



CANADA'S SPORTS
HALL OF FAME

PANTHÉON DES
SPORTS CANADIENS



BLACK DIAMOND
GROUP

Youth INSPIRATION DAY

APRIL 2025

APRIL 3 - 4, 2025

Inspiration Day 2025 will bring together youth from across Canada for a day filled with inspiring activities and messages, aiming to ensure that each participant leaves with a positive, lasting impact on their life.

SELECTION CRITERIA

Communities are encouraged to consider the following when selecting up to two youth to attend. Youth must be accompanied by one chaperone from community (teacher/Elder/Council/selected parent).

- Grades 8-12
- Demonstrated passion for sports, whether as a participant, volunteer, or fan
- Willingness to participate fully in the event and related activities
- Involvement in local sports teams, cultural activities, or community events
- Demonstrated leadership skills or potential, such as mentoring younger peers
- Clear reasons for wanting to attend, including personal or athletic goals
- Desire to improve specific skills or learn from mentors
- An eagerness to engage in workshops or discussions about mental health, resilience, and well-being during the event
- Youth that would benefit from topics such as nutrition, healthy living, mental wellness and sports

**TO NOMINATE
YOUTH TO
PARTICIPATE,
CONTACT CALLISTA
AT 403.370.0961**