



ARE YOU AND YOUR FAMILY

MEASLES SAFE?



There is currently a measles outbreak in a northern Alberta community, as well as a case in the Calgary area. The origin of the outbreak is not yet known. In recent months there has been an increase in measles cases in other parts of Canada and the United States.



WHY IS MEASLES SUCH A BIG DEAL?



Serious complications of measles, particularly in unvaccinated children, can include pneumonia, hearing loss, blindness, and brain swelling. For those who are pregnant, this disease can cause premature labour or miscarriage. There is also evidence that measles can suppress the immune system for months to years after the infection. There is no specific treatment for measles. Medical care addresses symptom relief and management of complications.

Vaccine is the best protection against measles. Two doses of measles vaccine is 99% effective.

It can take seven to 21 days after being exposed for symptoms to appear. If you have questions or concerns Please contact Liz Waker or Karen Dodging Horse during Health Centre Hours. 403-251-7575 For 24/7 supports 8-1-1 is available for medical questions For emergencies please call 9-1-1

