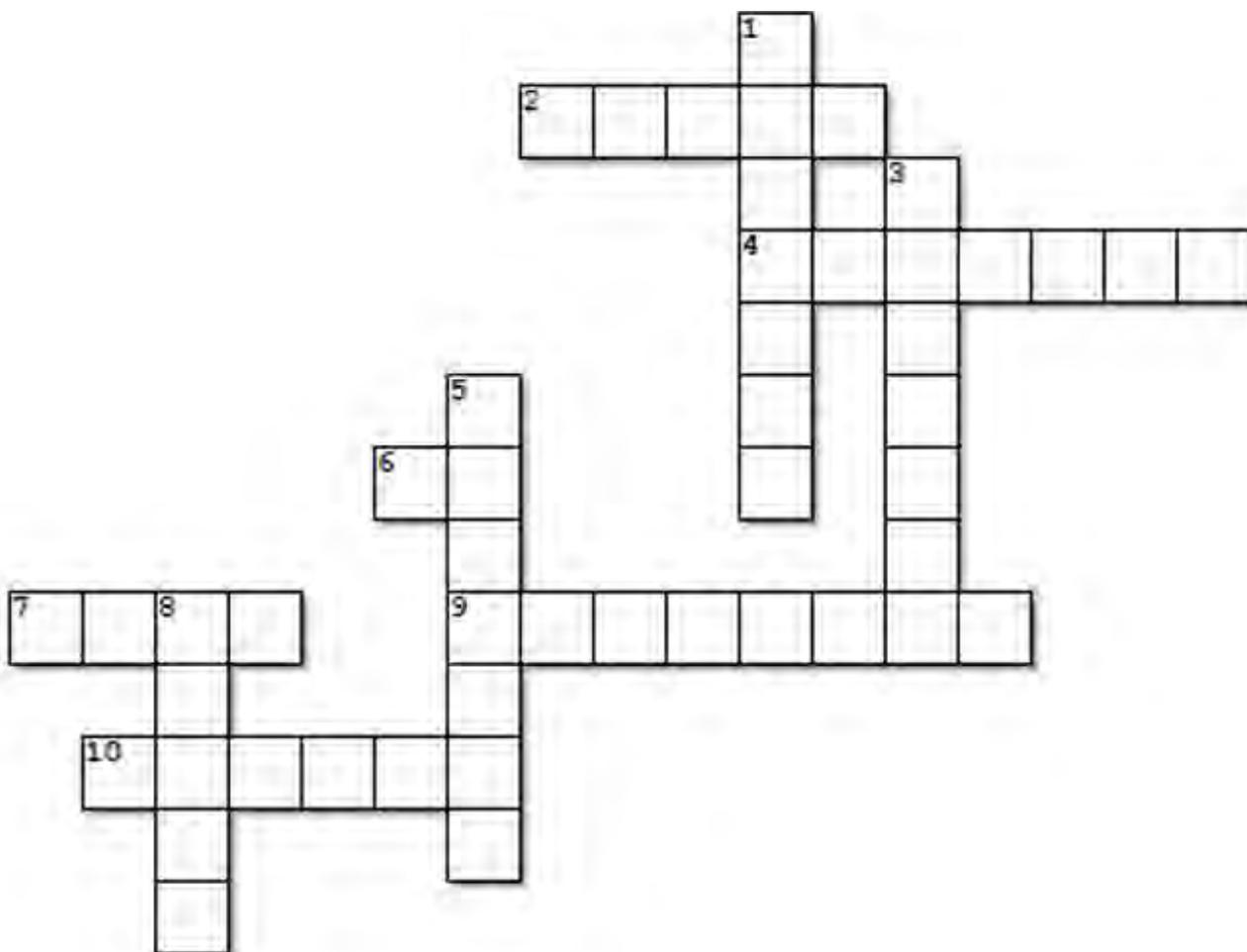
What advice do you have for those wanting to pursue photography?

My advice would be the same as music; stick with it. You have to realize that you won't be amazing when you first start and you won't get any better with your camera collecting dust in the closet

Where can people follow you?

Currently I share most of my photographs through instagram: **@coltcrowchild**. I am colorblind so I edit exclusively in black and white.

TSUUTINA GUNAHA CROSSWORD



TRANSLATE FROM ENGLISH TO TSUU'TINA GUNAHA!

ACROSS

- 2. SING
- 4. DOG
- 6. WATER

7. LEAVE

- 9. ONE
- 10. WOMAN

DOWN

- 1. YELLOW
- 3. RED
- 5. FIVE
- 8. EAT

DÀ-HÍ ON SITE

Take a look at where Dà-Hí has been spotted! These lovely people can't get enough! *(Please keep in mind that these have been Photoshopped and this is all in good humor. Except that last one...)*



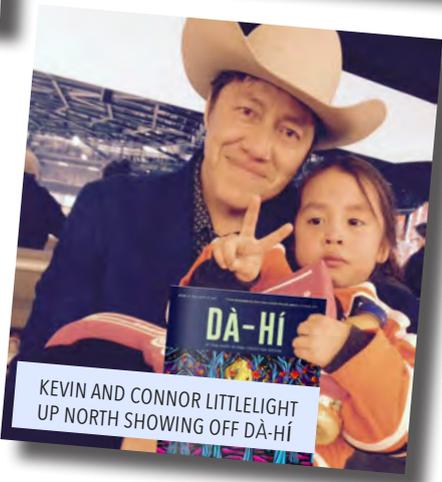
THE LOVELY STAMPEDE PRINCESS CIERAN STARLIGHT HOLDING OUR PRIDE AND JOY



KRISSY MEGUINIS PROUDLY SHOWING OFF JUNE AND FEBRUARY



TONIA AND FAITH CROWCHILD, LOWA BEBE CAUGHT CELEBRATING!



KEVIN AND CONNOR LITTLELIGHT UP NORTH SHOWING OFF DÀ-HÍ



UHHHH, WELL IT WAS PROBABLY A DRAFT COPY.... RIGHT??

SIYISGAASDZI-TII

We from Dà-Hí would like to send our many thanks to our supporters and contributors for the continued anticipation of this magazine. Dà-Hí has to go on hiatus due to shortage of resources and will not be publishing until we can gather them. While we are sad to let this magazine put on hold, we are also still thinking of new ideas to bring you, the readers, information of Tsuut'ina's history and present.

The staff behind Dà-Hí can't thank our contributors enough for taking the time to help share the Nation's stories. To our artists and athletes we

are proud to share your accomplishments and continued inspirations to the Community.

And we can't thank our Elder's enough for taking the time to sit with us to share their stories. The Afternoon with Elders became our favorite segment and wasn't for work anymore, it became our view into the past and gave us great humility.

And lastly, to the staff working behind the scenes. Your worked has been much appreciated and has created a wonderful publication, for all your efforts, *Siyisgaasdzi-tii*.



Proudly brought to you by
Dit'onik'odza Limited Partnership
and Guja Nats'iyini'hi Board



DIT'ONIK'ODZA
LIMITED PARTNERSHIP



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Īk'ōyí

"TAURUS" Apr 20 - May 20

All of your aims are achievable, although many of them would involve bionic implants and a lot of theft. Do not underrate yourself, your more capable than you think.



Ádagù-hí

"LIBRA" Sept 23 - Oct 22

Believe everything you read today. You gullibility may cause you problems later this week. Do not trust anyone saying they have the money they owe you.



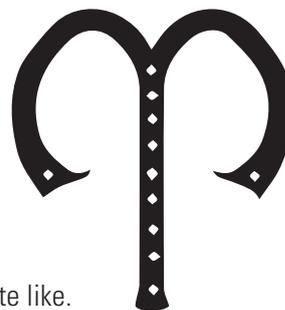
April

Find your sign below to see what the month of April 2017 has in store

You say it's your Birthday:
Dōmá Īk'ōyí

"ARIES" Mar 21 - Apr 19

The loony-left is a phrase that you quite like. When aiming for greatness, set your sights to "better than greatness"



Last months fry bread:

Tłúk'á Cha Átládīt'iyí

"PISCES" Feb 19 - Mar 20

If you are extremely tired, you may find that you fall asleep at some point. Morale boosts are for needy geeks - you're one of those I can so it myself kind of people.



Īk'āst' ónághá

"GEMINI" May 21 - Jun 21

You will be provoked by a spotty teenager. Don't rise to him. You're single. So what are you doing reading this when you could be out there having a good time with friends.



Mīlò Gūlīnī

"CANCER" Jun 21 - Jul 22

The right moment could grab you at any moment. Although you may feel justified in doing what you do, there are definitely times in which your conscience makes more sense.



Mīzīts'Ī gúdísúlí

"LEO" Jul 23 - Aug 22

All the best plans never workout, something good takes time but great things happen all at once.



Nīchīdīnīt-łōdī Ts'íká

"VIRGO" Aug 23 - Sept 22

The next person to offer you advice will have a secret agenda that you ought to be wary of. Express yourself in a non-flamboyant and unexciting manner you may be surprised.



Nātł'ūwí

"SCORPIO" Oct 23 - Nov 21

Today is not your lucky day. It's tomorrow instead! So that's something to look forward to. Try to help everyone around you, karma is a real thing.



Ístłí K'at'ini

"SAGITTARIUS" Nov 22 - Dec 21

"Shout, shout, let it all out." A rhyming message which can really help you out today. Just saying it out loud can change your day, hopefully for the better.



Dōmā Dā

"CAPRICORN" Dec 22 - Jan 19

Flashing lights and fireworks are a sign of good hope for you today. Nutrition will play a major part of your life for the next week. So make sure you eat somewhere else other than the casino.



Tú Yīkōłí

"AQUARIUS" Jan 20 - Feb 18

Avoid serious questions wherever possible today and TIE YOUR SHOES ! Your footsteps will seem louder today as you break in new shoes.

