

DÀ-HÍ
AT THIS POINT IN TIME

GOGI NINADIĒII CH'AT'AGHA · GEESE RETURNING MONTH
MARCH 2018

DÀ-HÍ

TSUUT'INA NATION MAGAZINE



DÀ-HÍ

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Dà-Hí is created in the Tsuut'ina Nation Communications Department. Our intention is to always reflect and represent Tsuut'ina Nation in the best and most accurate manner. If you have suggestions for improvement or ideas for future stories or feedback on the current issue, we would love to hear from you. Please address all comments to communications@tsuutina.com. Siyisgaas.

DÀ-HÍ

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Front and inside photo credit: Glenbow Museum Circa 1900 "Sarsi Men"



MAR

BRING OUR
CHILDREN HOME



NATION NEWS

INFORMATION FROM DEPARTMENTS/
BUSINESSES & SERVICES

TOSGUNA POLICE HONORS MISSING & MURDERED INDIGENOUS WOMEN



“Thank you to everyone who braved the weather and made it to our education session on Missing and Murdered Indigenous Women and Girls. Our service was happy to host the Family Information Liaison Unit from the Alberta Justice and Solicitor General and to raise awareness on the epidemic of our MMIW”

-Tsuut'ina Police





TOSGUNA

In January, 2004, the Tsuut'ina Nation Police Service officially commenced full policing authority for the Tsuut'ina Nation, under Section 5 of the Alberta Police Act. This past year has been especially exciting as the service moved into their new building located just across from the Joseph Big Plume Administration Building this past year. The Communications team would like to send a huge thank you and gratitude for the amazing job they do everyday protecting and serving the community and its Citizens. Here is an inside look at the outstanding staff that make it all happen everyday! Siyisgaas Tosguna.

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info@tsuutinapolice.com



Keith Blake
Chief of Police

Chief Keith Blake was sworn in as the 5th Chief of Police of the Tsuut'ina Nation Police Service on May 16th, 2013 and is now entering his 6th year of Service on Tsuut'ina Nation. "I continue to feel honoured to be part of this community as Chief of the Tsuut'ina Nation Police Service. I have also been privileged to work with dedicated officers who take pride in their role and the Nation we serve. As a result of having good people to work with and work for, our policing services for the Tsuut'ina Nation come with an emphasis on community values, those of respect and understanding. It is this unique police environment, in combination with a strong, proud and supportive community which makes policing the Tsuut'ina Nation a very rewarding experience."



Clint Healy
Inspector

15 Years Service on TTN



Steve Burton
Inspector of Organizational and Investigative Support

3 Years Service on TTN



Quinn Jacques
Sergeant

2 Years Service on TTN



Shane Powers
Sergeant

4 Years Service on TTN



EMERGENCY: CALL 9-1-1
NON-EMERGENCY: 403-271-3777
(24 HOUR COMPLAINT LINE)



YOU CAN FOLLOW TOSGUNA ON FACEBOOK AT: TOSGUNA TSUUT'INA NATION POLICE SERVICE
OR TWITTER AT: @TSUUTINAPOLICE



Dawn Blake
First Corporal
8 Years Service TTN



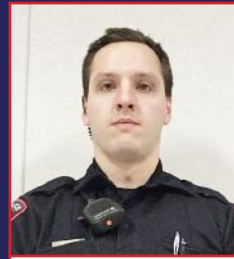
Gordon Wharf
Corporal
9 Years Service TTN



Roy Fairbrother
Corporal
10 Years Service TTN



Willy Bigsmoke
Constable
12 Years Service TTN



Tim Daley
Constable
4 Years Service TTN



Tammy Dodginghorse
Constable
22 Years Service on TTN



Courtney Gracie
Constable
4 Years Service on TTN



Chris Kelly
Constable
3 Years Service on TTN



Erica Lacasse
Constable
1 Year Service on TTN



Sean Lentowicz
Constable
5 Years Service on TTN



Robert Mckinnon
Constable
3 Years Service on TTN



Jonathon Prystayko
Constable
3 Years Service on TTN



Dwight Wolftail
Constable
3 Years Service on TTN



Brittany Ouellette
Crime Prevention Coordinator
3 Years Service on TTN



Tsveta Yotova
Executive Assistant to the Chief of Police
2 Years Service on TTN



Amanda Barker
Interim EA to the Chief of Police
4 months Service on TTN



Kelsi Reimer
Office Manager
3 Years Service on TTN



Theresa Bohler
Information Manager
12 Years Service on TTN



Olivea Dubek
Administrative Assistant
2 Years Service on TTN



Jolene Cartwright
Administrative Assistant
8 months Service on TTN

STAFF NOT DEPICTED:

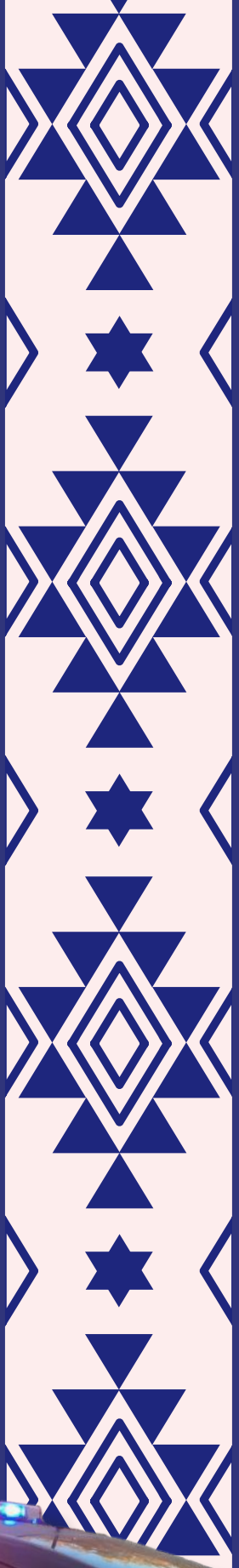
Maea Crowchild,
Constable
4 Years Service on TTN
Katy McAdam,
Constable
2 Years Service on TTN
Irwin McAdam,
Corporal
2 Years Service on TTN

Amos McArthur,
Constable
3 years Service on TTN
Mike Ter Kuile
Corporal
1 month of Service on TTN

POLICE COMMISSION BOARD:

CO-CHAIRS
Councillor Darryl Whitney
Councillor Brent Dodginghorse
PLO
Monica Onespot

TRUSTEES
Elder Violet Meguinis
Elder Frances Littlelight
Anthony Starlight
Hanna Big Crow



CITY OF CALGARY AND TSUUT'INA NATION SIGN AGREEMENT

Article Submitted by
Crystal Whitney, Assistant Chief – Emergency Management

On February 6, 2018 Tsuut'ina Nation and The City of Calgary held a signing ceremony to mark the agreement for Calgary 9-1-1 to deliver services to Nation residents. The agreement includes evaluating calls for the appropriate service response, transferring calls for police or ambulance to the appropriate agency and providing dispatch services to the Tsuut'ina Nation Fire Department.

Calgary 9-1-1 dispatchers will monitor the safety and security of firefighters for both emergency and non-emergency response. They will also act as an information hub by receiving notifications from multiple sources and sharing information with the fire department.

We are truly grateful for all the work that was put into making this happen. We would also like to thank the Regional Foothills 911 Operations Center for the several years of service to our Nation.

Siyisgaas ~ Thank you,

This event was well attended including Calgary 9-1-1 Commander Doug Odney, Calgary Deputy Mayor Ward Sutherland, and many other representatives both from the City and Nation. Xakiji Crowchild appropriately expressed his disappointment that Mayor Nenshi was absent from the event saying, "there has to be protocol followed, he should have been here... I want to make that really clear" but overall spoke to the benefits of working together.

Thank you to all those who attended, especially speakers Elder Alec Crowchild, Councillor Brent Dodginghorse, TTN Fire Chief Tim Minue and MC Hal Eagletail.



TSUUT'INA STONEY CORRECTIONS SOCIETY



The Tsuut'ina /Stoney Corrections Society (TTSC) is committed to helping community members from Tsuut'ina , Morley and Eden Valley when they find themselves involved in the Justice System. TTSC provides supervision, assistance, support, and advocacy, while following the policies of the Alberta Justice & Solicitor General. As well, TTSC emphasizes respecting the unique cultural differences of the Stoney/Nakoda and the Tsuut'ina First Nation by incorporating their traditional cultural beliefs and values.

Tsuut'ina/Stoney Corrections Society (TTSC) was established and incorporated in 1991. The Society is a joint venture with Alberta Justice & Solicitor General, Tsuut'ina Nation, and the 3 Bands of the Stoney Nakoda Nation – Bearspaw, Chiniki, and Wesley. TTSC has been in operation since 1992. Services are provided within the three communities of Eden Valley, Morley, and Tsuut'ina. The main objective of all criminal justice personnel is the protection of public safety. Public safety is always considered for the communities and is always the main consideration of law enforcement, the Courts and Community Corrections.

GENERAL OFFICE HOURS

Monday – Friday 8:30am – 4:30pm

CONTACT INFORMATION:

Tsuut'ina /Stoney Corrections Society
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Main Office Tel: (403) 238-5649
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VICTIM SERVICES

Frances Starlight
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COURT WORKER

Jennifer Big Crow
Cell: 403-968-7555

COURT WORKER CELL

Margery Powderface
403-804-4294

PROBATION WORKER

Jacqueline Meguinis
Cell: 403-998-0140

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PRACTICUM STUDENT: Lacy Runner

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VICTIM SERVICES COMMUNITY SUPPORT:
Cindy Severite
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VICTIM SERVICES ADMINISTRATIVE
ASSISTANT: Livia Manywounds
lmanywounds@tsuutina.com

VICTIM SERVICES PROGRAM

Tsuut'ina Community: Home & Field Visits
and/or appointment Tsuut'ina Court: 1st &
3rd Friday of the month

Eden Valley Community: Wednesdays

Morley Community: Tuesdays & the
occasional Thursday

COMMUNITY SUPERVISION (PROBATION)

Tsuut'ina Probation: Tuesdays, Thursdays &
Fridays (by appointment)

Eden Valley Probation:
1st & 3rd Wednesdays

Morley Probation: Tuesdays & Thursdays

Turner Valley Court: First Tuesday
of the month

Cochrane Court: Last Tuesday of the month

FINE OPTION SERVICES

Tsuut'ina: By appointment

Morley: 1st & 3rd
Thursdays of the month

Eden Valley: 2nd Wednesday
of the month

COURT WORKER SERVICES

Courts Covered: Tsuut'ina Court; Cochrane
Court; Canmore Court; Turner Valley
Court; Okotoks Court and Family Matters
in Calgary

COURT WORKER LOCATIONS

Jennifer Big Crow:
(Criminal, Traffic, & Family)-Cochrane,
Canmore, Okotoks,
& all Family Matters in Calgary
Margery Powderface:
(Criminal & Traffic)-Tsuut'ina;
Turner Valley; Canmore, Okotoks.



ROY WHITNEY ONESpot CANDIDATE FOR THE ASSEMBLY OF FIRST NATIONS ALBERTA REGIONAL CHIEF

Tsuut'ina Nation Past Chief Roy Whitney Onespot has been a very busy man. Chief Roy Whitney was nominated to run for the Assembly of First Nations Alberta Regional Chief. He ran a platform based on building unity and strong relationships, passion for improving social conditions and building a strong foundation & economy for our future generations. Ultimately there were five candidates on the ballot for the title including Ermineskin Cree Nation former Chief Randy Ermineskin from Treaty 6, Lawyer Will Willier from Treaty 8, Mikisew Cree First Nation Marlene Poitras from Treaty 8, and Gina Potts who served in a few positions for

the AFN from Treaty 6. They delivered their platforms at the River Cree for 39 Alberta Chiefs to deliberate and vote on. On Thursday Feb. 22, Chief Marlene Poitras was the successful candidate to replace Alberta Regional Chief Craig Mackinaw. In the nearly four decades that the Assembly of First Nations has existed, a woman has never occupied Alberta's Regional Chief position. She has a background in nursing and has worked with a variety of Indigenous organizations. *It's amazing to see a Tsuut'ina member and former Chief at a global level. Siyisgaas Chief Roy Whitney, what an exciting race to watch!*



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ADVERTISEMENT PRICE LIST AVAILABLE TO
ALL WHO INQUIRE- PROMOTIONAL PRICES
FOR THOSE WHO COMMIT TO RUN MORE
THAN ONE MONTH A YEAR.

SPECIAL CONSIDERATION WILL BE MADE
FOR NATION/CITIZEN OWNED COMPANIES



THE POWER WITHIN WORKSHOP

**Article Submitted by
Simone Dodginghorse- SBI**

"It was a beautiful winter morning, we had our elder Jean Dodginghorse say opening prayer. We had our Chief Mr. Crowchild say opening remarks, we had a packed house with our youth and we also had the junior and senior high school come and attend. It was a very informal educational two days of packed action! There was a lot of interaction with our guest booths; the audience had a chance to have one-on-one sessions with the booths that were there available for questions and answers. Also we had our motivational speaker Kendal Netmaker present the first day. It was really great to see the youth and everyone enjoy Kendal's story! It was Kendal's first time to the Nation, I hope other programs can invite him in the future! For this Workshop, the goal was to get out there to the community members, inspire entrepreneurs and our next generation. It's about what is coming down the road in

terms of economics and the economic sector, strengthening our community for future generations- the foundation for our futures, and to start thinking today about what it will look like a 100 years from now. What we do today will still be here 100 years from now. We as a department can make sure our programs work together to help our economy and make sure we as a nation stay thriving. Make sure our future generation are informed and they have all they need to keep the nation thriving.

The Good Workers program was also present and we had over 20 of our young adults apply for various jobs at the booths. Seeing them filling out job applications was very exciting.

"That's why this workshop is so important, together this was all about helping one another to thrive and build that strong foundation that our children's children are going to be taken care of in the years to come."



OPENING REMARKS

Chief Lee Crowchild

INTRODUCTION

(Review of Opportunities for the Nation)

Jay Ahenakew Funk -
Economic Development Strategist

Simone Dodginghorse -SBI

KEYNOTE SPEAKER

Kendal Netmaker -
Founder and CEO of Neechie Gear

PRESENTATIONS BY

ENMAX

Candere/Partnership
William Brisco and Bryce Starlight

ADDITIONAL PARTICIPANTS

Jeff Cowling- *Province of Alberta (Financing Your Small Business)*, Jason Wilson - *Alberta Indian Investment Corporation (Operating a Business on Nation Lands)*, Shawna Morningbull - *Treaty Seven CF, ATB Financial, KGL, Summer Temporary Employment Program (STEP), Canada-Alberta Job Grant*

Thank you to all who came and joined us, we are looking forward to the next one! Special thank you to leadership and our sponsors ENMAX & ATCO & ATB Financial for supplying lunch to all who attended.



HELP BRING OUR CHILDREN HOME



"According to the 2016 Census of Population, Indigenous children represent only 7.7% of the total population aged 0-14 in Canada. However, they account for over half (52.2%) of children in foster care. The majority of Indigenous children in foster care are Registered Indians (69.1%)"

- Statistics Canada website

"Isgák'á K'ānànò



RUMOR HAS IT	MATTER OF FACT
Child and Family Services apprehend children because their family is living in poverty...	Province of Alberta, in the Child, Youth and Family Enhancement Act do NOT apprehend if families are living in poverty, having custody disputes, or truancy (school attendance) matters.
Child and Family Services intervene in custody disputes...	Province of Alberta, In the Child, Youth and Family Enhancement Act the intervention services are necessary to assist the child's family in providing for the care of a child, those services should be provided to the family, insofar as it is reasonably practicably, in a manner that supports the family unit and prevents the need to remove the child from the family
Child and Family Services apprehend children & youth who do not attend school....	Province of Alberta, In the Child, Youth and Family Enhancement Act, recognize children succeed more when they are with their families. Tsuut'ina Nation Child & Family Services is obligated to the CYFEA, and supports families and the Tsuut'ina Nation in building a healthy community.
Child and Family Services want to take your kids away....	Tsuut'ina Nation Child & Family Services Society ALWAYS tries to contact family first if a child is intervention has occurred and a child needs to place.
Child and Family Services always put children in need of intervention services in foster homes outside the nation.	Tsuut'ina Nation Child & Family Services Society tries to work with families first and create safety.
Child and Family Services will take your children away if there was domestic abuse in the home...	Tsuut'ina Nation Child & Family Services Society work to protect children and youth from mistreatment or abuse.
Tsuut'ina Nation Child & Family Services Society needs emergency placement, kinship, and foster care providers...	TTNCFSS is #1 DFNA. The yearly audit is based on casework plans, face to face documentation, and front line casework.

The Tsuut'ina Nation Child and Family Services Society was incorporated on June 6th 1993 under the Alberta Societies Act, to provide for the welfare of the Tsuut'ina Nation children and families in a manner that is guided by the Tsuut'ina community and reflects the needs, traditions and lifestyle of the Tsuut'ina people.

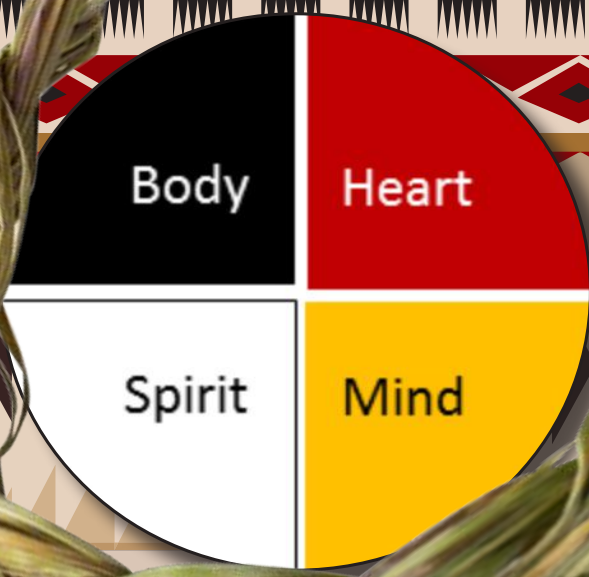
The TTNCFSS is committed to working collaboratively with Tsuut'ina Nation families to increase their ability to fulfill their responsibilities in caring for their children in a culturally relevant manner. We believe the best interests if the child must always be recognized and protected. Every effort must be made to keep children within the Tsuut'ina community, utilizing the strengths of the extended family and the community as a whole to ensure that all children are safe and protected.

TTNCFSS is working towards providing a strong and unique family based program to empower families and create a healthy community. The Services we provide are creative, reflective and responsive to the changing needs of the community. TTNCFSS has identified a clear vision for our children, youth, families and community. We strive to provide effective and accountable services that meet the mandates of legislation and adapts to the changing needs of the community.



-ná Nāwītīn-ná"





CONNECTING TO THE CULTURE

The Cultural Connections Plan reinforces the importance of preserving the uniqueness of the child's culture, heritage, spirituality, language, and traditions. Caregivers & Kinship Care providers must follow the cultural plans as they are supports for children in maintaining cultural, familiar ties to their communities, and preserving the child's unique cultural identity. These cultural plans provide a list of activities and identify potential opportunities for the child's involvement in the community. The First Nation's Band Designate and Cultural coordinator also provides information regarding cultural resources within the community.



KINSHIP CARE PROVIDERS

After intervention services are required, placement of child/children with family for an extended period of time.

STEPS IN BECOMING A KINSHIP CARE PROVIDER:

1. Application to become a Kinship Care Provider includes:
 - a) Criminal record check including vulnerable sector search
 - b) Intervention record check
 - c) Environmental Safety Assessment
2. Home Study
3. Caregiver Orientation Training

EMERGENCY PLACEMENT (SHORT TERM PLACEMENT)

Temporary immediate placement of child/children when intervention services are required. Placement used until kinship or foster care placement found.

STEPS TO BECOME AN EMERGENCY PLACEMENT PROVIDER:

1. Application to become an Emergency Placement Provider includes:
 - a) Criminal record check including vulnerable sector search
 - b) Intervention record check
 - c) Environmental Safety Assessment
2. Home Study
3. Caregiver Orientation Training

FOSTER PARENTS

If Tsuut'ina Child & Family Services Society and the First Nation's Band Designate cannot find any family able to care for the child/children, they will be placed with a licensed foster home.

STEPS IN BECOMING A FOSTER PARENT:

1. Application to become a Foster Care Provider includes:
 - a) Criminal record check including vulnerable sector search
 - b) Intervention record check
 - c) Environmental Safety Assessment
2. Home Study
3. Caregiver Orientation Training
4. Foster Care Training to completed within a year.

"Tsuut'ina community members can become licensed foster homes, which is beneficial for the child/children because they can remain closely connected to Tsuut'ina and in a First Nation's placement."

TSUUT'INA NATION CHILD AND FAMILY SERVICES SOCIETY IS LOOKING FOR THESE INDIVIDUALS, IT COULD BE YOU. FOLLOW THE STEPS OUTLINED AND HELP BRING A CHILD HOME.



How long have you been a caregiver for TTNCFSS?
I've been a caregiver for 21 years, and I had a 10 year break in between because I was still raising my children.

What were pros and cons in completing the application process?
The con was the situation. The fact the children were being removed from their parent's and the trauma the parent's put them through.
Was your Foster Care Worker or TTNCFSS helpful?
I believe so. It has been so long. The home study was a lengthy process, many visits, but it was necessary to ensure the home they were placing the children in was safe. You do not want to remove children from an unsafe home and place them in another unsafe home. The process ensured the kids were safe and comfortable.

Is there anything TTNCFSS can do for other applicants to make the process smoother?
Not that I can think of... In regards to the community, sometimes it is better to have children that have endured sexual assault placed outside the community because they can be victimized over again since the perpetrator most times remains within the community. This happens in all First Nation's communities, and currently victims are being heard more than ever before, which is a good thing. In some First Nation's communities the perpetrator is forced to leave, which prevents victimization from occurring again. More support is needed from the community. We need to stop viewing children in care as pitiful, but look at it as a good thing they are here with us. When children in care remain in Tsuut'ina or with a Tsuut'ina family, they are able to visit other family members more easily, and they are included in the events and programs.

What do you like about being a caregiver?
Raising children that belong to my family and making sure they feel a part of Tsuut'ina. Helping them know who they are and ensuring they feel like they belong and are loved.

What difference did you see in your child/children being placed with you, rather than outside the community?
In the beginning the children were placed in a foster home with a different ethnic background. I have no complaints against them. They were good to the kids, however language and culture was a barrier. The foster family didn't eat meat, and First Nation's love meat. But the foster mom asked me about our diet, so that she could better accommodate the kids. The foster family lived in the NE, so distance was also a barrier in keeping the kids closely connected to Tsuut'ina. The children were well cared for while they were outside the community, and now years later you can see how much it helped when our family stepped in. Our family worked together from the beginning, we arranged how many children we could each handle. Our family knew the children had trauma from what they endured with their parents, and were going through so much change. We decided it was best to keep them in Tsuut'ina schools, and let them see each other as often as possible (sibling group). It helped the kids so much.



Testimonial from real caregiver →



**TSUUT'INA NATION
CHILD & FAMILY SERVICES**

MONDAY - FRIDAY 8:00AM - 4:00PM
PHONE: 403.281.0121 FAX: 403.251.0368
AFTER HOURS: 403-297-2995 OR 1-800-387-5437
MAILING ADDRESS: P.O BOX 73055 WOODBINE
CALGARY, ALBERTA T2W 6E4
BUILDING ADDRESS: 240 OLD AGENCY ROAD

"NATA AY SI DANA AYINA"
"We Look After Our Children For The Creator"



PEARL CROWCHILD

MARCH'S ATHLETE OF THE MONTH

1. Who and/or what motivated you to start running? What is the training process to run a marathon?

I have always loved running. In school, everyone runs whether it's track and field or long distance. It keeps you active, healthy and fit, and for me, it lets me travel. I couldn't really run/train being a single parent so I ran the smaller races, 5 and 10 kms. I would run around the neighbourhood and hockey rinks while he was in hockey practice and as he got older I could run longer distances.

2. How many marathons have you participated in?

A marathon is 26.219 miles or 42.195 Kilometres. I've trained and run 18 marathons. Calgary (3), Red Deer (3), Vancouver (2), Toronto (1), Port Angeles (1), Sacramento (2), Las Vegas (1), Chicago (2) and New York City (3). The New York Marathon is my favourite, I've run it three times and I mean what better way to see New York then to run the five (5) boroughs.

3. When was your first marathon? And what marathon are you most proud of?

Calgary was my first in 2006 and man I was so young, lol! At that time the marathon was during the Calgary Stampede. We ran right through the Stampede grounds (that was the fun part of the race because it was the beginning of the race). It was so hot. I ran, walked, and cursed thinking why would anyone put themselves through this torture? I swore I would not do this every again. I started to jog slowly as I came up

the hill towards the finish line because I didn't want people to see me walking. The first people I saw was my son Corbin, my sister Suzy, my brother Lee and my nephew Bradley. They were all clapping and cheering me on, that started me sprinting into the finish line where my dad, mom, aunt, and cousin were waiting. I ran straight through the finish line into my dad and mom's arms. That was my most memorable race, always brings me to tears. I took the rest of the year off running and then I started to think "well that wasn't so bad..." I haven't stopped.



4. What marathon is still on your bucket list?

Boston Marathon but if it doesn't happen, its ok. I have lots of running friends and some are great runners who have qualified and ran Boston. I also know a few running friends who kill themselves trying to qualify but just haven't gotten there yet.

5. If you didn't have running as your outlet what else would you do?

Gosh, I don't know. I'd probably go stir crazy, I've made so many running friends.

6. What type of weather is the most difficult to run in? And what are your favourite weather conditions?

You adapt to the conditions. I have run/trained in all weather conditions from winter blizzards, heat waves, rain and hailstorms. Last year when doing a training run along 90th avenue I could see a storm coming. I thought I could make it to the bus shelter, but nope got caught in the hailstorm. I looked like a drowned gopher, good thing my niece Maia happen to be driving the other way and saw me standing in the bus stop drenched so she whipped around and rescued me. In winter and the colder it is, the more layers you wear. I really dislike when the chinooks melt the pathways and then they freeze again. I have had few falls. Fall/Autumn running is the best running for me, I love all the beautiful fall colours and the cool (not cold) weather.

7. What are some interesting things you've seen while running outside?

Seen a lot of stuff, especially the bigger races, too many to mention. Each race is a whole different story.

8. Do you prefer to run alone or in a group? Do you have a preferred trail?

When I'm training, I like to run with friends because we catch up and talk about our kids and/or grandkids, or just life in general. I have the best of running friends. But in a race, no matter how big or small the race is, I like to run alone so I can focus so running with the MitoCanada Team was such a challenge, both mentally and physically. I was supposed to run the Ottawa Marathon in May last year (2017) but financially I decided to stay home and run Calgary. I was actually talked into joining the MitoCanada marathon group by a running friend. I kept making excuses of why I couldn't be part of it, but 2 days before the marathon I reluctantly agreed. I was



one of 112 marathon runners tied together for the whole race (26 miles) on one of the hottest days in May with no shade. We completed the marathon in 6:24:56. I ran, smiled, waved, listened and laughed at some pretty corny jokes, prayed that I wouldn't be the one runner to fall or for whatever other reason be the cause of us not getting the Guinness Record.

I like trail running too but it has to be in a group because I'm a chicken. I was part of a team at the Sinister 7 Trail Race in July a few years ago. Runners behind me were yelling but unknown to me, I ran right by a grizzly. I don't know what I would have done if I knew there was a bear. And again last year during the K100 relay, I ran by two conservation officers with their guns raised. Yup another bear.

9. What advice do you have for those who want to train and/or participate in marathons or competitive running?

People have often said, I wish I could run like you. Anyone can run. My son Corbin was a good runner too. He would run backwards while talking to me and I'm running forward. He would jump over fence rails like it's nothing and my daughter-in-law Chantelle trained and ran the Tsuut'ina Day 10km Road Race couple years ago while I biked alongside her. Both my grandkids run the kids race at the Stampede Road Race in July and now we have another little runner born 4 weeks ago.

10. Who would you want to run against?

I remember the Tsuut'ina Day 10 km race and late Greg Onespot showed all geared up to run. He tells me, "run like you're running from the cops." He took off and no one could catch him. When we came up to the finish line, he was laying on the grass having a cigarette. He was funny and I miss him and his humour. I run for myself and hopefully am an inspiration to others. I want to keep being a role model for my grandkids, they keep me young.

11. What are your words to live by?

I was asked once why do I run so much? I wasn't sure at the time because I didn't know why either. When I was training for the Port Angeles marathon, I told myself I would quit after it being my 10th marathon, that was 8 marathons ago. I run because I can and I run for those who can't run, whether it's physical or whatever other reason they can't.



GUINNESS WORLD RECORDS HOLDER

Tsuut'ina Nation's own, Pearl Crowchild, has achieved an amazing feat and has been added to the notorious Guinness World Record Book.

With 112 runners on May 28th 2017, at the Calgary Marathon in Calgary, Pearl participated in breaking the Guinness World Record of "Most Runners Linked To Complete a Marathon." The record was previously held by 73 people in Würzburg, Germany at the iWelt Marathon in 2012.

For the attempt to officially count, it was mandatory for the runners to remain tethered together the entire duration of the race with surgical tubing with the exception of three short pre-planned bathroom breaks (at the 12K, 25K, and 36K marks) and in order for the record to count, all of the runners who started the race had to finish.

This record breaking event was organized through MitoCanada, an organization which provides support and raises awareness to Canadians affected by mitochondrial diseases.

Overall the marathon spanned 42.2K and took the team 6:24:56 to complete. Congratulations Pearl, this is definitely one for the books!



NOTICES

ANNOUNCEMENTS



THE ARROWS JOURNEY BIO

Inspiring young Indigenous youth through a community of authentic storytelling has always been a priority for Jacob Crane and Adam Conte, producers of the online series *The Arrows Journey*. *The Arrows Journey* uses digital and social media to highlight young, successful Indigenous people across North America to share their experiences in achieving their lives' ambitions. Through the creation of this network, many have a means to share and connect with others, to uplift and motivate fellow community members in navigating through their own individual journeys. Make sure to follow them on facebook at **The Arrows Journey**



This summer, be a part of the Parks Canada team and live an unforgettable work experience!

STUDENT JOBS AVAILABLE IN BANFF

Student Heritage Presenter (Visitor Experience Department): Are you a story teller? With guidance and support, you will be responsible for developing and delivering two interpretive programs based on **your indigenous culture**. The interpretive programs will focus on plains bison and the creation of an **indigenous craft**.

Student Barn Hand: Do you love working with horses? Come assist the Barn Boss and ranch hands in managing the horses and other animals at Parks Canada's YaHaTinda ranch and/or at the barns in Banff National Park.

Student Visitor Facilities Cleaner: Do you enjoy being outside? Work in one of our campgrounds cleaning & maintaining our buildings, facilities and grounds.

Student Visitor Services Attendant: Do you enjoy assisting people? Join our visitor services team by providing information and collecting revenue at various locations including visitor centres, entry gates, day-use areas and retail locations.

Student Heritage Presenter (Heritage Programs Department): Do you like teaching others? Be responsible for learning and delivering education programs, presenting interpretive demonstrations, leading guided tours and/or assisting with special events in Banff or Rocky Mountain House.



IMPORTANT INFORMATION:

- To apply, you must be registered in a full-time, secondary or post-secondary program and be returning to full-time studies in fall 2018.
- A drivers license may be required for some positions.
- Parks Canada Security clearance will be required.
- Student positions will run May to September 2018 - 35 to 40 hours per week.

HOW TO APPLY: **Deadline: March 16th 2018**

Request an application form or submit a resume by contacting Debbie Hay
debbie.hay@pc.gc.ca
(403) 760-1351



DIYI DZINISI GUJA TSUUT'INA
HAPPY BIRTHDAY TO OUR NATION ELDERS

YVONNE BIG CROW MARCH 1ST
ROY WHITNEY-ONESPOT MARCH 5TH
BRENDA RUNNER-BIG BELLY MARCH 5TH
STEPHEN RUNNER MARCH 9TH
VIRGINIA CROWCHILD MARCH 10TH
VANORA BIG PLUME MARCH 15TH
MELVIN SR. ONESPOT MARCH 17TH
NEIL J CROWCHILD MARCH 24TH
SANDRA CROWCHILD MARCH 24TH
CAROL GOTTFRIEDSON MARCH 27TH
JOYCE M STARLIGHT MARCH 30TH

PROVIDED BY TTN NATION ELDERS LIST



TSUUT'INA CAREER & EMPLOYMENT RESOURCE CENTER AND KGL CONSTRUCTORS PRESENTS




JOB HIRING FAIR

WHEN: TUESDAY, MARCH 20th, 2018
 TIME: 11AM TO 3PM
 WHERE: BULLHEAD COMMUNITY HALL, TSUUT'INA NATION

KGL Constructors & Sub-Contractors Onsite
BRING YOUR RESUME
Interviewing Qualified Candidates Onsite

Open To All Treaty 7 & Local Aboriginal Job Seekers

Contact Information:
Courtney Big Plume
Tsuut'ina ERC Coordinator
Phone: 403-238-0166
Email: courtneybpb@tsuutina.com

Dress To Impress
Business Attire Recommended

Lunch will be served & Door Prize Draw

Food your way *Learning, Doing, Growing, and Reading* *Express yourself! Showcase your art!*

TSUUT'INA REFRESHED AFTER-SCHOOL HIP-HOP SESSIONS

STARTING TUESDAY FEB 13

FEB-JUNE 2018



FREE EVERY TUES 4 TO 7 PM FREE DINNER AGES 13 TO 18

A Hip-Hop arts program that gives you the opportunity to break/rap/make beats/deejay/graff and more!


Bullhead Community Centre



INFORMATION & REGISTRATION: www.tsuutina.com
 YOUTH WORKERS: youthworkers@tsuutina.com
 EVENT ORGANIZERS: eventorganizers@tsuutina.com

REFRESHED

FINANCE'S ACCOUNTS PAYABLE TEAM



DID YOU KNOW ?

Upon submitting a payable with GST and using the proper GST General Ledger Account, this GST payment will be returned to BENEFIT the whole Nation. If every Tsuut'ina Department did this. Imagine the return? know the Code?

12200

Example: Let's Say something was purchased for a special project for your Department

Sub Total: 246.00
 G/L Code 83690 – Special Projects
 GST: 12.30
 G/L Code 12200 - GST
 Invoice Total: 258.30

Ensure your Cheque Requisition and Xyntax Entry Match.
 Your AP Team is always here to help.
 Do not hesitate to call Finance or email accountspayable@tsuutina.com



TSUUT'INA DINA DIK'ANA LAA

(TSUUT'INA NATION CITIZENSHIP DEPARTMENT)



9911 Chiila Blvd., Tsuut'ina, Alberta. T2W-6H6
 Telephone (403) 238-6305 & (403)238-6143
 Fax (403) 238-7616

Posted: February 14, 2018

INTAKE BEGINNING FEBRUARY 14, 2018

FORM 4-ADULT VOTE APPLICATION DEADLINE MARCH 30, 2018

ADULT VOTE TEST DATE IS MAY 18, 2018 FOR THE JUNE 2018 ADULT VOTE

PLEASE CONTACT THE DEPARTMENT FOR MORE INFORMATION

The Next Citizenship Evaluation Board Quarterly Meeting on Completed Applications for Citizenship is **Tuesday, March 13, 2018.**

Cut-off for Minor Applications: **Friday, March 2, 2018**
For Minor Applications, an affiliation with the other Parent's First Nation must be completed by our department staff with each Minor Application to confirm the minor has not been registered with another First Nation. The cut-off date ensures time to complete this step.

Cut-off for Marriage and Initial Applications: **Friday, February 16, 2018**

Marriage and Initial Applications Test Date: **Friday, February 23, 2018**

If you have any questions or concerns, please contact the department)
 Siyisgaas,

TSUU T'INA DINA DIK'ANA LAA Staff

Tsuut'ina Citizenship Department Applications Checklist

Check List for Applicants to become Tsuut'ina Nation Citizens

PLEASE NOTE: ALL APPLICATIONS AND APPLICABLE FORMS MUST STAY IN THE CITIZENSHIP DEPARTMENT AND SIGNATURES WITNESSED BY A DEPARTMENT STAFF MEMBER.

- In all cases, All CERTIFIED PERSONAL BIRTH CERTIFICATES WITH PARENTAGE is necessary to calculate the applicant's blood quantum eligibility for Tsuut'ina Citizenship.
- All original certificates submitted with the application shall be returned once the applicable process is completed.
- All Tsuut'ina Basic Language, History, Customs and Traditions Testing shall be arranged and completed with the department, once the applicable application is completed.

The following required documents and fees must be included with each application form:

PLEASE NOTE:

- ❖ ALL APPLICATIONS AND APPLICABLE FORMS MUST STAY IN THE CITIZENSHIP DEPARTMENT AND SIGNATURES WITNESSED BY A DEPARTMENT STAFF MEMBER.
- ❖ In all cases, All CERTIFIED PERSONAL BIRTH CERTIFICATES WITH PARENTAGE is necessary to calculate the applicant's blood quantum eligibility for Tsuut'ina Citizenship.
- ❖ All original certificates submitted with the application shall be returned once the applicable process is completed.
- ❖ All Tsuut'ina Basic Language, History, Customs and Traditions Testing shall be arranged and completed with the department, once the applicable application is completed.
- ❖ A list of Various Resources, Prices and Procedures for Application Requirements are on the back of this pamphlet.

The following required documents and fees must be included with each application form:

The Citizenship Evaluation Board Members Meet Quarterly on Applications in March, June, September and December. Adult Applications are submitted to the Tsuut'ina Electors once a year in June.

FORM 1-AUTOMATIC MINOR APPLICATION
 Section 4(a)(i) *A Minor application of two (2) Tsuut'ina Citizen Parents*

- 1) ___ A certified Personal Birth Certificate with Parentage for the minor with a Tsuut'ina Surname
- 2) ___ Guardianship and/or adoption Papers, if applicable

FORM 3-MINOR TRANSFER APPLICATION
 Section 4(b)(i) & 5(a) *A Minor application or A Minor Transfer of One (1) Tsuut'ina Citizen Parent*

- 1) ___ A certified Personal Birth Certificate with Parentage for the minor with a Tsuut'ina Surname
- 2) ___ A Legal Name Change Certificate for the AANDC procedure
- 3) ___ A copy of the Non-Tsuut'ina Parent's Certificate of Indian Status
- 4) ___ A signed Consent to Transfer Request Form for a Minor provided with the application

- 5) ___ Guardianship and/or adoption Papers, if applicable
- 6) ___ Minor Transfer Applicant-a \$250.00 non-refundable fee with a completed application
- 7) ___ Minor Transfer Applicant-a \$250.00 non-refundable fee before it goes to the Citizenship Evaluation Board Meeting

FORM 2-REGISTRATION OF MARRIAGE APPLICATION
 Section 4(a)(ii) & 4(b)(ii) *A Tsuut'ina Nation Citizen Registration of Marriage, 18 years or older.*

- 1) ___ A Certified Personal Marriage Certificate with Place of Birth
- 2) ___ Current Certificate of Indian Status
- 3) ___ A signed Consent to Transfer Request Form provided with the application
- 4) ___ A signed Marriage Surname Change Form provided with the application
- 5) ___ Canadian Police Information Check with Fingerprints (CPIC)
- 6) ___ \$500.00 non-refundable fee with completed application
- 7) ___ Tsuut'ina Basic Language Test Completion Form, arranged by the department
- 8) ___ Tsuut'ina History, Customs and Traditions Test Completion Form, arranged by the department

FORM 4-ADULT APPLICATION
 Section 4(b)(i), 5(a) & 5(c) *An applicant 18 years or older*

- 1) ___ A certified Personal Birth Certificate with Parentage with a Tsuut'ina Surname
- 2) ___ A Legal Name Change Certificate for the AANDC procedure
- 3) ___ Current Certificate of Indian Status
- 4) ___ A signed Consent to Transfer Request Form included with the application, if applicable
- 5) ___ Canadian Police Information Check with Fingerprints (CPIC)

- 6) ___ \$500.00 non-refundable fee with completed application
- 7) ___ Tsuut'ina Basic Language Test Completion Form, arranged by the department
- 8) ___ Tsuut'ina History, Customs and Traditions Test Completion Form, arranged by the department
- 9) ___ \$500.00 non-refundable fee if/when the application goes to a vote
- 10) ___ Adoption papers (if applicable)

FORM 3-MINOR APPLICATION
 Section 4(b)(i) & 5(a) *A Minor application or A Minor Transfer of One (1) Tsuut'ina Citizen Parent*

- 1) ___ A certified Personal Birth Certificate with Parentage for the minor with a Tsuut'ina Surname
- 2) ___ A Legal Name Change Certificate for the AANDC procedure
- 3) ___ A copy of the Non-Tsuut'ina Parent's Certificate of Indian Status
- 4) ___ Guardianship and/or adoption Papers, if applicable

FORM 5-TRANSFER APPLICATION- ADULT INITIAL BAND MEMBER
 Section 5(a) *A transfer initial band member applicant 18 years or older*

- 1) ___ A certified Personal Birth Certificate with Parentage with a Tsuut'ina Surname
- 2) ___ Current Certificate of Indian Status
- 3) ___ Canadian Police Information Check with Fingerprints (CPIC)

- 4) ___ \$500.00 non-refundable fee with a completed application
- 5) ___ A signed Consent to Transfer Request Form provided with the application
- 6) ___ A signed Consent to Return to Maiden Name Form provided with the application
- 7) ___ Tsuut'ina Basic Language Test Completion Form, arranged by the department
- 8) ___ Tsuut'ina History, Customs and Traditions Test Completion Form, arranged by the department

TSUUT'INA NATION CITIZENS NOTICE



The Contingency program on
 March 27 & 28, 2018 from 10 am - 5pm
 at the Bullhead Community Hall
 will be handing out

EASTER HAM AND GIFTCARD



ONE PER HOUSEHOLD

To be eligible you must be on the Tsuut'ina housing list and Off-Reserve renter list or If you are paying own rent or mortgage. (proof is required).

Must be picked up by the listed homeowner/renter



ANY QUESTIONS CONTACT CONTINGENCY DEPT 403 281 4455

Young Parent Support Program

- *Every Thursday* -
 5:00pm - 8:00 pm
 Tsuut'ina High School
 gymnasium

Program open to
 parents age 30
 and under

Please call
Early Intervention
 for more details
 or to sign up:
403-258-4630
1-587-989-6419



TSUUT'INA EDUCATION IS
 ENCOURAGING ALL TO ATTEND

CHILDHOOD ANXIETY: UNDERSTANDING AND HELPING CHILDREN HEAL

WEDNESDAY APRIL 4, 2018

8:00AM – 4:00 PM

VETERAN'S HALL, TSUUT'INA, AB

Does your child or the children you work with struggle with anxiety: panic attacks, separation anxiety, stomach aches, headaches, tantrums, obsessions / compulsions, avoidance of activities, racing thoughts, or troubles with sleep?

Anxiety has many faces, and at this workshop parents and caregivers will learn about the psychological and physiological roots of anxiety, why it is on the rise in our children, and what to do to help children better manage it. Research and theory in the field of mental health and interpersonal neurobiology will be explored and attendees will be given resources and direct tools to help their child, or the children they work with, overcome this emotional obstacle.

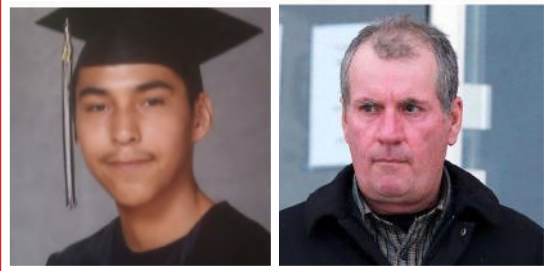
WHO SHOULD ATTEND:

This presentation is appropriate for parents and/or guardians of children who are currently in the CCSD or CBE schools.

FIRST 30 PARENTS TO REGISTER ARE AUTOMATICALLY ENTERED IN A DOOR PRIZE DRAW. FOR FURTHER DETAILS OR TO REGISTER FOR THIS COURSE

PLEASE CONTACT:
 CARA BIG PLUME AND/OR
 JENNIFER BIG PLUME AT THE
 TSUUT'INA EDUCATION DEPARTMENT
403-238-5484

CALLING FOR JUSTICE



COLTEN BOUSHIE (OCT. 31, 1993 – AUG. 9, 2016)

Gerald Stanley was charged with 2nd degree murder in the death of Colten Boushie, a 22-year-old member of the Red Pheasant Cree Nation. The jury, selected by the Crown and Defense and comprised entirely of visibly non-Indigenous people, acquitted Stanley of all charges, leaving no one accountable for Mr. Boushie's death.

Colten Boushie and four friends arrived on Stanley's farm around 5pm. Boushie was shot just behind his left ear while he was sitting in the driver's seat of the SUV. When the police came to the scene, they found Boushie dead and Stanley in the kitchen drinking coffee.

Boushie and four friends drove to a farmhouse in Rural Municipality of Glenside No. 377 near Biggar,

Saskatchewan, owned by Gerald Stanley. Upon entering the Stanley property, members of the group entered a truck and attempted to start up an ATV on the property. Stanley reacted by retrieving a handgun from his shed and firing two warning shots into the air to scare the group off his property. During the trial, Stanley's defense asserted a third round loaded into the Tokarev's magazine was fired, yet failed to detonate, precipitating a hang-fire. He (Gerald Stanley) then reportedly attempted to remove keys from a vehicle belonging to Boushie's friend, but in doing so, pursuant to the aforementioned hang-fire, accidentally shot Boushie once in the head, killing him instantly. Stanley was arrested and charged with second-degree murder. A jury acquitted him on February 9, 2018.



TINA MICHELLE FONTAINE (JAN. 1, 1999 – C. AUG. 10, 2014)

Tina was a First Nations girl who was murdered in August 2014. Her case is considered among the high number of missing and murdered Indigenous women of Canada. Her death renewed calls by activists for the government to conduct a national inquiry into the issue. Identified early as a suspect, Raymond Joseph Cormier was charged in December 2015 with her murder. Cormier was acquitted by a jury in February 2018.

Fontaine was in the care of Manitoba Child and Family Services (CFS) when she was reported missing to Winnipeg Police Service on July 31, 2014. Her aunt, Lana, later said that Fontaine had stayed with her during the August long weekend (August 1–3). On August 5, Fontaine telephoned her CFS worker and was subsequently picked up by

members of CFS and Winnipeg Police Service. At 3 a.m. on August 8, police Constables Brock Jansen and Craig Houle encountered her in a truck with an allegedly drunk driver, but did not take her into custody.

At 4 a.m., she was found passed out in an alleyway near Ellice Avenue and was escorted to hospital and treated before being checked into the Best Western Charterhouse hotel, which she soon left. She was reported missing again on August 9.

At around 1:30 p.m. on August 17, a body was found wrapped in a plastic bag in the Red River. The body was identified as that of Fontaine the following day. Police believe she had died on or around August 10. The trial began January 29, 2018 to determine Tina's killer Raymond Cormier pled not guilty to second degree murder charges. He was found not guilty on February 22, 2018.

RALLY TOGETHER



TSUUT'INA NATION COMMUNICATIONS

got an interesting story, we'd love to hear it.

communications@tsuutina.com



Young Womens GROUP

- All Program Run Times 4pm-6pm -

JAN 10 & 24 2018
FEB 7 & 21 2018
MARCH 7 & 21 2018

APRIL 4 & 18 2018
MAY 2, 16 & 30 2018

Tsuut'ina JR/SR High School Culture Room



In partnership with Tsuut'ina Healthy Living. Come join our sessions starting in November. For girls ages 13-17.

This is a program designed for girls to help promote healthy identities for themselves as strong young Indigenous women.

Come learn spirituality, cultural traditions and ceremony. Understand how the various aspects of respect can provide you with a set of values for living well.

Learn from experienced Tsuut'ina Nation Elders, peers and community members.

Know what it's like to participate in a healthy group and participate in healthy thinking and healthy activities. Make healthier choices in life!

Learn about illicit drug awareness and use facts to guide decisions about drugs and high risk lifestyles associated with drug misuse.



YOUTH PROGRAM
CALL TO REGISTER & FOR MORE INFO
159 Bullhead Road
587-222-3544/403-251-2082
riel.manywounds@tsuutina.com -or-
heather.meguinis@tsuutina.com



YOUNG MEN'S GROUP



Learn cultural traditions and ceremony, trapping and hunting skills as part of a healthy thinking group

Every other Wednesday 4pm-6pm starting Feb. 7, 2018

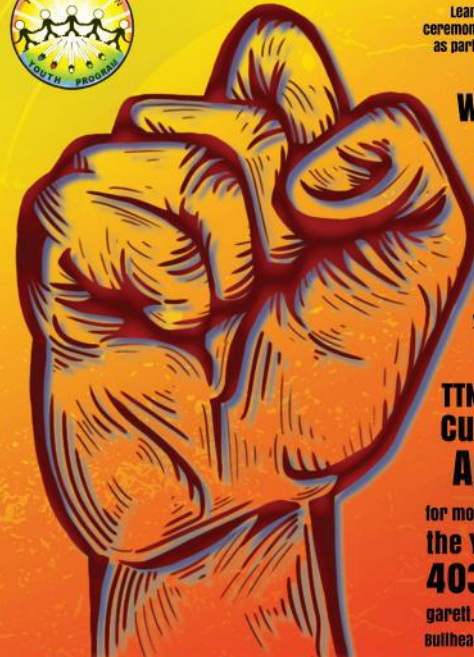
A program designed for young men to help promote healthy identities for themselves as strong young Indigenous men

hosted at
TTN Jr./Sr. High Culture Room Ages 11-17

for more information contact
the Youth Program 403.258.4631

garett.simeon@tsuutina.com
bullhead rail- 159 Bullhead Road

Understand how various aspects of respect can provide you with a set of values for living well. Learn from experienced Tsuut'ina Nation Elders, peers and community members. Participate in healthy thinking and healthy activities. Learn about life skill developments such as: anger management, drug/alcohol awareness, healthy coping skills and goal-setting.



TSUU T'INA/STONEY CORRECTIONS SOCIETY INVITES YOU TO ATTEND

KNOW YOUR RIGHTS INFO SESSION

Thursday March 22, 2018
Tsuu T'ina Administration
Council Chambers @ 11:30-1:30

Everyone Welcomed

Lunch will be provided and Door prizes

No need to sign up, just show up and Learn your rights!

Presentation by: Jessica Buffalo - Maskwacis Lawyer and by Tyler Makinaw Indigenous Liaison at Calgary Legal Guidance

The presentation is basic information about the rights individuals have when interacting with law enforcement and to provide strategies for dealing with some situations that may arise during police encounters within First Nation Communities. This is an opportunity that could help the Tsuu T'ina community to learn more about Calgary Legal Guidance.

For more Information please Contact Livia Manywounds @ 403.238.5649

EDUCATION & TRADES FAIR

- ✓ INTERESTED IN GOING TO POST SECONDARY?
- ✓ INTERESTED IN A CAREER IN TRADES?
- ✓ WANT TO FURTHER YOUR EDUCATION?
- ✓ WANT A BRIGHTER FUTURE?

BULLHEAD COMMUNITY HALL THURSDAY - MARCH 15TH, 2018

11:00AM - 2:00PM

DROP IN AT YOUR CONVENIENCE!

OPEN TO ALL COMMUNITY MEMBERS!

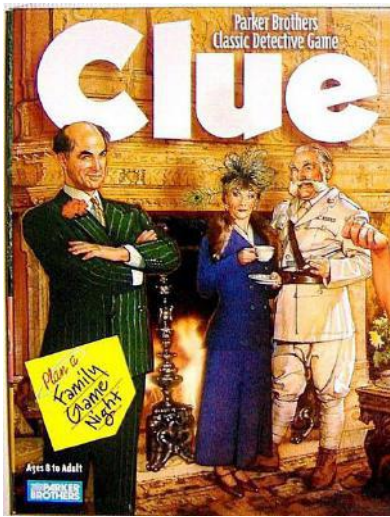
THERE WILL BE DOOR PRIZES!

SNACKS WILL BE PROVIDED!

IF YOU HAVE ANY QUESTIONS YOU CAN CALL THE OFFICE AND ASK FOR:
CAMILLE WHITNEY, CHARITY ONESpot OR SKY MEGUINIS @ 403.974.1400

BOARD GAME REVIEWS

a few of the favorites from the Communications Crew



CLUE

Growing up having a mother that always watched murder mysteries shows like '20/20' and 'Dateline' and my personal favorites 'Cold Case Files' and 'Forensic Files,' I have always found forensic science so interesting. As a young girl I used to play this game over and over again, with my childhood best friend. It might sound crazy but I recommend it! It's fun with lots of players but it is more for an older age group, 8 and up. Play it with someone who needs a clue on how to have fun, and put the Ipads and xbox's away this is defiantly time well spent.

- Jordan Big Plume

ATMOSFEAR



AtmosFear is a horror board game I played as a kid and I can remember just how scary this game can be. The game came with a video tape that you would put in and play as the game is going and a man named the *Gatekeeper* was the host and he would go through the rules and what is expected of the game. The object of the game is to collect six different colored "keystones" and beat the Gatekeeper. To beat the Gatekeeper, players must face their 'worst fear.' If no one is able to do so in the set amount of time, the host wins. Now explaining this sounds a lot simpler then it actually was. The host was made to scare you and will talk to you like it's not a recording so it will freak you out and as more time goes on, the host will slowly start to degrade and look more evil so it definitely will keep you up at night. I can remember me and my friends being scared to play the game but we would build up enough courage and start playing. The game is actually a lot of fun and will keep you on your toes the entire time. I would recommend this one to anyone whose into scary films its differently worth it. I wonder why the haven't made more board games like this?

-Josh Littlelight

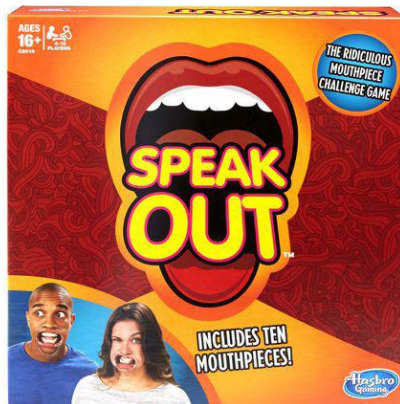
BOUNCE OFF



I first purchased this game for the kids in my family, I didn't know what it was but the kids seemed to have tons of fun with it, laughing and giggling. I feel like I made a fatal error by getting the adults involved to play because when it was "our turn," we were all calculating angles and psychological warfare... So what can I say, it's fun for all ages! Essentially Bounce-Off is a head-to-head competition game for 8-88 where you flip over a card to determine a pattern you have to bounce into the grid. It's like sober beer pong and tic-tac-toe mixed together. Would recommend it to anyone.

- Serena Taylor

SPEAK OUT



Get ready to show all your gums and hockey teeth, this game will have you crying on the floor from laughing so hard that you might even fart too. To make it even more of a challenge, trying saying words in Tsuut'ina then reward each other with napkins because you will be drooling... a lot. Have fun!

- Carmen Littlelight

THE MONTHLY FUNNY



Proudly brought to you by
Dit'onik'odza Limited Partnership
and Guja Nats'iyini'hi Board



DIT'ONIK'ODZA
LIMITED PARTNERSHIP



SPRING HOROSCOPES



Dōmá Īk'ōyí

"ARIES" Mar 21 - Apr 19

Have you been hacked? Check your facebook, check your snapchat, check your smoke signals! Someone's thinking about you but not in the best way. Watch out!



Nīchīdīnīt-łōdī Ts'íká

"VIRGO" Aug 23 - Sept 22

Hope can solve nearly all of your problems today. Until the time comes when you need to wash all your dishes, can't be eating off of napkins anymore!



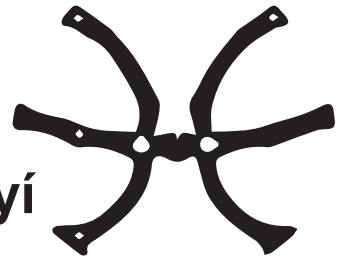
March

Find your sign below to see what the month of March 2018 has in store for you

You say it's your Birthday:

Tłúk'á Cha Átládīt'iyí

"PISCES" Feb 19 - Mar 20



This month the world is unreceptive of your keen ideas, but keep pushing them! The years keep coming, the drums keep drumming and you are still going. Keep it up Pisces, you have so much to offer and a force to be reckon with, happy birthday!

Last months fry bread:

Tú Yíkōtí

"AQUARIUS" Jan 20 - Feb 18



It's only March and you're already asking for a vacation! Slow your drum beat down, unpack your Indian squeeze vehicle and watch a few episodes of Blackstone.



Īk'ōyí

"TAURUS" Apr 20 - May 20

The people closest to you might need your help, no explanations just hug them and shower before you do. Being fit is awesome but keep your stank under control.



Īk'āst'ónághá

"GEMINI" May 21 - Jun 20

"Down with taxes!" You'll start to say but no no no, just invest in coin rollers to save all your toonies, no KFC this month!



Mìlò Gūlīnī

"CANCER" Jun 21 - Jul 22

Butter your bannock and don't drop it, literally or figuratively because *wow* these past two months have already wrecked havoc. Be mindful this month and everything will be okay.



Mìzìts'ī gúdísúlí

"LEO" Jul 23 - Aug 22

As a mountain lion you are usually on the prowl but just stay in your cave for a while, there will be other round-dances.



Ádágù-hí

"LIBRA" Sept 23 - Oct 22

Bust out those moccs Libra! After months of hibernation, it's time for some Powwow Nation, it's going to get busy and you gots to be ready.



Nātł'ūwí

"SCORPIO" Oct 23 - Nov 21

"An apple a day keeps the doctor away" is completely false for you Scorpio. A smudge a day will keep the belly pudge at bay, pray pray pray.



Ístłí K'at'ini

"SAGITTARIUS" Nov 22 - Dec 21

What you put into the universe will come back to you, a few coins here and there will eventually turn into bills, get ready to go to White Eagle!



Dōmā Dā

"CAPRICORN" Dec 22 - Jan 19

"I know everything!" And you must know Capricorn, but did you know bison walk through storms? Storms eventually end, you got this!

