

DÀ-HÍ AT THIS POINT IN TIME

T'OOSI NICHIDINIŁADI CH'AT'AGHA · LEAVES FALLING MONTH OCTOBER 2017

DÀ-HÍ

AT THIS POINT IN TIME • TSUUT'INA NATION



HALLOWEEN THROWBACK

COSTUMES AND STORIES FROM THE NATION

10 YEARS OF DIT'ONIK'ODZA

A DECADE OF WORKING FOR THE COMMUNITY

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TSUUTINANATION.COM



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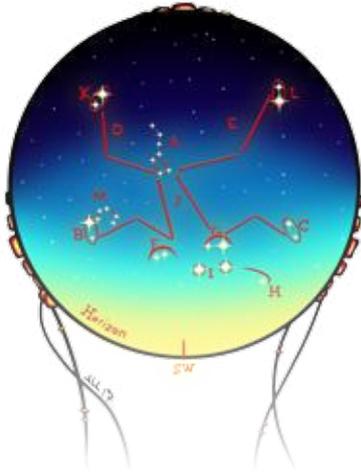


OCT

**HALLOWEEN
IS HERE**

Are you ready for All Hallows Eve?
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Suicide
Prevention Walk

DÀ-HÍ

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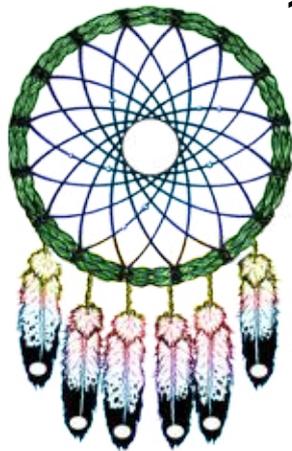
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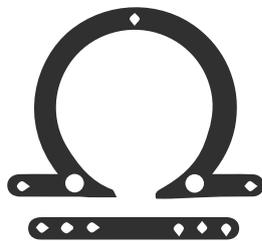
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Horoscope

Happy Birthday
Ádagù-hí, find out
what the stars
have in store for
you this month!



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Dà-Hí is created in the Tsuut'ina Nation Communications Department. Our intention is to always reflect and represent Tsuut'ina Nation in the best and most accurate manner. If you have suggestions for improvement or ideas for future stories or feedback on the current issue, we would love to hear from you. Please address all comments to communications@tsuutina.com. Siyisgaas.

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*By Edward (Gingold) Onespot
Illustration by Thomas Onespot*

A reminder to
THE NATION

ELDERS PRAYER

Great Spirit look upon us from above.

Give us your blessing on all men, women and children and protect us from all evil.

Let us put aside our war arms and spears, and let us do right towards our brothers whom we hold so dear

This is the time you give us to feast, sing, and dance, for the door of our lodge is always open to all Indian tribes.

Put your blessing upon them and us and give them a safe return journey to wherever they come from.

I am asking you, the Great Spirit, the wonderful Creator of all the universe.



ECHOES OF THE PAST

A REFRESHER COURSE

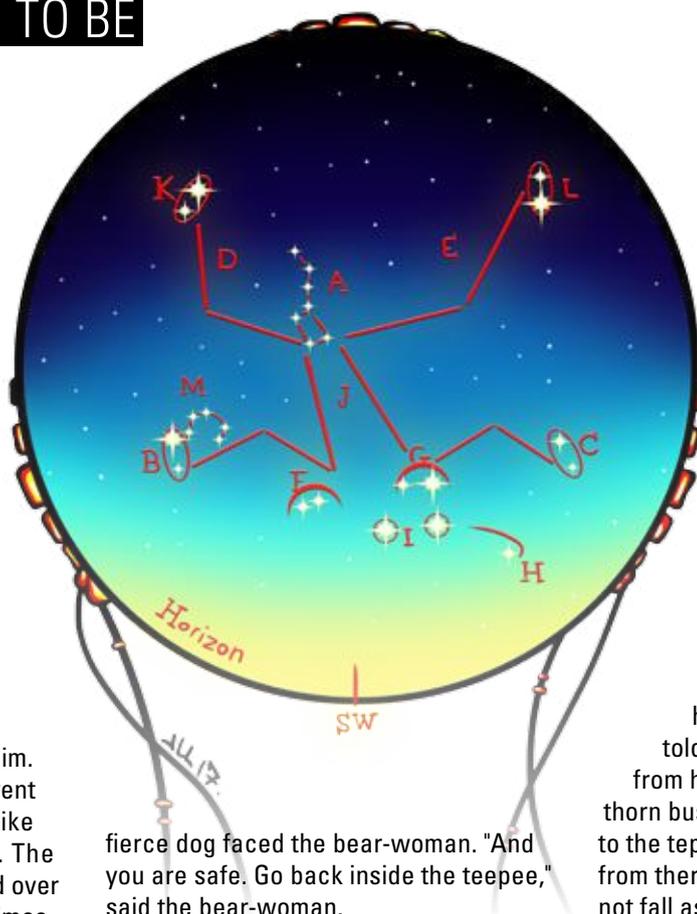
THE STORY OF HOW THE BIG DIPPER CAME TO BE

Story retold by Bruce Starlight

There was once a camp from which six people who were brothers went away to war. They were gone so long that people forgot about them. Some children were playing camp. There was one certain boy who had a bear-claw wrist band. His mother warned him saying, "My child, if the other young children are playing and say 'Become a bear for us' tell them you cannot. Put that in your ear. Do not do as they ask."

When they were playing, the children said to the little boy 'Become a bear for us.' The small boy refused what they asked him to do. Nonetheless, they kept asking him. Finally, he did as they wished. He went into the trees and began to snort like a bear. He made himself rush out. The children ran away from him over and over again. He charged for them three times. But, on the fourth charge, he became a real bear. And then, from there, he started killing the children one after another.

After some time, someone in camp saw what was happening. "That bear over there is killing all the children," someone said. All the men ran out to kill him. They killed him with arrows. His mother heard them. She said, "Did I not tell my child what would happen?" she said. The woman told her younger sister, "You run behind a vicious dog for protection." Four times she snorted and rushed towards the door, stopped and rushed again. On the fourth time, suddenly, she rushed out of the teepee and became a bear. And then, from there, she started killing the people. The men began shooting at her with arrows. She was shot all over her body. She charged at her younger sister, the girl ran behind a fierce dog. The



fierce dog faced the bear-woman. "And you are safe. Go back inside the teepee," said the bear-woman.

She went back into the teepee with her sister. The bear-woman was wounded badly and was making downward gestures with her hands. After a while, she said to her younger sister, "You had better go for some water." And then, the young girl went for some water. The older sister was getting thirsty again. She told the young girl to get some more water. The girl thought it would be a good time to run away. She put the water container down very softly. As she set it down on the ground, it made a loud booming noise. Her sister yelled at her and told her she had better not run away and go get the water. The woman became thirsty again and told her sister to get water again. This time there was a piece of rotten wood outside. It told the girl to throw it down real hard and it would not make any noise. She did as she was told. The water container did not make a sound.

Then, as the girl was getting to the water, suddenly, across the water from her there were six young men. It just so happened, as they were walking home, they killed a buffalo. They only took the guts and that was all they were carrying home. They were her brothers who went to war a long time ago. And then, the young girl said to them, "For goodness sake, where have you been? You have all come home. Our older sister has become a bear, and she has killed a lot of people." They told her we are going to run away from here. We are going to put some thorn bushes around her teepee. Go back to the teepee and we will come for you from there. And then, they told her, "Do not fall asleep tonight. We will all run away together," they said to her. The girl took the water home and went into the teepee with it. The woman said to her, "What took you so long?" She answered, "A sliver went into my foot and I had to take it out, that is why I am late," she said. And then, after it got dark, the young men went towards the teepee. The young girl went out to meet them. And then, from there, they placed thorn bushes around bottom of the teepee. They made it very thick with the thorns pointing upwards when they placed them. And then, they began to run. As they were all running, the woman awakened. She said, "Put some more wood on the fire." It took a long time, and then, she said it again. But no one responded to what she was saying. "Why have I been saying this for such a long time?" she said. And then, she jumped up from the bed.

story cont. on page 45



NEWS FROM THE NATIONS

Stories about First Nations from around the World

THOUSANDS OF ELDERS COME TOGETHER IN EDMONTON FOR 1ST NATIONAL GATHERING

The Northland's Expo Center in Edmonton overflowed September 11-14 with Indigenous Elders attending the First National Gathering of Elders. Some 5,000 elders of First Nations, Métis and Inuit decent registered for the three-day event for a sharing of culture, traditions, history and creating new friendships. Assembly of First Nations National Chief Perry Bellegarde, who attended the opening ceremonies, said the

historic gathering was happening at a time when knowledge from Elders is greatly needed. "I think more than ever, now when you look at what's happening around the world in terms of climate change — look at all the fires, look at all the winds, look at all the big storms. More than ever now, the world needs Indigenous peoples and elders' knowledge," said Bellegarde.

INDIGENOUS GAMES: AKWESASNE ATHLETE INSPIRES WOMEN BY BREAKING BARRIERS

Kawehnokwiio Bailey Thomas buried her face in her jersey as tears came down the side of her face. She and team Eastern Door and the North (EDN) fell in straight sets to team Newfoundland and Labrador to finish 10th in the U19 female volleyball competition at the North American Indigenous Games (NAIG). But for the 18-year-old Thomas, she was playing for more than just a placing. The captain of team EDN wanted to set an example for many aspiring, young female athletes. Thomas grew up playing hockey on a male-dominated squad and was a victim of bullying

simply because she was a girl. As hard as those times were, the Akwesasne athlete never let that become an excuse or get in the way of her development in the sport. "People that are trying to put you down are just afraid of what you can do or what you're capable of. I'm always trying to be the best, not that I can, but trying to be the best out there," Thomas said. "At the end of the game, you don't want to say, 'I played kind of weak because I was playing against boys.' You want to say, 'I played better than the boys.'"

SASK. NON-PROFIT GROUP DENIES ABUSE ALLEGATIONS AT REGINA AREA SUMMER CAMP

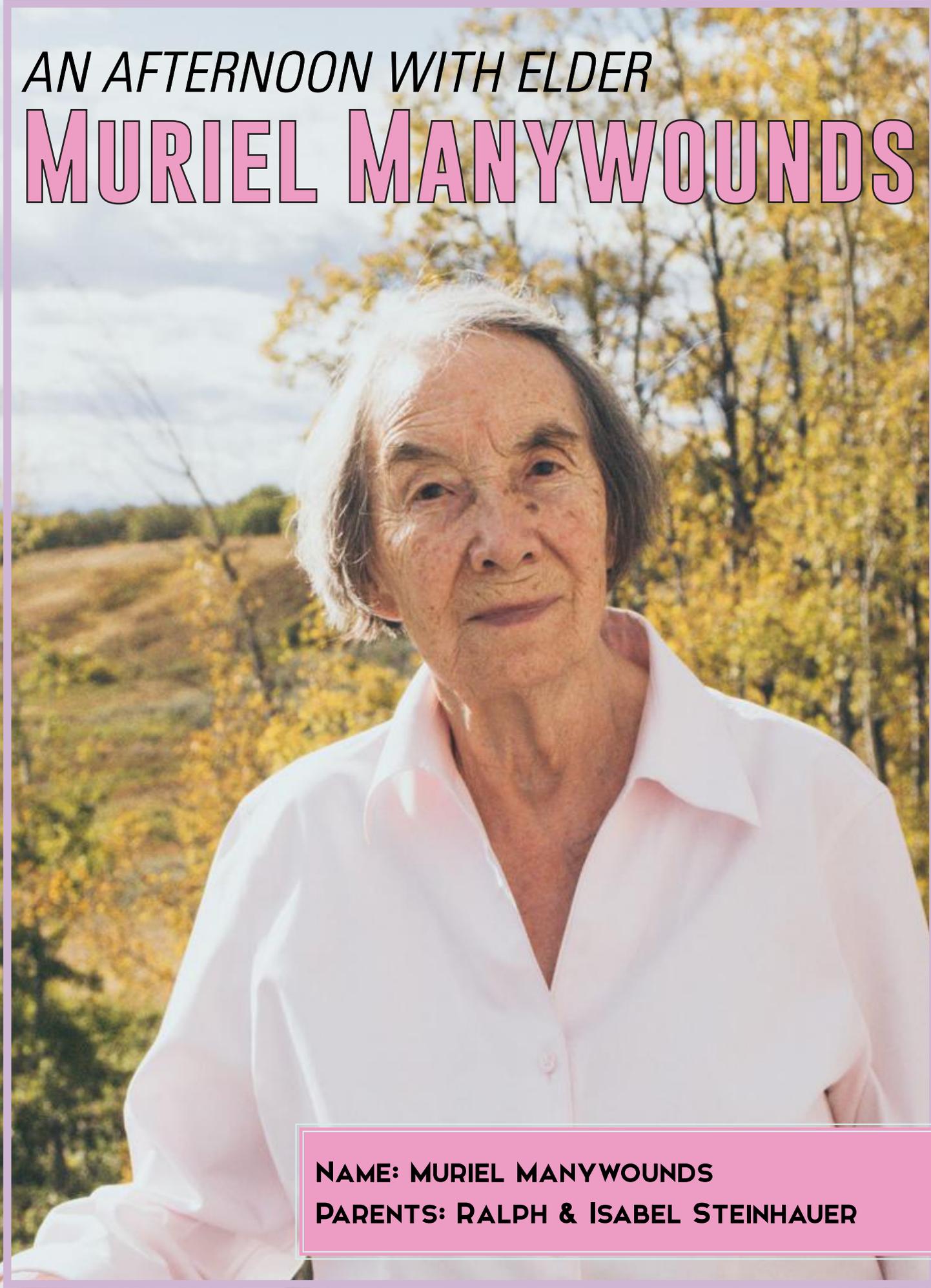
Carmel Crowchild said she still has not yet received a formal apology after her 11-year-old daughter was allegedly abused at a summer camp hosted by Carmichael Outreach around the end of August — but the organization denies an assault took place. Crowchild's daughter alleges she was dragged to a cabin by her ankles by two staffers and a volunteer at the camp, which left

her with cuts and bruises after she refused to obey a command to go to bed on the night of Aug. 31. Crowchild later made a complaint to the RCMP. "They should have called me [at] the first sign of trouble," Crowchild said on Monday morning in Regina, where a gathering had been organized in support of the girl by local activist groups.

Information and photos sourced from: 1 www.cbc.ca 2. www.cbc.ca 3. www.theglobeandmail.com

AN AFTERNOON WITH ELDER

MURIEL MANYWOUNDS



NAME: MURIEL MANYWOUNDS

PARENTS: RALPH & ISABEL STEINHAUER



Muriel Manywounds



The Communications team had the amazing pleasure of spending a wonderful afternoon with Muriel Manywounds. She delightfully welcomed us into her beautiful home that over looks the gorgeous Rocky Mountains. Thank you Muriel for the laughter and all the amazing stories and pictures that you shared with us, it was a true treasure to spend the day with you.



On June 26th 1929 Muriel Steinhauer was born in Saddlelake Alberta to her parents Ralph and Isabel Steinhauer. Muriel was the oldest daughter; over the years she would come to have three younger sisters Doreen and Kathleen and June, one brother named Ken. Her Father was a Cree man from Saddlelake, who farmed the family land to make a living for his family. As a young girl Muriel attended Edmonton Residential School where she has many memories of her years,

she remembers how awful the food was. Muriel shared a story of how on Saturdays the children would be served boiled liver and potatoes and Muriel could not stand the taste. In order to be dismissed from the table all the children had to be finished eating in order to be excused, so Muriel used to take small pieces of liver and slide them into her elastic bloomers. When all her food was gone she would go to the bathroom and flush the liver down the toilet. On one Saturday Muriel forgot to flush her lunch before she was told to undress for a bath with all the other girls. When she undressed the pieces of liver fell to the floor; surprisingly she didn't get into much trouble that time. After leaving residential school at the age of eleven due to her younger sister becoming seriously ill from pneumonia, her parents brought the three girls home to Saddlelake where their mother home schooled them for two years. For her middle school years she attended Duclos School in Bonnyville and for the ninth grade Muriel attended a Catholic Convent school. She completed high school at St. Alberta Collage in Edmonton. After attending the U of A where she obtained her Junior Diploma in Education, she became a teacher here in Tsuut'ina in January 1952.



Muriel recalls teaching at the old school where the baseball diamonds are now; it has been torn down for many years. Muriel recalls teaching our now elders, such as, Harley Crowchild, Kietha Manyhorses, Reggie Onespot and many others throughout the years. One of Muriel's students was Barb Otter who one day invited her to a hockey game down by old agency. When Barb's ride picked them up to go to the game, Peter Manywounds was the one who drove them, and six months later they would be married on July 6th 1952. The couple used to call Barb their "Cupid". Muriel recalls when she was transferred by Indian and Northern Affairs she was the 298th person registered on Tsuut'ina. Back in those days people were just transferred and had no option; it was just done. The couple would welcome their first child Terry in 1953. Over the next few years their would be three more little additions to the Manywounds family with the birth of there three younger children Peter in 1956, Leslie in 1958 and Dean 1961.

In 1976 Muriel decided to run for Council; this was when Clifford Big Plume was elected Chief. She was the second woman to ever be in Council, after Regina Crowchild.

During her term she was really involved in the Nations finances, over looking and preparing budgets and monitoring budgets as Muriel had taken courses in Financial Management. Over the years Muriel sat on many boards and committees for the nation such as the Finance Committee, the Membership Board, and the Education Board and the Police Commission. Over Muriel's years she has always been an active member of the community. Throughout the years education has always been Muriel's calling. She taught at many schools in Calgary and on the reserve she would become the Principle of Chiila Elementary on and off over the 90's. Muriel says that over her many years of teaching that she truly enjoyed teaching the children science and creative drama. She hopes that the children of this generation can have the language integrated into their everyday lives at home and in school to save what Tsuut'ina language is left for future generations.

After retiring in the 1990's Muriel wanted to spend time with the many grandchildren she had by then, taking them to the zoo and museums and to basketball and hockey practices-anything she could do to make memories with her family. Sadly Muriel had to make those memories without Peter as he passed in October of 1988. Muriel suffered the loss of her two daughters in a matter of a few months of each other. Through the heartbreak Muriel continues to be the rock and foundation to her children, grandchildren and great grandchildren. We wish Muriel all the health and happiness in her golden glory years and thank you for everything you have done for the Tsuut'ina nation we are greatly appreciative of all the wisdom and education you have brought to so many people. You have always been a positive role model and a true leader to look up to. You are such a gracious and humble soul and



it has been a pleasure to share fragments of your life and all your accomplishments with our community. You bring such richness to our people with your stories and wisdom that I hope you can share for many more years to come!

Siyiasgaas!

NATION NEWS

INFORMATION FROM DEPARTMENTS/
BUSINESSES & SERVICES

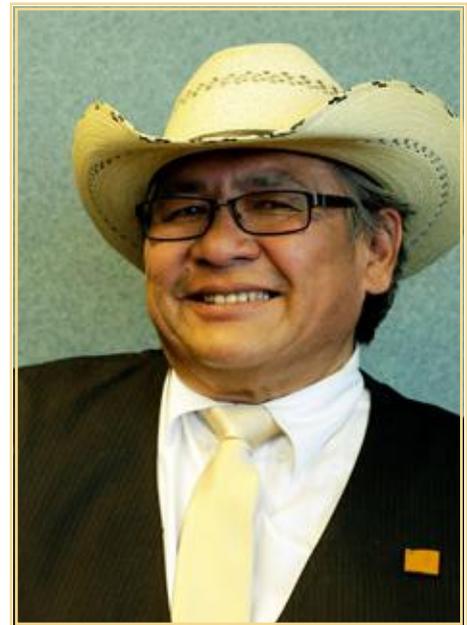
OFFICE OF THE CHIEF XAKIJI JIJA DISGOSHI NAS?AGHA "Chief's Coffee Corner"

With the success of the Annual Celebration and bringing July to an end with all the excitement. I took holidays from August 14 – 18, 2017 and appointed Leon Littlelight as acting Chief. Through the months of August and September, I have been busy with meetings in Calgary and in Edmonton. I have met with Minister Feehan in Edmonton on the Indigenous Climate Leadership funding programs for Green Energy, Solar Panels, Green houses and how it best supports our community. I met with Minister Jim Sisson on the outstanding issues we are dealing with and trying to move them forward.

Springbank Dry Dam is another issue that is ongoing and has an impact on the Nation. There is a technical team working on a budget for funding to do a study on the impact on Tsut'ina.

I met with the Elders in September and updated them on the Nation and business arising and moving forward. The 10 year celebration for the casino marks a huge success for the Nation and we are still enjoying the benefits of that economic business adventure. The presentation was excellent and a great job done from the whole crew who worked on this project and made this celebration a huge success.

In October I have a full schedule with continued talks on current and pass issues. I am also building on relationships with the neighbors and communities outside our doors for a better tomorrow for our future children and their children.



DENE MIGRATION SYMPOSIUM

MENDING HOLES IN OUR STORIES



Submitted by Bruce Starlight

The 2017 Dene Migrations Symposium was a follow-up to the 2009 Migrations Symposium that was co-hosted by the Office of the Tsuut'ina Language Commissioner and the University of Alberta. The event took place on September 8th and 9th.

The symposium started with a sunrise pipe ceremony with Harley Crowchild, Gerald Meguinis and Audrey Pipestem along with Chief Lee Crowchild and some of the presenters. We had a welcome and opening remarks from Chief Crowchild, renowned Dene artist Alex Janvier, Dr. Gary Donovan, Portfolio Liaison Officer Monica Onespot, Dr. Sally Rice and I.

Most of the Dene groups were represented with almost all the Apaches making presentations. Only the Yavapai and White Mountain Apaches were not present. Somewhere in the past, the Dene changed to Nde for the Apaches but still recognize that they are of the Dene language group.

There were Tolowa from California and the Sahtu Dene from the Northwest Territories, the Navajo from Arizona and the Hupa from Oregon. The Denesuline (formally Chipewyan) were well represented from across Canada. We also invited academia from different disciplines that impact Dene peoples archaeology, anthropology and linguistics.

The presentations were purposely intermingled with traditional and scientific knowledge. At the outset before

we started the symposium the presenters were told that this symposium was meant to give credibility to the stories and knowledge of the traditional knowledge keepers. In the past the credits were always given to the scientific knowledge and no credibility to the ancient traditional knowledge. If any of the material was garnered from the knowledge keepers there was no credit given to the Dene peoples or other indigenous groups.

We had an entertaining evening and dinner. Our entertainment was the singing and social dances of the Tsuut'ina. There was also a Denesuline drummer from Manitoba who shared the story of their drums and songs. The Hupa performed a dance of his people and asked our drummers to help him with the dance.

It was a very successful event that culminated in a call for unity among the Dene peoples. There were six of us that volunteered to prepare a discussion paper for the Dene to be presented at a later date to a Dene Conference. There are three Americans and three from Canada who volunteered. They are Loren Bommelyn, Paul Tlokai, Margo Tamez, Ray Yakelya, Valerie Wood and I.

- Bruce Starlight
Office of the Tsuut'ina Language Commissioner

**Note: Peoples is not a mistake. The Dene have diverse languages, culture, traditions and histories but we are all Dene.*



2017 INTERNATIONAL ABORIGINAL TOURISM CONFERENCE

NOVEMBER 7-8 CALGARY, ALBERTA

Dadanast'ada, the Tsuut'ina Nation people invite you to attend the 2017 IATC, hosted on their traditional land in Treaty 7 territory.

**REGISTER NOW AT
IATC-CANADA.CA**

Raising our Voices: Building economy through Indigenous tourism and community stories

Join Aboriginal communities and entrepreneurs, along with tourism industry leaders from across Canada and around the world for two days of sharing best practices and networking at the Grey Eagle Resort & Casino in Calgary, Alberta, on November 7 and 8, 2017.

Panel discussions, breakout sessions, keynote presentations and local cultural experiences make this an industry event not to be missed.

For early bird pricing, register for 2017 IATC by September 15, 2017.

Non-ATAC Member \$595 Early Bird Pricing \$495	ATAC Members \$495 Early Bird Pricing \$395	Elder & Youth \$350 Early Bird Pricing \$300
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The inspiration for the 2017 IATC conference logo is the Grey Eagle, a symbol that holds significant meaning to the Tsuut'ina People because of its connection to the story of the local people. Despite hardships, the Tsuut'ina people have not only survived, but have transitioned like the Grey Eagle into a bold economic community.

HOSTED BY:



ABORIGINAL CANADA | AUTOCHTONE CANADA

WITH THE SUPPORT OF THE FOLLOWING EVENT PARTNERS:



Indigenous and Northern Affairs Canada

Affaires autochtones et du Nord Canada



DESTINATION CANADA



Parks Canada | Parcs Canada



TRADITIONAL YOUTH POWWOW

On Sunday, September 17th, there was a Youth Powwow, the Powwow was held in honor of Elder Deanna Starlight, who has retired after dedicating over 35 years to the Tsuut'ina Youth and her various careers on Tsuut'ina Nation. The family would like to thank all those who attended and the departments who made this happen. Siyisgaas Deanna, you deserve it!





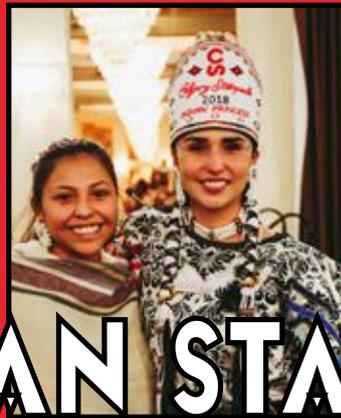
"So far, being the 2018 Calgary Stampede Indian Princess has been an eye opening experience. I not only have the opportunity to meet so many amazing souls, I also am left with beautiful memories and friendships as a result. It's been such a humbling experience to have been crowned and I thank everyone in my life for all the love and support I needed to become the strong indigenous leader that I am today."



The Tsuut'ina Nation could not be more proud of our own Tsuut'ina artist who is an all around talent and role model within our community! Cieran Starlight was crowned 2018 Calgary Stampede Indian Princess on September 24th. Cieran is the daughter of Tony and Frances Starlight, who is proudly representing her parent's teepee in the Indian Village this year. Even though her journey has just begun we commend Cieran on her amazing dedication, hard-work and willingness to bring positivity to not only to our community but represent all of the Treaty 7 Nations. We can't wait to see your year unfold! Congratulations Cieran! We are all so proud of you!!

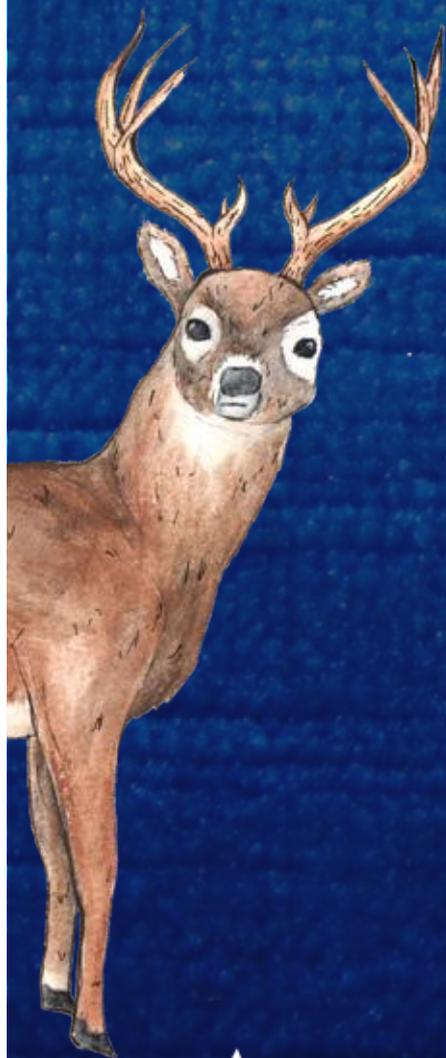


2018 CALGARY STAMPEDE INDIAN



PRINCESS CIERAN STARLIGHT

HAVE SOMETHING
YOU WOULD
LIKE TO SAY?
LET US KNOW AT
COMMUNICATIONS@
TSUUTINA.COM



WINTER PRENATAL CLASS SCHEDULE

January 11 Changes in Pregnancy	March 15 Birth Plan
January 25 Nutrition in Pregnancy	March 29 Postpartum Changes
February 1 & 15 Childbirth	April 5 Breast Feeding
March 1 Childbirth	April 19 Infant Care



Health Centre

1:30 – 3:30 PM

Midwives will be guest speaking some of the classes

**Kids in the Kitchen
Halloween Party!**

Don't forget to bring your costume!

**Date: October 19th
Location: Tsuut'ina Health Centre
Time: 4:30-6:30PM**

TSUUT'INA DR. THOMAS MURRAY
Health Centre

TSUUT'INA NATION COMMUNICATIONS

PICKS FROM THE COMMUNITY GARDEN



Submission from Tsuut'ina Health Centre

Earlier this spring we had a class of students from Tsuut'ina middle school help us plant our Community Garden at the Health Centre. This week we invited another class to help us HARVEST the garden! The amazing group of students worked for an hour and a half to harvest all of the potatoes, carrots, turnips, squash and onions. While we were working in the garden students began telling stories of their grandparents garden and memories of eating fresh carrots. The students were excited and surprised to see such a variety in the shapes and sizes of different vegetables and asked if they could come help plant next year. The Health Education team believes in the importance of showing young people where food comes from and involving them in learning the skills of food preparation. This year we are donating the vegetables to the Tsuut'ina Food Bank. Try this delicious squash soup recipe!



EASY TO MAKE BUTTERNUT SQUASH SOUP

INGREDIENTS

- 6 Cups butternut squash, peeled, cubed
- 4 Cups chicken stock
- 1-2 Onions, chopped
- 2-3 Cloves of garlic, chopped finely
- 3 Bay leaves
- 1/4 Teaspoon nutmeg or cinnamon
- 1/4 Teaspoon sea salt
- 1/8 Teaspoon fine black pepper, freshly ground
- 1 Cup thick plain Greek yogurt



DIRECTIONS

1. In a large pot, combine the squash, stock, onions, garlic and bay leaf, bringing to a boil.
2. Cover the pot and reduce the heat to low, simmer for 20 minutes or until squash is tender, then remove from heat.
3. Take out the bay leaves and mash or blend the soup in batches until smooth.
4. Season with 1/4 tsp of fresh grated nutmeg, sea salt and freshly ground black pepper.
5. Stir yogurt into soup. You can also add grated cheese or parmesan cheese, green onion on top of each bowl.
6. Ladle into soup bowls and enjoy!

WESTERN CANADA'S FIRST NATIONS CONFERENCE ON JORDAN'S PRINCIPLE

- PRESENTED BY THE TREATY SEVEN DELEGATED FIRST NATION
AUTHORITIES ON THE TRADITIONAL TERRITORY OF THE BLACKFOOT -

WHAT

Please join us in an intimate and interactive dialogue and review of the implementation of Jordan's Principle to date from a First Nations perspective. Engage with national leaders, Indigenous legal and medical experts and various interested stakeholders to review and discuss this important topic.



**CINDY
BLACKSTOCK**

WHEN OCTOBER 16 - 18, 2017

WHERE DEERFOOT INN & CASINO CALGARY, AB

**INDIGENOUS CONSTITUTIONAL LEGAL
EXPERT AND PROFESSOR EMERITUS
DR. LEROY LITTLE BEAR.**

**DR. WILLIE
LITTLECHILD**



LINKS

AGENDA

REGISTRATION

TICKETS

HOTEL

CONFERENCE REGISTRATION: \$500.00

CONTACT ANGELA GRIER AT ANGELAGRIER@GMAIL.COM OR 403-965-2390 FOR INQUIRIES.

a'saan counselling and consulting

Muskwa Productions



HEALTHY LIVING PROGRAM



SUICIDE PREVENTION & AWARENESS WALK

Despite the overcast of smoke, on Friday, September 8th, Tsuut'ina Community members walked in solidarity from the Health Centre to the Spirit Healing Lodge. Equipped with blue shirts and lit candles, this walk, coordinated by Healthy Living and headed by Tammy Crowchild, was done in dedication to preventing and bringing awareness to suicide. The walk ended with guest speakers who shared their own personal stories. Some of the speakers included Christie Mellan, who has worked in suicide prevention for a decade and currently runs the Community

Helpers Program at Canadian Mental Health Association, she is currently pursuing her passion to apply holistic and community wisdom to suicide prevention. Also speaking, was Patricia Monna, an internationally known Psychic Medium, and Spiritual Advisor. Patricia has dedicated her time and expertise to local and International law enforcement agencies from around the world to help locate missing persons. If nothing else, please remember someone does care about you and to be kind to one another, it could change a life.

HEALTHY LIVING STUDENT

We have a practicum student joining us at the Healthy Living. She will be offering individual counseling sessions.

Nevada Ouellette is Cree/Metis from Calgary, Ab. She obtained her Bachelor of Health Science degree in Addictions Counseling (BHSc) in 2015 and is currently completing her Masters of Education in Counseling Psychology (MEd Counseling Psych) both at the University of Lethbridge. Nevada has worked in the addictions and counseling field since 2009.

Nevada works from a trauma informed lens. She utilizes and integrative frame work which draws upon body and client centered approaches. Nevada describes the counseling relationship to be a collaborative process aimed towards self discovery and healing. She believes in using culture and traditional ways to support individuals in their healing journey.

Nevada has embodied a traditional way of life for a number of years. Nevada regularly participates in ceremony and recently joined the powwow circle as a ladies jingle dancer.

If you would like to make an appointment to meet with her please contact Tsuut'ina Healthy Living 403.251.2082



Take a minute
change a life

Suicide Prevention
& Awareness

As for my own personal message on Suicide Awareness Month. Suicide Awareness is a daily hidden message that we are sometimes afraid to deal with as people may feel I'm not trained in that area. Listening to someone share their pain is what is needed at that moment when someone feels there are no other answers talking about the pain can move mountains. In my own experiences of supporting people with suicide I have learnt that taking the time to listen allows the person to release some of the pain and gives them a form of hope that somebody does care and that my life does matter. In today's society I believe that we have forgotten true meaning of communication due to all the social media and how the cyber world has taken over in which disconnects us from ourselves and from others that love and care about our well-being. The slogan for 2017 Suicide Awareness is a very powerful statement "Take a Minute Change a Life" we all want to be heard an recognized even a simple gesture of acknowledgment can make someone's day. Somewhere along the way we have forgotten who we really are and have disconnected ourselves from our selves. A simple phone call to hear someone's voice a "hi how are you" or "its good to see you" a smile. People do not die from suicide it's from that sadness they carry every step they take.

*Submitted by Tammy Crowchild,
Siyisgaasdzi-tii!*

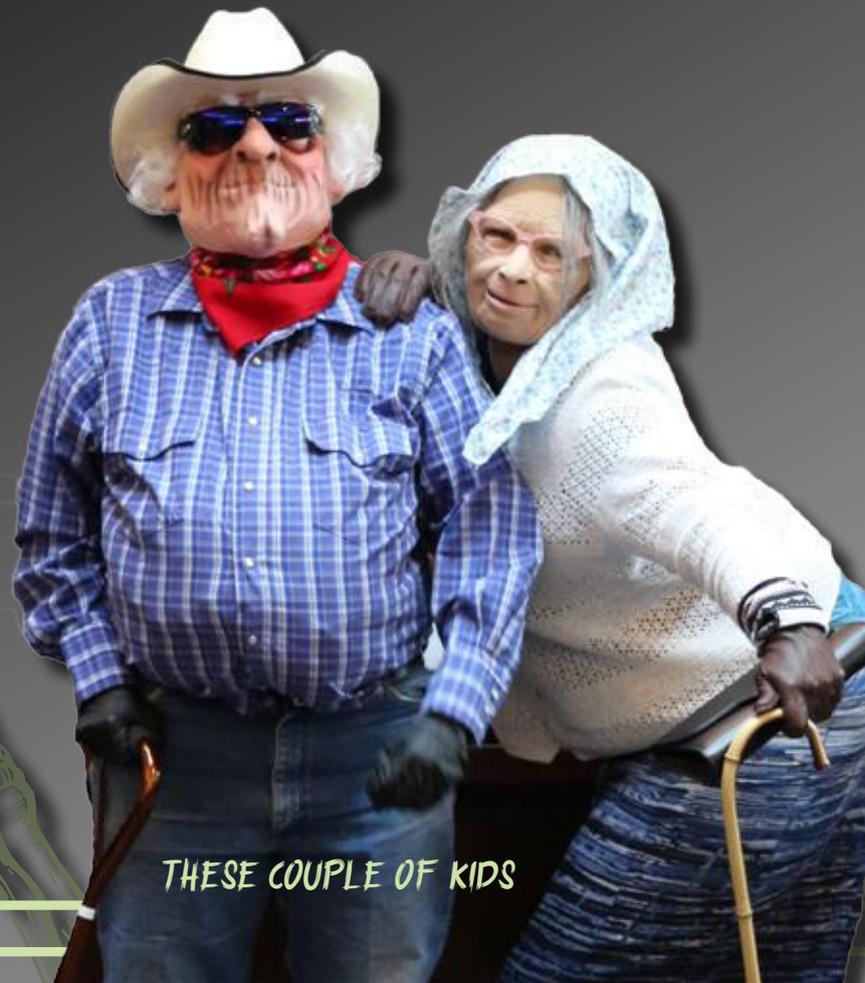




THIS IS HALLOWEEN

GATHER ROUND GUYS,
GALS, AND TWO-
SPIRITED PALS- WE'VE
GOT PICTURES AND
STORIES AS A TREAT!
THE TRICK IS HOPING
THAT HALLOWEEN

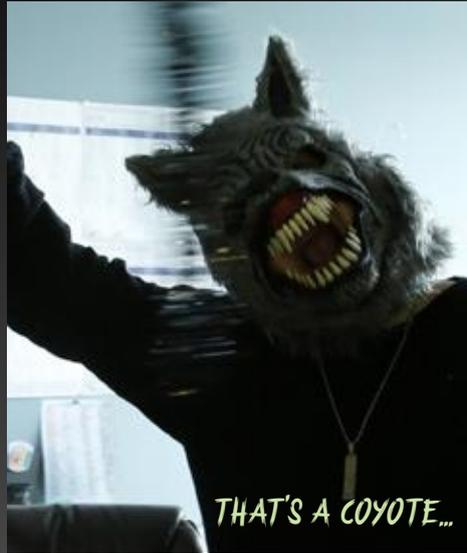
CANDY DOESN'T GIVE US
CAVITIES!
HAVE A FANTASTIC
HALLOWEEN, BE SAFE AND
DON'T FORGET A FLASH LIGHT,
WHO KNOWS WHO OR WHAT
YOU'LL SEE!



22 October 2017

THESE COUPLE OF KIDS

THROWBACK TO TJ AND SPINELLI!



THAT'S A COYOTE...



THIS LITTLE UNICORN



AUDITIONING FOR TWILIGHT



THIS CUTE FAM!



DO YOU KNOW WHICH COUNCILOR THIS IS?



GRANDPA LEND ME \$5



FUTURE STANLEY CUP ATHELETES



WE FOUND HIM!



THE CUTEST LITTLE KOKUM!



**LIFE SIZED TED
(DO YOU KNOW WHO THIS IS?)**



REZMOJI



TINKERBELLY



SPLENDA DADDIES!



AND PEDRO WON



THEY'RE CREEPY AND THEY'RE SPOOKY



CHICKEN LITTLE OR LITTLE CHICKEN DINNER?



THE SWEETEST THINGS!



OFF THE WALL, LITERALLY



SAY HELLO TO OUR NEW C&C!



SWEET DUDES



IT'S OKAY YODA



CABBAGE PATCH!



OUR ONLY TROPHIES (JK)



IT'S SO FLUFFY!



BABY BONES



SAVING THE GALAXY



TOUGHEST RECEPTIONISTS!

GET READY TO TURN

TTN SPOOKY STORIES

Like Communications does, we love to torture ourselves by hearing about the spooky ongoings that people experience. We mean no disrespect of course, but who knows, believe it or not, that bump or creak might just be the wind...

"One cold day in December, I was at the Education office by myself, finishing work and waiting for my ride to show up. It was nearly 5 O'clock so it was dark outside, snowing, and all the lights were out in the building except for my office.

I was busy with work in my office upstairs when I started hearing little disturbances coming from the boardroom office down the hall. It started out with creaking noises and chairs slightly moving around. Then I heard little kids running around. I peeked out of my office down the hall and nothing... I thought maybe it was someone's computer still on. I shut my door and tried to continue with work but the noises escalated- now it was sounds of little feet running up and down the hallway and small echoing laughter. I yelled for them to stop but it didn't stop, I seen shadows of small feet under the crack of my door... then a knock and small feet running away and giggling!

I freaked out trying to figure out what to do next as I was the only one left on the premises and at that time this job was new to me, no one told me we had company staying in the Education Boardroom. Just when I was thinking of jumping out the second story window my ride pulled up. I prayed that I wouldn't see anything as I left my office and ran out of there without punching out!! I still won't stay there by myself. "

*"At the old men's shelter, I was working a night shift alone as security and had to check outside to see if men were walking in the snow coming to the shelter when I saw something. In my peripherals, I could see behind me, someone leaning over to look at me and I thought *I'm not looking at it, but somethings up there*. So I got the nerve to look back at it but it was gone, I went up the stairs and all the lights were off and no one was up there. "*

"One morning, I surprisingly arrived to work before 8 am. I had my own office key so I was quite excited my time card was finally going to show I was early for work. On my way to my office door, I passed by another office and saw a fellow coworker already inside and thought, 'Oh, I'm not the first to get here,' and went to unlock my door. My key didn't work and I was frustrated- my time card was going to be off a few minutes, 'Dammit' I thought. So I decided to call security to come and open my door. I went to the office I passed by earlier and knocked to ask if I could use their phone. No response. I knocked again. No response. So I opened their door and of course no one was in that office. I said out loud, 'Okay I'm using the phone, I just have work to do'. The next day my key was working and my coworker had no idea what I was talking about."

"Before the old Chief Dick Big Plume building had to be torn down, it was used as a haunted house on Halloween a few times. A few years ago, we had a good idea of how this haunted house should operate and the people who walked through it spoke of a man who was creepy and that the haunted house walk-through was a success. But which man we thought? We checked to see who this man was since he was so good at scaring the guests, when we got to the room, it was empty. The only man who was dressed up to scare people came later. Our haunted house turned out to be real!"

ON THE LIGHT



"This one time, early in the morning, I had two other people with me, it was when the WOP Program (at the time) first started. The group was supposed to meet in the Chambers to have a quick orientation meeting, so we made our way. As I got closer, I could hear people talking so we thought, 'okay there's people in there, and I opened one of the chamber doors to say good morning, and it was completely dark and completely silent. I asked the other two people if they heard that too and they did."

"One Day, when I was working at a daycare center, I found myself working alone, taking care of six little two-year-olds. After a jam packed morning followed by a fulfilling lunch, it was nap time. So I covered the windows and put all the children down. There was one little boy that I took care of that was always a little more work than the other children to get to sleep, so I wrapped him up in a blanket and laid down beside him and rubbed his back. Before I knew it, I had fallen asleep too. When I woke up, the room was completely dark (I had covered the windows and turned off the lights). As my eyes adjusted to the darkness, I could start to see light coming from under the door frame, the light was from down the hall so it was very faint. When I sat up, I looked towards the dim light and seen one of my children sitting

Working late one evening, a police officer from Tosguna waved at me in my office with a concerned look on their face. I got up and opened the door and they asked me, 'Is everything okay? We were called from a phone in the Finance Department. The officer did a sweep of my floor and found no one there. We made our way to the main floor and just when I mentioned something *ding* the elevator doors opened in front of us with no one inside. I immediately packed up my stuff and left."

at the door holding his knees. So I got up as quietly as I could to not wake the other children. I walked over to the door of the room and put my hands down to take the child's hand when it instantly looked like the child crawled away from my grasp towards the table. I grabbed my phone on the shelf and turned on my phone screen and looked around the room to see that all of my children were still sleeping and there was nobody up but me. I instantly felt the need to bolt because I knew what I saw sitting on the floor by the door! Obviously I couldn't leave the kids alone so I grabbed some smudge and sat outside the door and smudged and prayed. Once the children woke up I did an intense smudging of the room and all the kids. That's one sight I'll never forget!
Smudge your kids!! "

HERE'S A LIGHT STORY TO SETTLE YOUR NERVES!

"The Education building is known for giving those who work there the heebee jeebees, I thought I was going to be no different. I had arrived early and saw no other vehicles present, I had to tell myself to be brave and go into the building. I entered through the basement door and turned on all the lights, no way was I going to see something! I punched in and made my journey up to the boardroom I was working in. As I was going up the stairs, one of the doors at the top floor slammed shut, I almost peed. I thought 'I could just run out this building, I'm punched in and it'll never get me.' But I had work to do, so I told myself to just go, someone else will come soon.

I went up the stairs to the boardroom, terrified because I had to pass that office. I heard a chair move in that office and again I thought 'I'm going to pee on these stairs.' I'm not sure what came over me or maybe it was a moment of bravery, or I'm just crazy. I had to open that door, so I went up to it and opened it to peek inside. Here it was my coworker! I told them, 'I thought you were a ghost!' and they also told me 'I thought you were a ghost! I closed the door and prayed when I heard footsteps on the stairs!' We laughed at each other after that. Turns out they got dropped off that morning and we were both thankful we weren't alone."

10 Years with Dit'onik'odza

LIMITED PARTNERSHIP INC.



On Tuesday, September 12 2017, Dit'onik'odza Limited Partnership Boards of Directors and the Guja Nats'iyini'hi Board, or as they are commonly known, *Charities*, celebrated 10 years of operation. The milestone event was commemorated by the team with a luncheon at the Grey Eagle Hotel.

The rich and humble event was the result of the hard work of the team themselves. They planned and executed an event that was truly a guja collaboration. They worked with community members to make artwork, cake, video and more; They spent months personally creating hundreds of braided

sweat grass dream catchers as gifts; and they made sure to honor those who have helped their departments success. A lot of love, detail and work went into a truly community based event.

Guests were fed a hearty traditional meal and entertained and educated with stories of the distant and not so long ago past.

For a team with a mission statement of being 'A funding source and support system that enhances the Tsuut'ina First Nation,' you are vastly successful. All the best in your next 10 years thank you for allowing us take part in your journey.



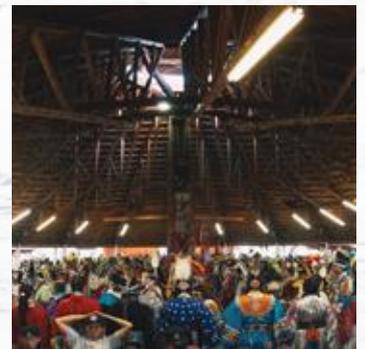
DIT'ONIK'ODZA
LIMITED PARTNERSHIP

FUNDED PROGRAMS



Since they were established, over 10 years ago, Dit'oni'odza Charities has given so much back to the community. We as a nation, have benefited from their hard work and determination. It's through the programs funded by Charities, we have seen our standard of life improve over the last decade. We thank the Charities for all their hard work and dedication to the Nation. Listed below is all the programs that Dit'oni'odza Charities has been apart of and also the First Nation Development Fund (FNDF):

- Administration - FNDF
- Buffalo Paddock - FNDF
- Bullhead Adult Learning Centre (BAEC)
- Bullhead Hall - FNDF
- Citizenship Department - FNDF
- Communications - FNDF
- Consultation - FNDF
- Daycare - FNDF
- Education Department
- Finance Department - FNDF
- Fire Department - FNDF
- Gunaha Institute - Charity
- Health Centre
- Healthy Living
- Highway Corp - FNDF
- Housing R&M - Charity
- Human Resources - FNDF
- Infrastructure -
- IT Department - FNDF
- Lands Department - FNDF
- Language Commissioner - Charity
- Legal - FNDF
- Men's Shelter
- Museum - FNDF
- New Homes
- Off Reserve Rentals
- Office of the Peacemaker - Charity
- Police Service - FNDF
- Post-Secondary Program
- Recreation & Native Provincials - FNDF
- Roads Repair & Maintenance - FNDF
- Special Events - FNDF
- Specific Claims - FNDF
- Sportsplex Operations - FNDF
- Technical Services - FNDF
- Training & Development - FNDF
- Treaty Initiatives - FNDF
- TTN Stoney Corrections - Charity
- Youth Program - FNDF
- Youth Riding Rodeo (Agridplex)- Charity



WHAT DOES THE TEAM THINK?



TAMMY WHITNEY
EXECUTIVE DIRECTOR

I think back of times before the casino and remember what it was like. We didn't have as many programs and services as we do today. Before funding started to flow, I remember being in a workshop and being asked to "dream" of what we wanted as program managers. Wow, imagine the possibilities I thought, and dream I did. I submitted the first ever proposal that was approved for \$107 million dollars to build homes, and the Tsuut'ina landscape has forever changed. 10 years has passed very quickly and I am extremely grateful for all the people that made this "dream" a possibility and for everyone that works hard today for our great Nation. Siyisgaas.



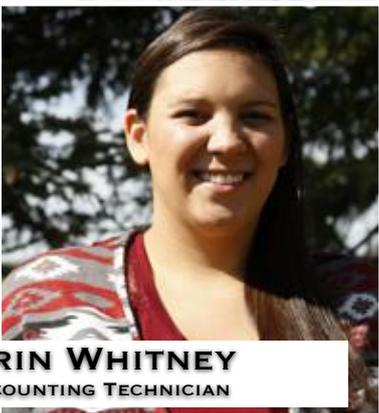
KELLY FEHR
CONTROLLER

I love being able to be part of seeing Tsuut'ina grow and thrive. The Nation has accomplished so much over the past 10 years and it's exciting to see the potential of what is yet to come.



JANE STARLIGHT
REPORTING COMPLIANCE OFFICER

While working here, helping protect the nation's interests has been rewarding. Being able to see all our funded programs thrive throughout these 10 years is evident we are going to continue to become a prosperous nation!



ERIN WHITNEY
ACCOUNTING TECHNICIAN

To see the growth and development of the Nation over the past 10 years has been truly amazing. Although I have not worked for the Charities department for 10 years; I have had the opportunity to previously work with Charity funded programs. It has been a remarkable experience that is so fulfilling, seeing the growth in individuals and the community, while working with funding in various ways. I feel so blessed to be a part of this whole experience and only hope that it will continue to grow and benefit our Nation and future generations.



SHYLOH WHITNEY
RECEPTIONIST

Over the past 10 years since the Casino has opened, I feel the whole Nation has grown into a great succeeding environment. Not only for the past generations but also for the new generation, and will continue for the future generations from all of the many Charity funded programs. We have everything from good Education to excellent health services & new homes. The youth have the opportunity to enjoy multiple sports and youth functions, thanks to the recreation department. Our culture and Language is definitely one of Tsuut'ina's main priorities and I love to see all the growth of knowledge in everyone thanks to the Gunaha Institute and Tsuut'ina Museum. Siyisgaas Tsuut'ina for being a GREAT Nation for our people.

THE BIG ANNIVERSARY



Congratulations to a funding source and support system that enhances the Tsuut'ina First Nation

RECREATION PROGRAMS

OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday
2 12-1 Bootcamp Muvu fitness Gagnes Gym Soccer 5-6pm	3 12-1 bootcamp Yoga 12-1pm Lodge MARC 12-1pm	4 12-1 Bootcamp Muvu G=Fitness Gagnes Gym 5-6pm B-ball Training 5-7pm (open to all)	5 12-1 bootcamp Youth night 5-7pm Yoga 12-1pm the lodge MARC 12-1pm	6 12-1 bootcamp Muvu Fitness gagnes gym 5-6pm, Dryland training 5-7pm Drop in B-bll 7-8
9 12-1 Bootcamp Muvu fitness Gagnes Gym Soccer 5-6pm	10 12-1 bootcamp Yoga 12-1pm Lodge MARC 12-1pm	11 12-1 Bootcamp Muvu G=Fitness Gagnes Gym 5-6pm B-ball Training 5-7pm (open to all)	12 12-1 bootcamp Youth night 5-7pm Yoga 12-1pm the lodge MARC 12-1pm	13 12-1 bootcamp Muvu Fitness gagnes gym 5-6pm, Dryland training 5-7pm Drop in B-ball 7-8
16 12-1 Bootcamp Muvu fitness Gagnes Gym Soccer 5-6pm	17 12-1 bootcamp Yoga 12-1pm Lodge MARC 12-1pm	18 12-1 Bootcamp Muvu G=Fitness Gagnes Gym 5-6pm B-ball Training 5-7pm (open to all)	19 12-1 bootcamp Youth night 5-7pm Yoga 12-1pm the lodge MARC 12-1pm	20 12-1 bootcamp Muvu Fitness gagnes gym 5-6pm, Dryland training 5-7pm Drop in B-ball 7-8
23 12-1 Bootcamp Muvu fitness Gagnes Gym Soccer 5-6pm	24 12-1 bootcamp Yoga 12-1pm Lodge MARC 12-1pm	25 12-1 Bootcamp Muvu G=Fitness Gagnes Gym 5-6pm B-ball Training 5-7pm (open to all)	26 12-1 bootcamp Youth night 5-7pm Yoga 12-1pm the lodge MARC 12-1pm	27 12-1 bootcamp Muvu Fitness gagnes gym 5-6pm, Dryland training 5-7pm Drop in B-Ball 7-8
30 12-1 Bootcamp Muvu fitness Gagnes Gym Soccer 5-6pm	31 12-1 bootcamp Yoga 12-1pm Lodge MARC 12-1pm			

TSUUT'INA RECREATION PRESENTS 2017: FALL GET FIT CHALLENGE SEPT. 29TH - JAN 5TH



CATEGORIES:

1. TSUUT'INA COMMUNITY MEMBERS
2. OPEN TO ALL FIRST NATIONS

\$60 REGISTRATION FEE

WEIGH-INS WILL BE SEPT 29TH FROM 10AM TO 4PM AT BULLHEAD HALL

MUST DO A BEFORE PIC ON YOUR OWN WITH A NEWSPAPER FOR PROOF OF DATE.

FOR MORE INFO CONTACT: WAYLON BP @ 587-577-7497 OR SHELBY @ 403-604-8784

NANCA TTN COMPETITORS

Late September, these brave folks competed in Panoka, Alberta, representing Tsuut'ina Nation and the community all the way!

JUNIOR BARRELS

Cayda Dodginghorse
Memphis Dodginghorse
Seanna Dodginghorse
Taelor Manywounds

LADIES BREAKAWAY

Julie Dodginghorse
Cee Littlelight
Brandi Onespot

LADIES BARRELS

Coral Crowchild
Sonya Dodginghorse
Cee Littlelight
Brandi Onespot

TEAM ROPING.

Keenen Crane
Brent Dodginghorse

SR BREAK AWAY

Darrel Crowchild

STEER WRESTLING

Wright Bruisedhead
Keenen Crane
Kyle Jacobs
Virgil Jacobs



DODGINGHORSE DEVELOPMENT

presents

Holiday Hockey Camp

2 Days of Hockey Conditioning

Dryland & Yoga

Motivational Speakers

more details to come!

\$85 / SKATER

NOVICE - MIDGET

CONTACT KYLE FOR MORE INFO

(403)354-5846

KYLE@DODGINGHORSEDEVELOPMENT.CA

DODGINGHORSE DEVELOPMENT

presents

MONDAY NIGHT YOGA

\$10/Class

Max of 6 Clients

Sign up with Margo!

New Location!
880 BULLHEAD ROAD
7 P.M.

INFR Qualifiers

Seanna Dodginghorse is a talented young cowgirl born and raised on Tsuut'ina Nation, Seanna's passions and love and dedication and persistence and patience for a rodeo has been key and helping her qualifying to INFR. Seanna has punched in her spot to Vegas and is on her way to compete at 2017 Indian Nation Rodeo Finals! Seanna is a youth contestant in the Jr. Barrel racing event she had just won her this past weekend at N.A.N.C.A finals September 17, 2017. Seanna has always wanted to be a competitor in the sport a rodeo since she was knee high, now Seanna goals and dreams are a reality!

Seanna's abilities and skills all started to bloom on her fifth birthday when her dad bought her, her first pony named Plum. Those two became inseparable, she would ride him every day, as time past, Seanna got older and more confidence with riding. Then she started Barrel racing Tuesday nights at the Argi-plex and thanks to the dedicated staff from the riding program, Seanna's love for horses turned into rodeo turned into barrel racing turned into team roping and now she is training her own horses. In her spare time Seanna will mostly be training colts or a have a rope in her hand roping Friday Nights at the plex! Seanna has love for the sport and rodeo is in her roots. Seanna started riding Monday night at the Plex, then she started barrel racing then started break away and now team roping. Seanna started team roping at age 12 and wants to pursue team roping too, she heads and heels with her dad and when she has a rope in her hand she has the biggest smile and just loves her being with her horses, Seanna also likes to teach her younger brothers and sister riding and swing a rope. This past spring Seanna started Team roping with her little sister, which makes them the first sister team, at a young age. Seanna enjoys encourage helping out the young kids at the plex or in or around rodeos, she's always been a positive role model to her friends and family.

Seanna would like to give praise to God first and to give a special thanks to her partner, Redmen, her barrel horse, and everyone who helped her encouraged her and taught about horses & rodeo along the way.

Also special thanks to Wright Bruisedhead for helping Seanna train her horse Redman & her papas Marvin and Allen. Thank you to the staff at the Harry Memorial Agriplex and Tsuut'ina Nation for having such awesome program and family & friends, community members to her mom & dad and NANCA Committee.

Seanna is supper excited to represent Nanca too, along with her first cousin Tealor as they will be representing the NANCA together! These two girls couldn't be more excited or deserving of such an accomplishment!

Seanna will need support from the community to help get her to Vegas any contribution big or small is welcomed and appreciated!

Let's all cheer on our cowgirls!



SEANNA DODGINGHORSE

These two future champions are gearing up to take on the annual Indian National Finals Rodeo, we're cheering these young ladies on and they're making us so proud! Good Luck to you both!



TAELOR MANYWOUNDS

Taelor Manywounds began her riding five years ago. This sixteen year old competitor, born and raised in Calgary and Tsuut'ina, competed in N.A.N.C.A final on September 17 and sending her straight to the INFR.

Her goal as a competitor is to stay positive and have fun. She takes away a lesson each competition she's entered in, she's learning each time to become a better rider and to be more confident in herself.

She's made a lot of friends along the way and a love for horses and cattle. Being a ranch hand isn't easy but it came natural for her. She credits her relationship to her horse, Sam, getting to know each other better and striving for better runs. She couldn't have gotten to where she is without understanding her horse, as most riders understand. The relationship between rider and horse is important.

She credits Wright Bruisedhead and Julie Dodginghorse for influencing her and teaching the way of Indian rodeo, as well as many others. She looks up to her aunt Sonya Dodginghorse as a great role model, someone she strives to be when she's older. Her farthest competition she's journeyed to was held in Arizona, qualifying for the finals there.

In five years, she wants to become professional in Barrel Racing and Breakaway Roping, hoping to compete in the Calgary Stampede, her dream is to compete all over the world.

This isn't Taelor's first year to compete in the INFR but at such a young age, this is a major accomplishment for these girls. We wish them the best of luck and we know you're going to go far in your career.

articles submitted by their loving mothers

TSUUT'INA TRAVELS

A look at all the places near and far Tsuut'ina has traveled

SOUTH EAST ASIA

ISAAC CRANE

Where did you travel?

Vietnam, Cambodia and Thailand.

When?

August 6, 2017

What inspired you to go?

It wasn't my original travel idea, I knew very little about South East Asia but after some research, I became allured and convinced to travel there. I also heard it was very cheap and affordable which is a thumbs up for me. Another reason why I went was because I had never visited a Communist country like Vietnam and I was interested the way things are run in a Communist Society, in particular, Communism in Cambodia. Plus I heard that there was a ton of sunshine and rainbows in that region of the world, literally speaking.

Overall, I heard it was an extremely beautiful place to visit.

Can you share an interesting memory?

I heard that you can do certain things in Cambodia, one of the things is that you can go to an outdoor firing range just outside of the capital city and shoot guns. It sounds like your average gun activity you can do in Calgary, right? Until you find out that you can shoot a rocket launcher- an RPG to be exact. Where in the world can you fire an old Soviet rocket launcher from the 1970's? That's right, nowhere.

Exclusively in Phnom Penh, Cambodia, the firing range is run by soldiers and we were told by our driver that the business is owned by a Cambodian military general

of a nearby army base. The crew was amazing and the gun safety lessons weren't pesky at all, they just tell you to aim and shoot. The first guns I fired were the Ak-47 and the M16 assault rifles, then an old RPD Light machine gun. When it came time to fire the RPG, they even set up a fuel tank for me to shoot, giving 'a desired Hollywood effect.'

After quick instruction on how to stand when firing a rocket launcher, the soldier counted down from three to one and I squeezed the trigger. The rocket lobbed itself like three feet in front of the tanker and exploded in a big dirty mess. To my surprise the tanker didn't explode with it. I was mad so I grabbed the M-79 grenade launcher, took aim and fired. After a tiny explosion, the tank still didn't



explode.

At this point I was pretty sure there wasn't any fuel in that tank. I was a little embarrassed in myself but I knew I couldn't ruin the mood, I grabbed an M16 and shot at the tank. It actually caught fire, giving me a moment of happiness.

It's a great experience to fire a rocket launcher with no ID or license required and no questions asked other than the amount of bullets you need or what guns you would like to fire. Other unique weapons in their inventory include a 50. caliber machine gun and hand grenades which I really wanted to try but didn't have the money.

An experience like this is something I will never forget and would recommend anyone to travel to Southeast Asia.

Let's fill this map with pins Tsuut'ina!
If you've taken a profound trip you would like us to profile, let us know!
communications@tsuutina.com

Who are you and what do you do?
Waylon Big Plume, I Design art.

How do you prefer to work, do you have a devoted studio space?
My studio is at home on my kitchen table surrounded by all my art ideas and past art.

What is integral to your work as an artist?

Me getting started and motivation when I try to start a project, I tend to procrastinate when it comes to designing/art.

How has your practice changed over time?

It actually changed a lot over the years I was designing up to 4-5 tattoos a month. Believe me it got stressful and got to be too much, I mean I do love designing art for people and having my piece go live which means someone got my design tattooed on them but I couldn't keep up with the demand so I slowly faded my self out from designing art. Now it's been like 2 years since I have did any art, that's a big change.

What work do you most enjoy doing?

Tattoos and logos. Like I said, before knowing that your art is gonna be on someone, even just knowing the person respects the



ARTIST OF THE MONTH



**WAYLON
BIG PLUME**

art that much to get it tattooed- that's what I do it for.

What memorable responses have you had to your work?

Just people seeing the art and logos I've done complimenting the work.

Do you encourage others to live the artistic life?

Hey if you can make a living doing your art keep going don't get discouraged or don't lose your way.

What do you dislike about the art world?

There is nothing I dislike about it, I like all kinds of art.

Where would you like to take your art?

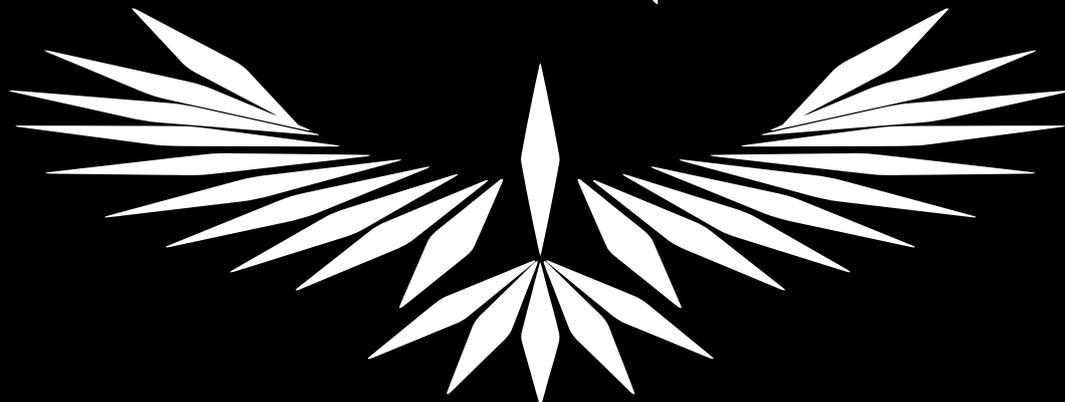
My art is already where it needs to be. I do my art for the people.

RED SOUL GEAR WAS OFFICIALLY ESTABLISHED IN 1999 WITH JUST PRO BACK CAPS THAT SAID "RED SOUL" ON THEM. WE ACTUALLY SOLD A LOT OF THEM BACK IN THE DAY. AFTER THAT, IT TOOK OFF. I STARTED DRAWING SHIRT DESIGNS THAT DIDN'T REALLY TAKE OFF TILL ABOUT 2007-2008 I THINK AND THEN WITH OUR FIRST BATCH OF 100 RSG SHIRTS, WE SOLD OUT WITHIN A WEEK. SO WE JUST KEPT ROLLING FROM THERE, COMING OUT WITH NEW DESIGNS ONCE OR TWICE A YEAR. ONCE WE HAVE MORE TIME TO GET RSG GOING FULL TIME, THAT'S WHEN YOU WILL SEE A LOT MORE OF PRODUCTS COMING OUT.

I WOULD ALSO LIKE TO ACKNOWLEDGE OUR GRAPHIC DESIGNER/ARTIST AND MY BUSINESS PARTNER, JACOB ALEXIS, WHO HAS DONE A LOT OF GRAPHIC DESIGN FOR TTN AS WELL. WE'RE COMING BACK STRONG THIS FALL AND IN 2018. THANK YOU TO ALL THE RSG SUPPORTERS HERES A SNEAK PEEK TO WHATS COMING THIS FALL.



White Eagle Native Crafts



*Specializing in Blankets, Jewellery,
Apparel, Bead work, Moccasins
and assorted Native gift items*

Located in Tsuut'ina Nation
next to the Gas Stop

*Open 7 Days a week
Mon - Sat 10am to 6pm
Sundays 11am to 5pm*

Contact 403.258.4300
whiteeaglenativecrafts.com



TSUUT'INA NATION MEETING

NATION MEETING AGENDA - GREY EAGLE EVENT CENTRE
DATE: THURSDAY SEPTEMBER 21 | TIME: 8:00 AM - 4:00 PM

POSTPONED

- SPEECHES FROM THE CHIEF
- NATION AUDIT
- CAPITAL TRUST AMENDMENT - BMO
- SPRINGBANK DAM
- LUNCH BREAK

**The next Nation meeting will be October 19th
at Bullhead Community Hall, more details
will be released as they become available**

SEND IT OUR WAY

WE LOVE SUBMISSIONS OF ANYTHING AND EVERYTHING FROM THE NATION AND SURROUNDING NATIONS: STORIES, PEOPLE TO INTERVIEW, ARTS, UPCOMING EVENTS, LIFE MILESTONES, ETC., ETC., ETC.,.....

EMAIL COMMUNICATIONS@TSUUTINA.COM OR MESSAGE US ON FACEBOOK @ TTNCOMMUNICATIONS145



NOTICES

ANNOUNCEMENTS

BIRTHDAYS

October 5th Happy 5th Birthday
Royal Lightning - Love Mommy

October 5th Happy 4th Birthday to
our crazy nephew/cousin Jaylin
Simon!!! We love you so much
hope you have a great day
-Love always, Auntie Steph, Uncle
Kelly, Bear, Big guy and Ry man

October 7th Happy birthday
JT Simon

October 12 & October 22
Happy Birthday Pasty Onespot
and Corey Fox
-From Onespot family

October 10 Shaymon Otter. Happy
17th birthday Shaymon. I Love you
so much. I remember the day you
were born. My heart skipped a
heart. You really change my life.
You're grown up to be a very kind,
caring and loving man. May the
Creator bless you, protect you
and guide you daily. Many all you
wishes & dreams come true
- Sophie Otter

October 15 Happy Birthday
to Angelica Littlelight!
-From the family.

October 15 Happy Birthday to
Kyla Big Plume!

October 18th



Happy 7th Birthday to our
princess Miss Mihko Rose.
Love you baby girl!
- From Mom (Chantelle) Dad
(Corbin) and Big brother (Carvor

October 20 Happy birthday to Eva
Meguinis

October 21 Happy birthday to
Hanna Big Crow

October 22



Happy birthday to aunties baby
donuts. Love you forever and
always.

October 24 -
Happy 1st Birthday to our Ira

Littlelight! From your mom and
dad, and the rest of your families.



Happy birthday Ira Beans from
crazy aunt Carmen

Happy Birthday to Marcella
Dodginghorse
-From Dixie and Lance

Happy Birthday Granny Margaret!
We Love You So Much!! Thank
you for always being there!! -
From Carrie Joy & Anthony and all
our kids

50TH BIRTHDAY FOR MICHELLE RUNGE

November 18, 2017
Priddis Hall

The Family would like to
invite all Tsut'ina Nation
Elders to the Birthday Party

#BRINGUSHOME2017



It's with a very heavy heart that **#BRINGUSHOME** announces that the Adult Citizenship vote did not pass this year due to lack of 50% of eligible Tsuut'ina voters. We wish Taryn and Cheyenne the best in their journeys and we hope that this outcome does not discourage them and they continue to go through this as you both are Tsuut'ina. We commend you girls for your grace and humility, that you have held your head high through the entirety of this vote and even when the results didn't go through, you girls kept your spirits high and continued to be the amazingly gracious and the kind people that you've always been. It's disheartening that these young women have to go through this hardship and disappointment. There are people who believe that there needs to be amendments to this Membership Code; I recommend

asking our Nation's Legislative Procedures Department and ask the questions you would like to know on how you can make a difference. The community has the power to achieve anything when we come together. I hope the families of these young woman can come forward and speak on behalf of them, that together we can change the unfair expectations that are put on these adult applicants going to vote each year. There needs to be a positive solution to the lack of concern to those citizens who choose not to vote or do not feel the importance of their own voice and opinions within the community. We can achieve a middle ground, it's time that we start thinking of our future generations and that if we continue this road of separation and

discrimination against each other; we only leave our future generations without the skills to be kind and humble human beings. So we can accept and love each other for who we are as a people and Nation. It is the only way we are going to save our culture and traditional way of life. Learn to love and accept each other for what Creator made us as Indigenous people. When we come together we are capable of healing each other and maybe one day in this life time the Indigenous people of the world will be the people who save our planet. **#BRINGUSHOME** will always be there to support and encourage those who have to go through this Membership process as it is not a easy one; I promise to always lend a helping hand no matter what or whom is in need. I appreciate everyone that made it out to vote this year, it's you that can make the world of difference for others. *Siyisgaasdzi-tii – Jordan Big Plume*



BullHead Adult Education Center,
 Tsuut'ina High School,
 Tsuut'ina Middle School,
 Chiila Elementary School
 REQUEST THE HONOR OF YOUR
 PRESENCE TO CELEBRATE

**GRAND OPENING
 &
 WELCOME BACK BBQ**

OCTOBER 12, 2017
 4:30 PM TO 7:00 PM
 CHIILA ELEMENTARY SCHOOL
 TSUUT'INA NATION

2017 JOB FAIR

"Fall into Action"

**TUESDAY
 October 24th
 10AM - 3PM**

Bullhead Community Hall

Bring your Resume and Dress for Success

To Update your Resume and other Job Fair Preparations
 Please Visit ERC office @ CDBP Building

For further information please call 403-974-1400

Tsuut'ina Career & Employment Resource Center

TRAINING & DEVELOPMENT MANAGEMENT SKILLS SERIES

"Enhance your performance as a skilled employee"

PROPOSAL WRITING

October 18th & 19th

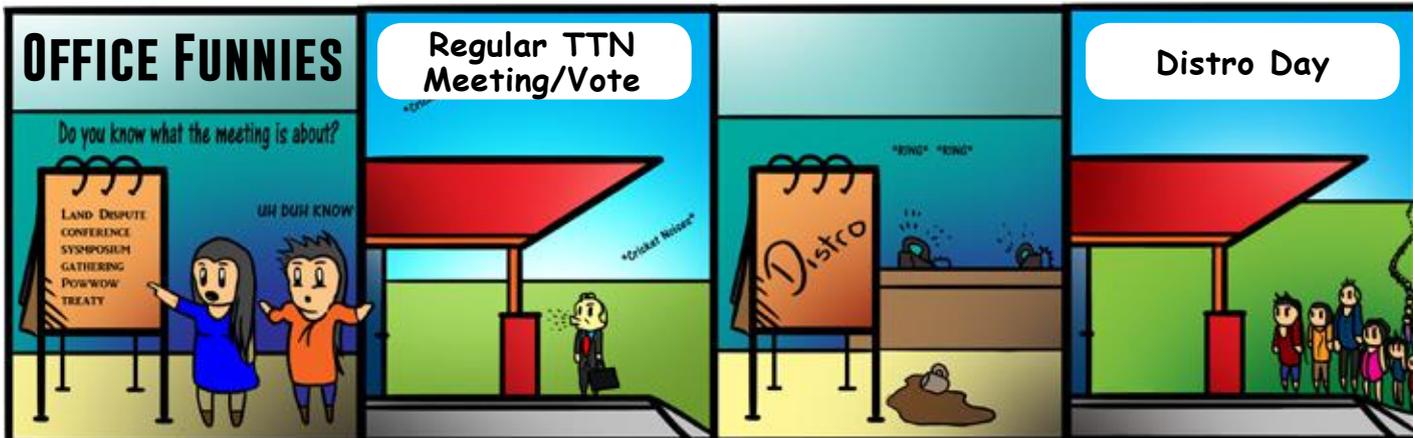
9 AM - 3 PM

Chief Dick Big Plume Building

\$75 Per Course

For Registration Please Call Training & Development

403.974-1400



Tsuut'ina Career & Employment Resource Center Presents:



SKID STEER OPERATOR TRAINING
Monday, October 2 - 8 AM (Sharp)

ELEVATED PLATFORM
Thursday, October 12 - 8 AM

WHMIS
Wednesday, October 4 - 1 PM

GROUND DISTURBANCE
Wednesday, October 25 - 8 AM

FALL PROTECTION
Tuesday, October 10 - 8 AM

**LOCATED AT CHIEF DICK BIG PLUME
PLEASE CALL ERC STAFF 403.974.1400 TO REGISTER
SERIOUS INQUIRES ONLY**

JOB OPPORTUNITIES

Office of the Peacemaker
Judicial Clerk
Full Time | Closes: Oct 14

Tsuut'ina Gunaha Institute
Community Language Teacher
Full Time | Closes: Oct 7

Tsuut'ina Finance Department
Divisional Controller
Full Time | Closes: Oct 14

Private Home
Childcare in Private Home
Full Time | Closes: Nov 30

Deena Derek Semeniuk
Caregiver
Full Time | Closes: Nov 22

Di Leone Group Inc
Child Caregiver-Private Home
Full Time

Tsuut'ina Grey Eagle Resort & Casino
Advisor
Full Time

D and J Construction
Tiler
Full Time

Kencor Heavy Haul Ltd.
Long haul truck drivers
Full Time



FOR FULL INFORMATION PLEASE CONTACT TSUUT'INA NATION HUMAN RESOURCES DEPARTMENT
jobs@tsuutina.com



Tsuut'ina Nation

Office of Land and Environment Research Department
9911 Chiila Blvd. Tsuu T'ina, AB. T2W 6H6
Ph. 403.281.4455 Fax: 403.251.6061



ATTENTION TSUUT'INA CITIZENS

Are you interested in lands and environmental issues and looking to increase to your awareness? Are you thinking about a career in land administration or environmental protection?

TTN is committed to protecting and controlling our lands, which are of the utmost importance to our culture and our future. Our unique culture, identity, traditions, language and institutions are rooted in our special relationship to our lands and resources.

To support our Nation's commitment to the land, the Lands and Environment Research Department is coordinating a series of workshop training opportunities running from October 2017 to March 2018.

UPCOMING SESSIONS:

- Fuel Storage Tank Management – 1 day – October 3rd/4th
- Wildlife and Vegetation Monitoring - 5 days - October 16 -20th
- Environmental Orientation – 2 days - November 1 & 2nd
- Introduction to Environment Management Tools – 2 days- November 15 & 16th
- Tsuut'ina Nation Phase One Environment Site Assessment (2013) overview/ update – dates to be determined

Space is limited. Please contact the Lands & Environment Research Department to Register.

TSUUT'INA NATION

LANDS & ENVIRONMENT RESEARCH DEPARTMENT

TRAINING & SKILL DEVELOPMENT INITIATIVE

FOR MORE INFORMATION PLEASE CONTACT:

Sara Big Plume
sarabigplume@tsuutina.com
Carrie Big Plume
carriebigplume@tsuutina.com
Diane Meguinis
diane.meguinis@tsuutina.com
403-238-6141

TSUUT'INA NATION CITIZENS NOTICE

The Contingency program on
Thursday Oct.05 & Friday Oct. 06, 2017
from 9am - 4pm at the
Chief Joseph Big Plume Building – Ground Floor
will be handing out
\$ 75.00 GIFTCARD

To purchase your Thanksgiving Turkey dinner,
To be eligible you must be on the Tsuut'ina housing list or the Off-Reserve renter list



ONE PER HOUSEHOLD -

can only be issued to the name of the person listed on the Housing/ORR lists
ANY QUESTIONS CONTACT CONTINGENCY DEPT 403 281- 4455

ECHOES OF THE PAST- BIG DIPPER STORY
Retold by Bruce Starlight cont.

She jumped towards her sister's bed, and realized that there was no one there. "Yes, she will see me, the one who ran away." As she said this, she rushed out the door. As she ran out, the thorns pierced the soles of her feet. Then she started to chase them. She told the rotten wood, "It was you that helped them." And then she stomped the rotten wood to pieces. She began to chase them.

Each one of the brothers had something in their hand a rock. A stick, the buffalo tripe, the intestines, the second stomach and the bung (the part at the end of the large intestine). They looked back. They saw that she was upon them. They were running to avoid her. After some time, she began to catch up to them. When she was close to them, suddenly, the brother that had the rock, threw it backwards and it became mountains. It slowed the bear woman down. She managed to get through the mountains and she began to chase them again. They saw her catching up again. The brother who had the stick threw it backwards and it became a thick forest. Again, she had difficulty getting

through but continued the chase.

When they saw her get through the trees the brother who had the intestines threw it backwards and it became very rough ground. It was not very difficult for her to get through. She began to catch up to them. When they saw how close she was the brother who had the second stomach threw it backwards and it became a very thick bush. She had a very hard time to get through. She tried to fool them by telling them "You will survive."

They ran a long way. She kept chasing them. As they were running they came across a dragon at the edge of a river. They asked the dragon to take them across the river. He told them he would if they could look for his lice. They were disgusted by the size of the lice. The youngest brother reached in the water and took two small rocks out of the water. He hit the rocks together to imitate the noise of the cracking of the lice. He pretended to say how tasty they were. They got across the water and began to run again.

When the woman got to the river she also saw the dragon and the dragon told her the same thing- to look for his lice.

The dragon started to swim across. The woman found a louse and she became so disgusted that she started to stab the dragon on the back. The dragon turned over in the middle of the river. The woman had to swim to shore. She began to chase them again.

She was getting very close and the oldest brother threw the bung backwards and it became a very sticky mass. The woman had to crawl through the sticky mass.

She started to chase them again. Again, she was getting near to them. As she got close to them, suddenly the oldest brother said, "I have used up my powers. You try next. You must persevere" he said. As the woman was catching up to them again, suddenly the youngest sister told them. "You close your eyes," she said to them. She was just at the point of grabbing them. They all closed their eyes. The youngest one said: "May we become stars." The woman made a quick grab for them. They became the Seven Stars. There is a little star at the handle of the Big Dipper that was the puppy that the little girl grabbed before the bear-woman started to chase them.¹ (Big Dipper).

◀◀◀ COLOR TIME ▶▶▶



COLOR THE TREE USING ANY COLOUR OF YOUR CHOICE



Ichiyijid



Tlastsuw



Dinisk'udz



Ditsuw



Dik'aaz



Dinisjosh



October HOROSCOPE

Find your sign below to see what the month of October 2017 has in store



DIT'ONIK'ODZA
LIMITED PARTNERSHIP



Ádagù-hí

"LIBRA" Sept 23 - Oct 22

You cannot be stopped this month! Go crazy on the full moon, spend your treaty money you saved up for 10 years. Indulge in yourself, it'll be more than okay, even more than you already indulge in. Love is in the air, love is always in the air for you anyways but go on dates! Get a puppy! People won't even care about your costume, as long as you're there. Watch for head lice though, lots of people want to hug you.

Nāt'ūwí

"SCORPIO" Oct 23 - Nov 21
Your ideals are starting to shape the way you're living, so congratulations. There might not be a tomorrow, but all indications point to *yes(!)* something good is going to happen. Be sure to say hello to all of your cousins, it'll take you this whole month.



Tú Yīkōhí

"AQUARIUS" Jan 20 - Feb 18
You're not jinxed so staying in bed all day isn't going to work. Something's happening for a reason, watch out for falling pianos or falling buffalos but make sure to call your kokum. She may have some dried meat ready for the taking.



Īk'ōyí

"TAURUS" Apr 20 - May 20
All your problems cannot be solved by putting them into one basket. It's time to dish. You've been putting them off since your last round dance so move some time around and achieve your goals!



Mīzīts'īgúdísulí

"LEO" Jul 23 - Aug 22
Quit leaving your text messages unanswered! Aunty wants to know your shoe size, she's gathering around clowns and you're the perfect one.



Īstlí K'at'ini

"SAGITTARIUS" Nov 22 - Dec 21
Hoping to find love for your work place just shows how optimistic you are! Get the creative juices flowing, bead a few moccasins and earrings, sew 'em who's boss!



Tłúk'á Cha Átládit'iyí

"PISCES" Feb 19 - Mar 20
Listening to your coworker talk about berrysoup will kick in that craving, go find some before next season and be sure to share!



Īk'āst'ónághá

"GEMINI" May 21 - Jun 20
It's time for a smudge Gemini, you feel drained but make time for your family, especially your cousins, you'll feel better. And if you end up at bingo, never shout a false bingo, only when you get a blackout card, it's terrible luck.



Nīchīdīnītłōdī Ts'íká

"VIRGO" Aug 23 - Sept 22
Love may be in the air... the love of spending money is not that love. Find out what to cut back on, White Eagle has so many pretty things but you can't spend this month! Homemade costumes are a must for you.



Dōmā Dā

"CAPRICORN" Dec 22 - Jan 19
You need to "take out the trash," remember that blood stains don't easily wash out of white shirts. You have a tendency to run away from conflict but this month, face your problems head on, you may be surprised with the outcome.



Dōmá Īk'ōyí

"ARIES" Mar 21 - Apr 19
Your ram horns are out, but that's okay, you need to plow through this month with your head in the game and both moccasins on your feet. *Bonus, your charm will help pay off this month, even your car insurance.



Mīlò Gūlīnī

"CANCER" Jun 21 - Jul 22
The good thing about the internet is that no-one knows quite how disturbingly old you look. Make sure you keep them on their toes and guessing. Show more love to yourself, buffalo hydes look hairy on the outside but what's on the inside is what counts!



REVIVE

Find your voice

RESTORE

Exceeding, DJing, Graffiti and Breaking

REBUILD

Express yourself through hip-hop



TSUUT'INA REFRESHED MUSIC VIDEO PREMIERE PARTY

JOIN US as we celebrate an amazing music video created by Tsut'ina Youth at last year's ReFreshed Hip-Hop ART after-school program. *This is our relaunch and registration for another year of creativity and impact!*

OCTOBER
17th (TUES)

4PM TO 7PM

BULLHEAD
COMMUNITY HALL
159 BULLHEAD
ROAD

OCT

2017

Tsut'ina

Nation

5

6

7

8



FREE || **OPEN HOUSE EVENT**

ALL AGES
ALL COMMUNITY
MEMBERS INVITED

DINNER PROVIDED

For more info: Tsut'ina Nation Youth Program (403) 258-4631

Coordinator: riel.manywounds@tsutina.com
Youth worker: megan.twoguns@tsutina.com
Youth Worker: garett.simeon@tsutina.com

ReFreshed Crew: nate@refreshedcrew.com

